



# Your Child's Early Development is a Journey

Check off the milestones your child has reached and share your child's progress with the doctor at every visit.



☒ **START HERE**

## 6 MONTHS



- ☐ Copies sounds
- ☐ Begins to sit without support

- ☐ Likes to play with others, especially parents
- ☐ Responds to own name

- ☐ Strings vowels together when babbling ("ah," "eh," "oh")

## 12 MONTHS (1 YEAR)



- ☐ Uses simple gestures such as shaking head for "no" or waving "bye bye"
- ☐ Copies gestures

- ☐ Responds to simple spoken requests

- ☐ Says "mama" and "dada"

- ☐ Pulls up to stand

## 18 MONTHS (1 1/2 YEARS)



- ☐ Says sentences with 2 to 4 words
- ☐ Gets excited when with other children

- ☐ Says several single words
- ☐ Walks alone

- ☐ Knows what ordinary things are for; for example, telephone, brush, spoon

- ☐ Plays simple pretend, such as feeding a doll
- ☐ Points to show others something interesting

## 2 YEARS

- ☐ Follows simple instructions
- ☐ Kicks a ball

- ☐ Points to things or pictures when they're named

- ☐ Copies adults and friends (like running when other children run)

## 3 YEARS

- ☐ Carries on a conversation using 2 to 3 sentences
- ☐ Climbs well

- ☐ Plays make-believe with dolls, animals and people
- ☐ Shows affection for friends without prompting



## 4 YEARS

- ☐ Hops and stands on one foot for up to 2 seconds

- ☐ Would rather play with other children than alone
- ☐ Tells stories

- ☐ Draws a person with 2 to 4 body parts
- ☐ Plays cooperatively



These are just a few of many important milestones to look for. For more complete checklists by age visit [www.cdc.gov/ActEarly](http://www.cdc.gov/ActEarly) or call 1-800-CDC-INFO (1-800-232-4636).