

Hello from Preschool!

Listed below are some activities that you and your child can have fun exploring and discovering. Reading to your child and acting out the book helps with receptive (vocabulary) and expressive (describing) language skills. Listed below are a few books that are good for reading, cooking, math and science. Even if you don't have these books at home, you can still share the listed activities with you child.

*The Three Bears* Make puppets and retell the story.

*The Doorbell Rang*: Bake cookies and count how many. Discuss total number of cookies, then how many are left? Sharing: 1 for you and 1 for me.

*Green Eggs and Ham*: Cook color eggs and taste, discuss why the eggs are green, or blue, etc. Materials: eggs, food coloring, and skillet.

*Ten Apples Up On Top!* Taste the different types of apples. Which is your favorite? Count the apples, what color are the apples? Make applesauce. Plant the apple seeds and observe.

*Brown Bear, Brown Bear*: Discuss the different animals and their colors.

Science: Absorption

Explore absorption by dipping a sponge in water and squeezing it in order to transfer water from one container to another. Skills: Observe cause and effect, disappearances and reappearance. Materials: sponge, 2 bowls, water.

Flotation: To test objects made of various materials to see whether they float or sink in water. Skills: Experimentation, observation, and categorizing.

Materials: Small container to hold water, twig, leaf, penny, button, bottle cap, key, cork, toy car, crayon, ring, spoon, rock, etc. Procedure: If the item floats put on green felt/mat, if the item sinks put item on red felt/mat. (Can use wash clothes or two small containers to hold items).

Ramps: Make a ramp from cardboard for a car race.

Airplanes: Make and decorate a paper airplane.

Rain: Explain why it rains and how.

Nursery Rhymes: What nursery rhymes does your child know? Say or sing the nursery rhymes with them. The Itsy Bitsy Spider, Twinkle, Twinkle Little Star, Humpty Dumpty, Mary Had a Little Lamb, Jack and Jill. Learn new nursery rhymes together.

Fingerplays: Five Little Monkeys - Head, Shoulder, Knees, and Toes (Go slow then fast) - Two Little Bluebirds. Ask your child to help you do these.

Art: Draw and color. Use crayons, colored pencils, pens, pencils. Discuss your child's art work.

Have fun doing these activities!