

TRIAD CHARTS

<u>Centers</u> →	<u>Body/Gut</u>	<u>Heart</u>	<u>Head/Mind</u>
	Down to earth, fiery, intuitive, impatient, non-emotional; ethics/truth; the past; anger; <i>grounding</i>	Flowing, feminine, warm, relational, expressive, imaginative; beauty/art; others' present; sad; <i>kind</i>	Airy, masculine, cool, intellectual, non-reactive, objective; science; the future; fear; <i>curious</i>
↓ <u>Hornevian Social Styles</u> <i>How each type tries to get what it wants</i>			
Assertive initiators – moving against; energetic; process out loud	8	3	7
Compliant cooperators – moving with; bounce things off others	1	2	6
Withdrawn soloists – moving away; reflective; process internally	9	4	5

↓ <u>Harmonics</u> <i>What each type does when it does not get what it wants</i>			
Reactive – needs reaction from others	8	4	6
Competency – puts aside personal feelings	1	3	5
Positive – puts aside disappointment	9	2	7

↓ <u>Object Relations</u> <i>Emotional state that sustains each type's sense of self</i>			
Rejection – rejected by others and self	8	3	7
Frustration – always disillusioned	1	2	6
Attachment – adapt so they can attach	9	4	5

SubTypes – separate and different from the above triads

<u>Self-Preservation</u>	<u>Social</u>	<u>Sexual</u>
private world – home, garden, family, logistics, solitary and personal pursuits; vigilance, protective, cautious; security; immortality; drive to matter & be useful	social activities as leader or participant – event planning, parties, charity work, politics, fund raising; friendly; sense of belonging; glory; drive to be know, attract, connect	intimate, creative, love affairs, dramas, intense experiences, intuitive, transcendent spirituality; in harmony with; union, wholeness; power; drive to belong

Counter-SubTypes: in each type, there are two subtypes that flow with the type's energy, and there is one subtype that flows against the type's energy.