

Alzheimer's Disease and Dementia Care Agenda:

08:00 - 08:30	Welcome: Registration & Introductions. Opening remarks.
08:30 - 10:30	Introduction to Dementia: (Diagnosis, Prognosis, Treatment). Communication and Feelings; Depression and Repetitive Behaviors
10:30 - 10:45	<i>Break</i>
10:45 - 12:00	Paranoia, Hallucinations, Wandering and Horarding; Aggressive Behaviors; Intimacy and Sexuality; Personal Care.
12:00 - 12:30	<i>Lunch</i>
12:30 - 14:00	Activities; Environment; Staff and Family Support
14:00 - 14:15	<i>Break</i>
14:15 - 15:45	Diversity and Cultural Competence; Spiritual Care and End of Life Issues
15:45 - 16:30	Pain; Q & A: Discussion

Registration Information: The tuition is \$100.00 per person. This fee includes the student notebook, lunch and snacks. You will receive confirmation of your registration once payment is received. You are enrolled unless otherwise notified. PHS reserves the right to cancel seminars based on insufficient enrollment. Registrants who need to cancel must provide PHS with written notice no later than one week prior to the seminar date. Cancellations are refundable less a \$25.00 administrative charge. Substitutions may be made at any time. Continuing Education credits issued will be cancelled for non-payment of required fees.

Take the path to Certification as a Certified Dementia Practitioner through the National Council of Certified Dementia Practitioners:

- Attend this seminar.
- To see if you qualify for Certification, please visit the NCCDP website at www.nccdp.org
- Apply to the NCCDP within 30 days of training with the required documentation and application fee.

Please note: – the training location is behind Piedmont Health Care Center in the Education Building. Parking will be in designated areas clearly marked behind the facility.



Alzheimer's Disease and Dementia Care Seminar

This is the required seminar for those pursuing certification who qualify as CDP/Certified Dementia Practitioner through the National Council of Certified Dementia Practitioners or for those who just want to enhance their dementia education.

2019 Dates:

**March 20, May 15, July 17,
Sept 18 or Nov 20**

Location:

**Piedmont Health Care Center-
Education Building
1050 Dailey Street, Piedmont,
AL 36272**

Time: 8:00 a.m. – 4:30 p.m.

To see if you qualify for CDP, please see www.NCCDP.org

About the Speaker:

Phronsie Owens, BS, RN, CADDCT, CDP



Phronsie Owens is a registered nurse with over 20 years' experience in the healthcare field. Ms. Owens is a graduate of Jacksonville State University in Jacksonville, AL with a BS in Law Enforcement and Corrections. In 1992 Ms. Owens was an honor graduate of Gadsden State Community College's Nursing program. Now author of *Now What?*, a workbook for managing the records of the person with dementia.

Ms. Owens began her nursing career on the med surge floor at a local hospital then moved to a psychiatric hospital where she earned a National Certification in Psychiatric and Mental Health nursing. In 1998 she moved into the eldercare field and experienced first-hand the effects of dementia and Alzheimer's disease. During her time with home health and long-term care facilities, her interests in the various types of dementia and methods of intervention have grown. She began seeking ways of improving her knowledge and skills in managing those with this disease and wanted to help others who wanted to improve their understanding and skillset in managing the disease. In 2015, she went on to become a Certified Dementia Practitioner and a Certified Alzheimer's Disease and Dementia Care Trainer through the National Council of Certified Dementia Practitioners. As a certified trainer, she is seeking to reach area professionals and caretakers who are interested in learning to care for the more than 5 million Americans diagnosed with some type of dementia.

Currently, Phronsie Owens is employed with Piedmont Health Care Center as their Outreach Coordinator and RN Supervisor.

Seminar Goals & Objectives:

1. To provide fundamental education on dementia and dementia care.
2. To enhance the quality of life of dementia patients through education care providers.
3. Foster sensitivity and respect for the dementia client.
4. To teach communication techniques
5. To provide sensitive approaches for assisting residents with activities of daily living.
6. Identify common causes of aggressive, repetitive, and sundowning behaviors in older adults.
7. Describe behavioral/care interventions that may be used to prevent, reduce, or eliminate difficult care situations.
8. Describe challenges related to caregiver stress and utilize stress reduction techniques.
9. Learn alternative activity intervention that are success oriented and failure free.
10. Learn how to develop a Wandering Preparedness Team.
11. Address issues of sexuality and the dementia resident.
12. Address end-of-life care

CONTINUING EDUCATIONAL CREDIT APPROVED FOR:

- Alabama Board of **Nursing Home Administrators**: 6.5 hrs
- Alabama Board of **Assisted Living Administrators**: 7.0 hrs. Meets Cat II requirement for cognitive impairment/dementia education (7 hrs).
- PHCC is an approved provider of contact hours by the Alabama Board of Nursing (7.5 hrs) (**ABNP00377**). Licensed nurses must present their cards in order to receive credit hours.
- Alabama Board of Social Worker's 7.0 hrs

Name of Attendee	Price
1.	100.00
2.	100.00
3.	100.00
4.	100.00
TOTAL:	\$_____

Name of Facility (optional)

Address City State

Method of Payment
Check Enclosed

To register online please visit:
www.phschoke.com

**Registration Deadline is 5 days prior to
scheduled training. On-site registration:
\$100.00**

PREFERRED
HEALTH SERVICES, INC.

•MANAGEMENT COMPANY•
•OUTSOURCED ACCOUNTING •PAYROLL SERVICES•

230 W Main Street, Centre, AL 35960
(256) 927-7408

www.phschoke.com