



Parenting Classes held on: WEDNESDAY, January 18, 2017 to April 26, 2017.

Classes held every Wednesday from 5:30PM-7:30PM

**AT TRANSFORMATIVE COUNSELING & FAMILY SERVICES!!!!**

**Group will provide:**

- ❖ Child play group during parent Incredible Years Group
- ❖ Snacks provided/Weekly incentives for participation
- ❖ Diploma of Incredible Years parenting class upon completion

**What to expect from Incredible Years:**

- ❖ Access to Child and Family Therapists using an evidenced based model
- ❖ Increases positive relationships between parents and children. Ages 1-7.
- ❖ Hands on parent coaching with Child and Family Therapists.
- ❖ Learn to use positive attention, praise, and encouragement to connect with children.
- ❖ Learn to handle separations/reunions with ease. Set developmentally appropriate limits.
- ❖ Learn to use distractions, redirections & ignore effectively to handle misbehavior.



**Costs/Payment Options (Two hour group sessions weekly with two Child and Family Therapists.)**

- ❖ Weekly Cost \$70.00
- ❖ Monthly Cost \$280.00
- ❖ Pay in Full \$1000.00 (includes a \$50.00 discount.)
- ❖ Sliding scale spot available upon request, and based on income. Please ask!!!

**Transformative Counseling & Family Services: 18537 1<sup>st</sup> Ave. S. Suite B, Normandy Park, WA 98148**

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