



Douglas County Health Department

603 NW 12th Avenue • P.O. Box 940 • Ava, MO 65608 • (417)683-4174 • Fax (417)683-4111

October 2019

Regular Office Hours: Monday, Tuesday, Friday 8:00 AM -12:00 PM & 12:30 - 4:30 PM
Wednesday, Thursday 8:00 AM-12:00 PM & 12:30-5:30 PM

Wed	02	WIC 8:00 - 10:30 AM and 12:45 - 3:30PM
Thurs	03	WIC 8:00 - 10:30 AM and 12:45 - 3:30PM
Mon	07	Blood Pressure & Blood Sugar Screening: Redbud 8:00 - 9:00 AM
Wed	09	WIC 8:00 - 10:30 AM and 12:45 - 3:30PM
Thurs	10	WIC 8:00 - 10:30 AM and 12:45 - 3:30PM
Thurs	10	Monthly Diabetes Support 10:00-11:00 AM
Fri	11	Blood Pressure: Redbank 8:30-10:00 AM
Mon	14	CLOSED/HOLIDAY
Wed	16	WIC 8:00 - 10:30 AM and 12:45 - 3:30PM
Thurs	17	WIC 8:00 - 10:30 AM and 12:45 - 3:30PM
Mon	21	Blood Pressure & Blood Sugar Screening: Community Center 10:00-11:00 AM
Tues	22	Blood Pressure: Skyline School 8:45-10:30 AM
Wed	23	WIC 8:00 - 10:30 AM and 12:45 - 3:30PM
Thurs	24	WIC 8:00 - 10:30 AM and 12:45 - 3:30PM
Fri	25	Blood Pressure: Henson Store 8:30- 10:00 AM
Wed	30	WIC 8:00 - 10:30 AM and 12:45 - 3:30PM
Thurs	31	WIC 8:00 - 10:30 AM and 12:45 - 3:30PM

- Office closed from 12:30-1:15 p.m. every Tuesday for staff training and development.
- Office closed every Friday from 8:00-10:00 a.m. for staff training and development.
- Blood pressures taken anytime during regular office hours.

Call 683-4174 For An Appointment

AN EQUAL OPPORTUNITY / AFFIRMATIVE ACTION EMPLOYER
Services provided on a nondiscriminatory basis



Public Health
Prevent. Promote. Protect.