



roclamation

St. Paul's Lutheran
Church

March 2014

Volume 1, Issue 1

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Special points of interest:

- ♦ Tues., March 4
Strove Tuesday Pancake
Dinner - 5-7 pm
- ♦ Wed., March 5
Ash Wednesday Service
7 pm
- ♦ Mid-Week LENTEN
Svcs. 7:00 pm
March 12, 19, 26
April 2, 9



Dear St. Paul's Family and Friends:

As our new issue of **Proclamation** finds its way into your hands and homes, the season of Lent is upon us once again. It's interesting to think how we don't return once again to Lent. Rather, the Lord brings Lent back to us to remind us of so many important parts of our living in Christ. The words from our Service Book detail what Ash Wednesday and all of Lent are about:

"The Church begins a holy season of prayerful and penitential reflection.

Our attention is especially directed to the holy sufferings and death of our Lord Jesus Christ.

From ancient times, the season of Lent has been kept as a time of special devotion, self-denial and humble repentance born of a faithful heart that dwells confidently on His Word and draws from it life and hope.

Let us pray that our dear Father in heaven, for the sake of His beloved Son, and in the power of the Holy Spirit, might richly bless this Lententide for us that we may come to Easter with glad hearts and keep the feast in sincerity and truth."

As Dr. Luther reminds us in the first of the 95 Theses – our entire life should be marked by repentance. Lententide, as a Church season, does bring repentance into greater focus prompting us to think of all that Christ has done for us. In return, it also causes us to think of all that we are called to do for Him in the daily power of the Holy Spirit. May the Lord bless you in these days to contemplate how you devote your life in Him.

Your Servant in Christ,

Timothy McNutt, Vicarage Pastor

IMPORTANT DATES TO REMEMBER

TUESDAY, MARCH 4TH

Strove Tuesday Pancake
Dinner 5—7 pm.

Join us for fellowship and an
enjoyable evening on Tues-
day, March 4th.

**Strove Tuesday Pancake
Dinner is back!!!**

Come start your Lenten Sea-
son with friends and family
of St. Paul's Lutheran Church!

A free will offering will be
accepted to help pay for
supplies.

Lenten Services in April

Wed., Apr. 2—7 pm

Wed., Apr. 9—7 pm

PALM SUNDAY

APRIL 13—10:30 AM

HOLY WEEK

Maundy Thursday-

April 17 at 7pm

Good Friday -
April 18 at 7 pm

Easter Vigil

Saturday, April 19

At 7 pm

**Resurrection of
Our LORD
EASTER DAY**

Sunday, April 20
10:30 am



**Resurrection of
Our LORD
EASTER DAY**

Sunday, April 20
10:30 am

Special Voters Meeting—Sunday, March 2nd

A special voters meeting will be held on Sunday, March 2, 2014 immediately following the Divine Service. The Church Council has called this meeting to address Pastor Timothy McNutt's housing.

Pastor McNutt, as you may know, lives in Waldorf and is looking to live closer to the

Church and Congregation and has expressed interest in renting a home in the church area. Pastor Tim feels that's he would be more effective in his position here at St. Paul's and he wants to be able to have planned Bible and small group Studies in his home. Living in St. Charles County leaves the possibility of

having studies at his home there ineffectual, due to distance from a large majority of members.

With Christ's Peace,

John Bowling

Vice President

St. Paul's Lutheran Church Council

What are you giving up for Lent?

Lent to the un-churched usually means giving something up until Easter and telling the world about it.

I am churched and have decided that I can't give up anything substantial enough to repay my Lord and Savior for dying to pay for my sins; In Full!

But what if I promise My God and Savior that I'll be in His word daily for 40 days!?

That would be awesome!



Building Report—Paul Mehrkam



Location of future Fellowship Hall

God's Mission Building Report:

Fellow brothers and sisters, I hope that you had opportunities to participate in our briefings with the Lutheran Church Extension Fund (used to be called God's bank). In these briefings, we get a chance to review in detail the type of services and partnerships that will help us in building our new outreach extension.

From January's briefing, we learned about the Labors for Christ who will be on-site 24-7 to do much of the manual labor. Towards the end of each week, they will set up major projects for all of us to do on Saturday and for those that have a compressed Friday off. They will also be participating members in our worship services during their stay here at St. Paul's.

One of the consistent messages that we have been getting is to consider saving our money in God's bank. Some of the account interest rates may be higher than where your money is sitting now. More to come from our February meeting where we will have learned about the Capital Funding Program to raise the necessary funds for God's building program at St. Paul's.

Dear Lord, You are the rock and foundation to build Your church on that You already paid for with Your body and blood. Please continue to guide each of us and keep us from losing sight of your will. Amen

St. Paul's Lutheran Church PRAYER CHAIN

We at St. Paul's would like to start an email prayer chain. You would just need to email the church and state that you would like to join.

You could be a prayer warrior for your church family. It's simple: call or email that you wish to join to:

stpaulslcmsmd@netzero.net

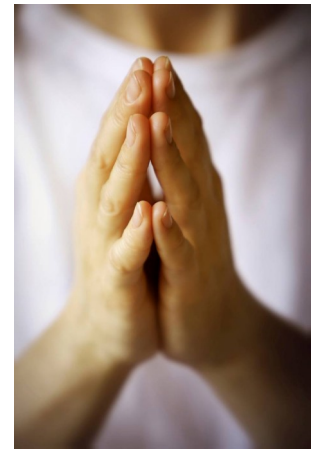
You can be removed at anytime.

And you will receive prayers from our congregation when they email, call in, or leave a prayer request on Sunday.

[Philippians 4:6-7](#) ESV

Do not be anxious about anything, but in everything by

prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.



Letter to Congregation from JAMES "JIM" BARRY

2/1/14

Just a quick note to let you all know that James is doing very well. All of your prayers are working wonderfully! I'm please to report that he hasn't developed pneumonia since he has been here with us. Nor has he been back in any hospitals! He is down from 17 pills a day to 6 (Yeah!!!). He's energetic and thriving in his apartment. The independent living center he is at seems to be just the ticket! If the quantity of eligible women there and their attentiveness to 'Jim' is any indication, he is doing just fine! His sense of humor has returned and his brain power is amazing. I know he misses you all so very much, but in hindsight this was the best thing for him.

Please feel free to call him @ 803-288-4002. It's his cell phone. He is still on dialysis on Monday, Wednesday and Fridays from 10 to 3 and is bored stiff there so a call would be a wonderful distraction. Since his eyesight cannot improve, all mail is sent to us so send messages, cards to address below. I read the cards, letters, church bulletins to him faithfully as it brings quite the smile to his face.

Thank you all for continuing to keep dad in your prayers and thoughts. God Bless You All,

Sincerely,

Fran & Joe Maranuk for James Barry

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"BUT AS FOR ME AND MY HOUSE, WE WILL SERVE THE LORD." JOSHUA 24:15

MEANING OF STROVE TUESDAY

Shrove Tuesday occurs the first Tuesday before [Ash Wednesday](#), usually February 2nd or March 9th. It officially ends the season of [Epiphany](#) and is the vigil for the starting of Lent.

Traditionally viewed as a day of repentance, Shrove Tuesday has become the last day for celebration and feasting before the period of fasting required during the Lenten season. The name "Shrove Tuesday" is derived from the word "shrive", which means to confess and receive absolution. The name denotes a period of cleansing, wherein a person brings their lusts and appetites under subjection through abstention and self-sacrifice.

The concept behind this practice is found in 1 Corinthians 9:27, where the Apostle Paul states: "I buffet my body and make it my slave..." Ironically, Shrove Tuesday has evolved into a day of frivolity and indulgence, during which people participate in as much pleasure and self-gratification as they can before Lent begins.

The Origins of Shrove Tuesday

Shrove Tuesday originated during the Middle Ages. As in contemporary times, food items like meats, fats, eggs, milk, and fish were regarded as restricted during Lent. To keep such food from being wasted, many families would have big feasts on Shrove Tuesday in order to consume those items that would inevitably become spoiled during the next forty days. The English tradition of eating pancakes on Shrove Tuesday came about as a way to use as much milk, fats, and eggs as possible before Ash Wednesday began. In France, the consumption of all fats and fatty foods on this day coined the name "Fat Tuesday" or *Mardi Gras*.

Originally beginning on Sunday, Shrove Tuesday was a three-day celebration that culminated in large feasts on Tuesday night. By the beginning of the 20th century, however, the event was restricted to the Tuesday observance. *Carnival* became associated with Shrove Tuesday, in part from the Spring Equinox celebrations that were practiced by the Romans and the ancient tribes of Europe. The word "carnival" comes from the Latin *carne(m) levare*, meaning "to take away the flesh". However, in the New Orleans and Rio de Janeiro celebrations, public revelry and carousing have become the tradition for Carnival around the world. It was mostly as a result of the Carnival celebrations that the Church restricted the observance to a single day.

Shrove Tuesday Traditions

Shrove Tuesday has a variety of customs that have derived from different regions around Europe and the Americas. As previously mentioned, England began the tradition of serving pancakes, and for this reason the day is known as "Pancake Day". In addition, there are the annual Pancake Day Races, where contestants dress in aprons and scarves and race down a course flipping a pancake in a frying pan or skillet.