

## How RecoveryWerks! Helps Me...

Recovery Werks is the first group that I have felt unconditionally welcomed and accepted, and this is one of the leading reasons that I keep coming back each week. I've attended many different recovery groups and this is the first one that I've found that focuses on the younger demographic of addicts. It is HARD to be in recovery when you're young. There have been times when I've felt out of place at the AA and NA meetings because my experience with substance abuse is completely different from the older generation's experience. People close to my age surround me in each Recovery Werks meeting. We share common interests, we have similar fears, and this is a place where we can all work together to better our futures. I leave group each Wednesday feeling GOOD, and feeling good about your sobriety is half of the battle. New Braunfels has needed a group like Recovery Werks for a long time. I am grateful beyond words that I have the opportunity to be a part of it.