



## 5 Day Intensive Clinical Training for Health Professionals

Dialectical Behaviour Therapy (DBT) is a proven treatment for chronically suicidal patients with Borderline Personality Disorder, for patients with eating disorders, depression, anxiety, addictions, anger problems, other impulsive behaviours, for adolescent mental health populations and for inpatient and outpatient settings.

This DBT Clinical Training is specific to health professionals and students in a clinical training. Participants will receive a certificate of participation to indicate that they have received the necessary training to use DBT in their clinical practice.

### About the Trainer:

Mark Vegh is a Registered Clinical Counsellor with British Columbia Association of Clinical Counsellors. Mark completed his Master's Degree in Counselling at Trinity Western University in 2002. He is employed at the Ministry of Children and Family Development (MCFD) with the Child and Youth Mental Health (CYMH) Program. Mark also runs a private practice in British Columbia.

Although Mark's clinical background is family systems and couples counselling, he specializes in Dialectical Behavior Therapy (DBT), particularly focused on the adolescent population. He was originally trained in DBT by Dr. Marsha Linehan's team, Behavior Tech in 2005.

Since then, Mark has played a lead role in developing DBT programs in the province of British Columbia. He has facilitated numerous week long intensive workshops and smaller skills training workshops in DBT for Mental Health Practitioners in Ontario and in British Columbia. In addition to training and development, Mark facilitates ongoing multi-family DBT skills classes, and individual and family counselling.

Mark lives in Chilliwack, British Columbia.

Dates:  
**Feb 18-22, 2019**  
**9am-4pm**

Location:  
**Saint Paul University**  
**223 Main Street**  
**Ottawa, ON**

COST:  
**Professionals: \$1299.99 + HST**  
**Students: \$950 + HST\*\***

Registration Deadline:  
**January 17, 2019**

**REGISTER ONLINE:** [https://dbt\\_training.eventbrite.ca](https://dbt_training.eventbrite.ca)

**Contact the Organizers:**  
Joy Health & Research Centre  
[kafuisawyer@joyHRC.com](mailto:kafuisawyer@joyHRC.com)  
613-890-7792

**\*\*For student registration**  
please contact Danaya Kotyk.\*\*  
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