

Football Rules Changes - 2016

By on August 09, 2016

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1-5-1d(5)a: Completely clear or completely white tooth and mouth protectors are no longer prohibited. Tooth and mouth protectors shall include an occlusal (protecting and separating the biting surfaces) portion and include a labial (protecting the teeth and supporting structures) portion.

1-5-2b: Football gloves are now required to meet either the new SFIA specification or the existing NOCSAE test standard at the time of manufacture.

2-17; 9-3-6; 9-3 PENALTY: In a continued effort to minimize risk, the Committee made clipping in the free-blocking zone illegal. Clipping is now illegal anywhere on the field at any time.

2016 Major Editorial Changes

1-5-1b(1); 1-5-1b(2)a, (3)a; 5-1-1b