10th Annual Walker Pickle Days – 5K Run/Walk & 1-Mile Fun Run

Saturday July 29, 2017

This year's theme: Make Pickles Great Again! *(wait til you see this year's shirts)*

For liability purposes, ABSOLUTELY NO PETS ALLOWED during either of the runs. Strollers are welcome at the end.

6:45 AM - Registration in the Walker City Park. Pre-registered registrants for both races will be provided a t-shirt and. All registrants will be provided drinks and refreshments. Late and race-day registrants will only receive t-shirts as they remain available. Any awards/prizes will be distributed following the conclusion of the Fun Run. Must be present to win.

8:00am – 5K: Prizes will be awarded to all winners in the respective age brackets. Kids 12 and under can participate in the 5K, but they must pay the 5K fee versus the Fun Run fee. Plaques for overall top male and female finishers. Medals to top 3 male and female finishers in each age division.

5K Age Brackets in Men's and Women's Divisions

10 & under	11-15	16-19	20-29	30-39	40-49	50-59	60 and up

9:00am – 1-Mile Fun Run: Kids age 12 and under can participate. All kids that register and participate in the Fun Run will be given a participation ribbon.

Proceeds from the 5K and Fun Run help to provide for and add to the enjoyment of our annual Pickle Days Celebration. For more information on the other events of Pickle Days, visit http://www.walkeriowa.com frequently to see updates. Results will be posted at www.fitnesssports.com.

Online registration is available at: www.GetMeRegistered.com **or** follow the instructions below:

Return bottom portion of this form and make checks payable to: "Walker Pickle Days – 5K"

Mail registration to Walker Pickle Days 5K, 815 Rowley St., Walker, IA 52352

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I plan to participate in (circle one): 5K 1-Mile Kid's Fun Run

Name _____ Age on 7/29/17 _____ Gender M F

Address _____ City _____ State _____

Birthdate _____ Shirt Size (circle one) Adult: S M L XL XXL (add $2) Youth: YS YM

Phone number _____ E-mail Address _____

(for sending next year's registration to you)

Early Registration Deadline: Shirts and sizes only guaranteed if registrations are postmarked before July 20, 2016

Entry Fee 5K

$20 through July 20th (postmark date)

$25 late registration (no shirt guarantee)

Entry Fee 1-Mile Fun Run

$10 (no upcharge on race day)

Release of Liability

I hereby release the City of Walker, the Walker Betterment Club and all volunteers from illness or injury that I may sustain while participating in the Walker Pickle Days 5K or 1-Mile Fun Run. By signing below, I am also signifying that I am in proper physical condition to participate.

_____ Date _____

Signature of participant (Parent or Guardian Signature if under 18

Where You Have the Right to B - FIT
www. Fitness Sports .com
7230 University Ave, Des Moines, IA. 50311
515/277-4785 or 800/529-7684

Race Director Use Only

Postmark date: _____

Amount Pd: _____

Cash or Check # _____