

# Will Vision Return After Stroke?

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If stroke has affected your eyesight, then you've come to the right place. If you're wondering *how* to improve vision after stroke, see the ultimate guide to vision improvement dated 4/9/2018. If you want to know *when* improvements will start happening, keep reading.

## Will Vision Return After Stroke?

First off, the answer to this popular question is yes, most likely. **Vision can absolutely return after stroke. Sometimes it returns on its own. Other times, you need to participate in vision therapy and rehabilitation to get your eyesight back.** Either way, the answer is yes, there is hope for vision recovery after stroke.

## How Long Will It Take?

Because every stroke is different, every recovery will be different. This means that your vision recovery timeline will be very different from someone else's. **Sometimes vision returns on its own after a month or two. Other times, it returns after months of therapy.** It really depends on the size and location of your stroke.

## Being Proactive

Although vision sometimes returns on its own, we highly recommend participating in vision restoration therapy anyway. It's always better to be proactive than to hope that a situation will correct itself. Even if you don't want to pay for vision therapy, you can try doing eye exercises (see article dated 9/21/2015) on your own at home.

## Watching Your Progress

As you work to improve your vision after stroke, you probably won't notice your improvements immediately. Vision improvement is a very slow process and it can be hard to notice the improvements on a day-to-day basis.

Knowing this, try to keep doing your eye exercises and therapy consistently and trust that, when you zoom out and look at your progress on a month-to-month basis, there will be improvement.

Vision improvement is a slow process, but it has the potential to help most people recover their eyesight after stroke.