








Del Norte Senior Center  
 1765 Northcrest Drive  
 Crescent City, CA 95531  
 707-464-3069

Curbside  
 Lunch Served Daily  
 Monday Thru Friday  
 11:30a.m. TO 12:30p.m.



# January 2023

SUN	MON	TUE	WED	THU	FRI	SAT
<b>1</b>  <b>HAPPY NEW YEAR</b>	<b>2</b>  <b>New Year Holiday Site Closed</b>	<b>3</b> Vegetarian Chili, Cheese Stick, Broccoli, Corn Bread & Pears	<b>4</b> Chile Relleno Casserole, Unfried Beans, Spanish Rice & Sliced Oranges	<b>5</b> Meatloaf, Mashed Potatoes W/Gravy, Mixed Vegetable, W/W Bread & Pineapple Cup	<b>6</b> Chicken Supreme, Scalloped Potatoes, Green Beans, W/W Roll & Banana	<b>7</b>  <b>HICAP</b> <b>707-444-3000</b>
<b>8</b> 	<b>9</b> Pulled Chicken Sandwich, Oven Fries, & Fruit Cup  High Sodium Day	<b>10</b> Egg Casserole, Rosemary Potatoes, Spiced Muffin, and Fruit Cup	<b>11</b> Chicken Cacciatore, Pasta Italian Vegetables and Fresh Fruit	<b>12</b> Roast Pork, Mashed Potatoes, Peas and Carrots, W/W Bread, and Mixed Fruit	<b>13</b> Fish Fillet, Potato Wedges, Broccoli Normandy & Applesauce,	<b>14</b> 
<b>15</b>  <b>Senior Legal Service</b> <b>1-800-972-0002</b>	<b>16</b> <b>Martin Luther King Day Site Closed</b>	<b>17</b> Bean and Cheese Burrito, Chuck Wagon Corn & Pineapple Cup	<b>18</b> Tuna Sandwich, Pea Soup, Fresh Fruit W/W Cracker	<b>19</b> Salisbury Steak, Butter Noodles, Carrots, & Peaches	<b>20</b> Roast Turkey W/Gravy, Mashed Potatoes, Green Beans, & Fruit Cup	<b>21</b>  <small>shutterstock - 244078135</small>
<b>22</b>  <b>Menu is Subject To Change Without Notice</b>	<b>23</b> Fish Fillet with Lemon, Potato Wedges, Peas, & Fruit Cup	<b>24</b> Cheese Ravioli, Italian Vegetables, Garlic Bread, Pear Cup	<b>25</b> Egg Salad Sandwich, Vegetable Soup, Coleslaw & Cinnamon Apple Sauce	<b>26</b> Orange Chicken, Brown Rice, Asian Vegetables, & Mandarin Cup	<b>27 BIRTHDAY FRIDAY</b> Chicken Pot Pie, Peas & Applesauce	<b>28</b>  <b>Senior Legal Service</b> <b>1-800-972-0002</b>
<b>29</b> 	<b>30</b> Pulled Pork Sandwich, Baked Beans, & Banana,	<b>31</b> Vegetarian Spaghetti, Italian Vegetables, Garlic Bread & Fruited Yogurt				<b>HICAP</b> <b>AT DNSC</b> <b>464-7876</b>