



# February 2019

Monday-Thursday 8am-4pm    Friday 8am-1pm  
 423-745-6830 | 205 McMinn Ave | Athens, Tn 37303  
[www.mcminnseniors.com](http://www.mcminnseniors.com) | [mcminnsenior@comcast.net](mailto:mcminnsenior@comcast.net)  
 FB: McMinn Senior Activity Center


**Weekly Events: Maneuvers & Billiards: Daily | Fiber Arts Crocheting, Knitting: Tues 1pm**


**Rook: Tues 12pm | Canasta: Wed 12pm | Pinochle: Thurs 12pm | Duplicate Bridge: Thurs 1pm**

**Shuffleboard/horseshoes/pool tournaments begin at 9:30 am; you must be signed up by 9:15am to qualify to play.**

Events/Dates/Programs/Sponsors are subject to change.

Effective Feb 1, 2019

| Monday   | Tuesday  | Wednesday   | Thursday  | Friday  |
|--|--|---|---|---|
| <br><b>Crack the Safe<br/>WIN the Prizes<br/>See flyer for details.</b>                                 | <b>Please note:<br/>Change in<br/>location for:</b>  | <b>Feb 4<sup>th</sup><br/>Monday Dance<br/>Country Eagle</b>  | <b>Feb 5<sup>th</sup> -- Choir<br/>Dominion<br/>Assisted Living</b>   | 1.<br>9:30 Dance/Jam Session<br>11:20 Lunch w/Bateman<br>11:30 Yoga<br>7pm-9pm Friday Night Dance<br><b>Members--First Friday<br/>Free Coffee</b> |
| <b>4</b><br>10:00 Bingo/Hospice of Chatt<br>11:20 Lunch w/Friends<br><b>**Hospice of Chatt**</b><br>2:00 Yoga<br><br>7:00 Band/Dance<br><b>AT THE COUNTRY EAGLE</b>                      | <b>5</b><br>9:00 BP/ Life Care of Athens<br>9:00 Quilting<br>9:00 Sassy Steps – Walking<br><br><i>10:00 Choir<br/>AT DOMINION SENIOR LIVING</i><br>11:20 Lunch w/Friends<br><b>**Life Care**</b> | <b>6</b><br>10:00 Bingo/ Eagle Home Care<br>11:20 Lunch w/Friends<br><b>**Athens Place**</b><br>2:00 Yoga<br><br>4:00 Pickleball (AMS)                      | <b>7</b><br>10:00 Card Making Class-Craft<br>11:20 Lunch w/Bateman<br>12:00 Wii Bowling<br>3:00 Chess Club<br><br>6:00 Card Making Class<br>Craft Room    | <b>8</b><br>9:30 NO Jam Session<br>11:20 Lunch w/Bateman<br>11:30 <u>NO Yoga</u><br><br>7pm-9pm Friday Night Dance                                |
| <b>11</b><br>9:00- First Tn Bank- Financial<br>10:00 Bingo/Avalon<br>11:20 Lunch w/Friends<br><b>**Center**</b><br>2:00 <u>NO Yoga</u><br><br>7:00 Band/Dance<br><b>**Covered Dish**</b> | <b>12</b><br>9:00 Trip-Cumberland Playhouse<br>9:00 BP/Guardian Health Care<br>9:00 Quilting<br>10:00 Choir<br>11:20 Lunch w/Friends<br><b>**Ascension Life Church**</b>                         | <b>13</b><br>10:00 Bingo/Athens Lutheran<br>11.20 Lunch w/Friends<br><b>** Athens Lutheran Church**</b><br>2:00 <u>NO Yoga</u><br><br>4:00 Pickleball (AMS) | <b>14</b><br>Happy Valentine's Day<br>Sweet Treats Gift<br>11:30 United Way Luncheon<br>11:20 Lunch w/Bateman<br><b>**Craft Room**</b><br>3:00 Chess Club | <b>15.</b><br>9:30 Dance/Jam Session<br>11:20 Lunch w/Bateman<br>11:30 Yoga<br><br>7:00 Friday Night Dance<br><b>**Finger Foods**</b>             |
|  |  |   |   |   |

| Monday   | Tues  | Wednesday   | Thursday   | Friday   |
|--|---|---|--|--|
| <b>18</b><br><br>CLOSED in observance of<br><b>PRESIDENT'S DAY</b><br><br>7p-9pm Band/Dance  | <b>19</b><br>9:00 BP/Celeste Wyatt<br>9:00 Quilting<br>9:00 Sassy Steps – Walking<br>10:00 Choir<br>11:20 Lunch w/Friends/<br><b>**Marshall Hill Church**</b>     | <b>20</b><br>10:00 Bingo/Amedysis<br>10:00 Diabetic Shoes-Library<br>11:20 Lunch w/Friends<br><b>**Starr Regional Hosp**</b><br>2:00 Yoga<br><br>4:00 Pickleball (AMS)                                      | <b>21</b><br>9:30 Pool Tournament<br>10:00 Pottery Class<br>11:20 Lunch w/Bateman<br>12:00 Wii Bowling<br>3:00 Chess Club<br><br>6:30 Pottery Class  | <b>22</b><br>9:30 Dance/Jam Session<br>11:20 Lunch w/Bateman<br>11:30 Yoga<br>7pm-9pm Friday Night Dance   |
| <b>25</b><br>10:00 Bingo-RES Care<br>11:20 Lunch w/Friends<br><b>**Intrepid Health Care**</b><br>2:00 Yoga<br><br>7:00 Band /Dance | <b>26</b><br>9:00 BP/Starr Regional Hospital<br>9:00 Quilting<br>9:00 Sassy Steps – Walking<br>10:00 Choir<br>11:20 Lunch w/Friends/<br><b>**King Audiology**</b> | <b>27</b><br>9:00 Wellness Wednesday<br><b>**Starr Regional Hosp**</b><br>10:00 Bingo/Etowah Healthcare<br>11:20 Lunch w/Friends<br><b>**Dominion Senior Living**</b><br>2:00 Yoga<br>4:00 Pickleball (AMS) | <b>28</b><br>9:00 Sassy Steps – Walking<br>9:30 Bingo with Friends<br>10:00 Pottery Class-Craft<br>11:20 Lunch w/Bateman<br>12:00 Wii Bowling<br>3:00 Chess Club<br>6:30 Pottery Class-Craft |  <p><b>Crack the Safe<br/>WIN the Prizes<br/>See flyer for details.</b></p> |

### **FEBRUARY EVENTS**

**1<sup>st</sup> –MEMBERS- Free Coffee**

**4<sup>th</sup>-Dance @ CountryEagle**

**5<sup>th</sup>-Choir @ Dominion**

**7<sup>th</sup>-Card Making Class  
Sign-up in Front Office.**

**18<sup>th</sup>-Closed President's Day**

**21<sup>st</sup> & 28<sup>th</sup> Pottery Class  
Sign-up in Front Office**

**25<sup>th</sup>-John Downes  
100<sup>th</sup> Birthday Celebration  
6:30 PM**

### **2019 MEMBERSHIP**

Your membership to the Senior Center  
is a vital part of continuing the  
programs and services offered to  
seniors in our community.

Ask about membership card & benefits.

Membership is open to age 50+.

Individual -- \$30

Couple--\$55

(Residing in same household.)

***Thank you for your continued support  
of our Senior Center.***

### **AARP Income Tax Assistance--2019**

The 2019 AARP Tax assistance program will  
begin in February.

Please be sure to make an appointment in the  
front office.

Please see the list of documents that **MUST**  
be brought to your appointment.

This service is provided at  
no charge by AARP.

Donations to the Senior Center for this  
program are greatly appreciated and  
used to continue this and other  
programs and services for seniors.