

**SEMINOLE VALLEY STAMPEDE**

Cedar Rapids, IA

Seminole Cross Country Course

Weather: Sunny, NW 20-35mph, 44% &amp; 63

Host: Mount Mercy University

Saturday, October 21, 2023

**MEET OFFICIALS****Meet Director:**

Jeffrey Barker

**Meet Referee:**

Tom Cahalan

**Timing:**

Andrew Kauder - Kauder Racing, LLC

**OFFICIAL MEET REPORT**

printed: 10/21/2023 1:00 PM

**Race #2  
Men's 8K****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Iowa Central CC	31	1-3-4-11-12(33)(38)	2:09:26	25:54	1:43.5
2 William Woods	63	7-10-14-15-17(23)(51)	2:12:58	26:36	0:41.6
3 Mount Mercy	94	2-18-21-25-28(40)(46)	2:14:48	26:58	1:57.0
4 Park U.	101	6-13-19-27-36(53)(54)	2:15:42	27:09	2:15.1
5 Midland	133	8-9-22-42-52(65)	2:18:10	27:38	3:38.8
6 Southeastern CC	148	16-24-31-34-43(47)(56)	2:19:09	27:50	1:51.6
7 Judson	162	20-26-29-39-48(55)(60)	2:20:14	28:03	2:25.9
8 Grand View	178	30-32-35-37-44(50)(58)	2:21:16	28:16	1:01.4
9 Viterbo	224	5-45-49-62-63	2:29:15	29:51	6:31.0
10 Graceland	282	41-57-59-61-64(66)(67)	2:34:09	30:50	4:02.1
DNP Missouri Valley					

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. KM
1 HRABI, Housem	SO	2447	Iowa Central CC	1	24:45.1	4:58.8	3:05.6
2 LORENZ, Matt		2394	Unattached	-	25:15.1	5:04.8	3:09.4
3 CLANCY, Ryan	SR	2517	Mount Mercy	2	25:43.4	5:10.5	3:12.9
4 BOOTS, Jadon	SO	2439	Iowa Central CC	3	25:48.4	5:11.5	3:13.5
5 ELMBARKI, Jed	SO	2445	Iowa Central CC	4	25:57.5	5:13.4	3:14.7
6 BIRDSONG, Connor	SR	2574	Viterbo	5	26:00.7	5:14.0	3:15.1
7 MEHL, Lukas	FR	2536	Park U.	6	26:07.5	5:15.4	3:15.9
8 DUNLAP, Landon	SR	2591	William Woods	7	26:13.2	5:16.5	3:16.6
9 HJORTKJAER, Lucas	FR	2484	Midland	8	26:14.7	5:16.8	3:16.8
10 MAHONEY, Jon	JR	2485	Midland	9	26:15.2	5:16.9	3:16.9
11 SCHWIERJOHN, Ian	JR	2596	William Woods	10	26:20.2	5:17.9	3:17.5
12 WRIGHT, Joseph Asahi	SO	2460	Iowa Central CC	11	26:25.7	5:19.0	3:18.2
13 MOHAMED, Hamza	FR	2451	Iowa Central CC	12	26:28.6	5:19.6	3:18.6
14 WEGNER, Thore	FR	2540	Park U.	13	26:34.5	5:20.8	3:19.3
15 BRODERSEN, Blaine	FR	2590	William Woods	14	26:44.0	5:22.7	3:20.5
16 STARR, Jenson	SR	2597	William Woods	15	26:45.6	5:23.0	3:20.7
17 JULIAN, Brooks	SO	2555	Southeastern CC	16	26:54.2	5:24.8	3:21.8
18 HAGEMEYER, Kyle	FR	2592	William Woods	17	26:54.8	5:24.9	3:21.8
19 MITCHELL, Ryan	SO	2523	Mount Mercy	18	26:55.5	5:25.0	3:21.9
20 FIGUEOA, Andrew	JR	2534	Park U.	19	27:00.5	5:26.0	3:22.6
21 PORSCHE, Chase	SO	2477	Judson	20	27:02.1	5:26.4	3:22.8
22 COSTIGAN, Ty	JR	2520	Mount Mercy	21	27:05.1	5:27.0	3:23.1
23 STOECKERMANN, Henri	JR	2488	Midland	22	27:09.9	5:27.9	3:23.7
24 RUSSELL, Dustin	JR	2595	William Woods	(23)	27:16.1	5:29.2	3:24.5
25 VERGARA, Freddy	SO	2559	Southeastern CC	24	27:18.8	5:29.7	3:24.8
26 LAMPAREK, Lukas	JR	2522	Mount Mercy	25	27:23.0	5:30.6	3:25.4
27 BRAUD, Kyle	JR	2469	Judson	26	27:30.0	5:32.0	3:26.2
28 WILLMANN, Ethan	JR	2541	Park U.	27	27:37.2	5:33.4	3:27.1
29 CORTEZ, Brady	SO	2519	Mount Mercy	28	27:40.4	5:34.1	3:27.5
30 FOX, Gage	JR	2471	Judson	29	27:46.0	5:35.2	3:28.2

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Men's 8K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. KM
31 LIMAS, Nathan	SO	2427	Grand View	30	27:49.4	5:35.9	3:28.7
32 KUHLMAN, Ryan	SO	2556	Southeastern CC	31	27:51.3	5:36.3	3:28.9
33 GAYTAN, Gonzalo	SR	2425	Grand View	32	27:51.6	5:36.3	3:28.9
34 KELLERMAN, Khobi	SR	2499	Missouri Valley	-	28:04.6	5:38.9	3:30.6
35 CHENEY, Seth	FR	2443	Iowa Central CC	(33)	28:06.4	5:39.3	3:30.8
36 CAMPBELL, Jeff	FR	2551	Southeastern CC	34	28:18.8	5:41.8	3:32.3
37 BONNER, Matthew	FR	2420	Grand View	35	28:20.4	5:42.1	3:32.5
38 REYES, Manuel	SO	2538	Park U.	36	28:22.5	5:42.5	3:32.8
39 DAVIS, Isaac	SR	2423	Grand View	37	28:23.1	5:42.7	3:32.9
40 WILFORD, Alex	FR	2459	Iowa Central CC	(38)	28:24.7	5:43.0	3:33.1
41 PETERSON, David	FR	2476	Judson	39	28:27.5	5:43.6	3:33.4
42 COKEL, Noah	SR	2518	Mount Mercy	(40)	28:29.1	5:43.9	3:33.6
43 RIDLEY, Moses	FR	2411	Graceland	41	28:36.2	5:45.3	3:34.5
44 GRAVE, Felix	JR	2483	Midland	42	28:36.3	5:45.3	3:34.5
45 TELLER, Josiah	SO	2557	Southeastern CC	43	28:45.7	5:47.2	3:35.7
46 REYES, Ben	FR	2452	Iowa Central CC	-	28:47.1	5:47.5	3:35.9
47 DAVIS, Ahren	SR	2422	Grand View	44	28:50.8	5:48.2	3:36.3
48 LINDGREN, Max		2393	Unattached	-	28:53.9	5:48.9	3:36.7
49 FLEUCHAUS, Ben	SR	2577	Viterbo	45	29:00.8	5:50.3	3:37.6
50 STALZER, Gavin	SO	2455	Iowa Central CC	-	29:19.2	5:53.9	3:39.9
51 SCHULTE, Trey	FR	2526	Mount Mercy	(46)	29:19.3	5:54.0	3:39.9
52 GARRETT, Cauy	FR	2552	Southeastern CC	(47)	29:25.9	5:55.3	3:40.7
53 VILLAGOMEZ, Juan	SR	2479	Judson	48	29:27.9	5:55.7	3:41.0
54 SMITH, Josh	FR	2528	Mount Mercy	-	29:28.9	5:55.9	3:41.1
55 EICK, Garrett	SO	2575	Viterbo	49	29:39.3	5:58.0	3:42.4
56 BUCHHOLTZ, Jake	FR	2421	Grand View	(50)	29:43.1	5:58.8	3:42.9
57 ZHENG, Frederic	SO	2600	William Woods	(51)	29:50.8	6:00.3	3:43.8
58 NUNEZ, Andrew	JR	2486	Midland	52	29:53.5	6:00.9	3:44.2
59 KUEHNEL, Tom	FR	2535	Park U.	(53)	29:54.8	6:01.1	3:44.3
60 PRESTON, Benjamin	SR	2537	Park U.	(54)	30:08.7	6:03.9	3:46.1
61 MIRANDA, Carlos	SR	2474	Judson	(55)	30:24.4	6:07.1	3:48.0
62 WALSH, Ian	SO	2539	Park U.	-	30:24.4	6:07.1	3:48.0
63 JOHNSON, Tyler	FR	2554	Southeastern CC	(56)	30:26.8	6:07.6	3:48.3
64 FLICKINGER, Jack	JR	2405	Graceland	57	30:31.2	6:08.4	3:48.9
65 DISER, Seth	SR	2424	Grand View	(58)	30:33.4	6:08.9	3:49.2
66 ROMERO, Rene	SO	2412	Graceland	59	30:40.3	6:10.3	3:50.0
67 HANSON, Dylan	FR	2473	Judson	(60)	30:42.0	6:10.6	3:50.2
68 BURKE, AJ	SO	2442	Iowa Central CC	-	30:48.2	6:11.9	3:51.0
69 MUNSEY, Luke	SR	2524	Mount Mercy	-	31:10.5	6:16.3	3:53.8
70 ASHCRAFT, Chase	JR	2468	Judson	-	31:11.7	6:16.6	3:54.0
71 SKALA, Nathan	SR	2527	Mount Mercy	-	31:12.5	6:16.7	3:54.1
72 GOLDER, Kaden	FR	2446	Iowa Central CC	-	31:22.4	6:18.8	3:55.3
73 ACKMAN, Myles	FR	2550	Southeastern CC	-	31:30.0	6:20.3	3:56.2
74 KELLER, Connor	JR	2426	Grand View	-	31:38.3	6:21.9	3:57.3
75 WRIGHT, Kavon	FR	2413	Graceland	61	31:43.1	6:22.9	3:57.9
76 ERTMAN, Bryce	SO	2576	Viterbo	62	32:02.4	6:26.8	4:00.3

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77 KAJA, Andrew	SO	2579	Viterbo	63	32:31.6	6:32.7	4:03.9
78 MACE, Logan	FR	2407	Graceland	64	32:38.2	6:34.0	4:04.8
79 POLLEY, Tyler	JR	2502	Missouri Valley	-	32:54.0	6:37.2	4:06.7
80 PETTERSON, Hunter	FR	2487	Midland	(65)	33:00.3	6:38.4	4:07.5
81 RAMIREZ, Fidher	FR	2410	Graceland	(66)	33:03.4	6:39.1	4:07.9
82 KALBACH, Alexander	SR	2406	Graceland	(67)	33:09.6	6:40.3	4:08.7
83 COLEMAN, Nathaniel	JR	2470	Judson	-	34:06.8	6:51.8	4:15.8
84 PATIENCE, Matthew	SO	2408	Graceland	-	35:08.5	7:04.2	4:23.6
85 SNYDER, Aiden	FR	2478	Judson	-	35:24.9	7:07.5	4:25.6
86 LOPEZ, Angel	FR	2501	Missouri Valley	-	35:26.7	7:07.9	4:25.8
87 ESCALONA-RODRIGUEZ, R	JR	2498	Missouri Valley	-	35:26.7	7:07.9	4:25.8
88 NORRIS, Layne	SO	2594	William Woods	-	41:09.8	8:16.9	5:08.7
89 MURRAY, Trevor	SR	2475	Judson	-	44:48.9	9:01.0	5:36.1