



June 2021

1423 S Hastings Way
Eau Claire, WI
In Studio & Virtual
Purefitness4you.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Interested in 1:1 or Small Group Training, message us!		1 March Punch 5:45am Iron Flow 9am PiYo Express 12:15pm FIT Reboot 5:30pm	2 Yoga Beyond 9am Yoga Beyond 5:30pm	3 Kettles 9am Kettles 12:15pm Hip Hop Step 5pm Pound Express 5:35pm	4 Kettles 5:45am Mobility Flow 9am	5 Yoga Beyond 8am w/Bridget
6 Yoga Fusion Flow 8am w/ Bridget	7 Yoga Beyond 9am Kettles 5:30pm	8 FIT Reboot 5:45am Barre Yoga Beyond 9am PiYo Express 12:15pm Step Strength 5:30pm	9 Yoga Beyond 9am Strength Beyond Yoga 5:30pm	10 Fit Reboot 9am Kettles 12:15pm Pound Express 5pm Hip Hop Step 5:35pm	11 Booty Blast 5:45am Stretchy Flow 9am	12 Yoga Beyond 8am
13 10:15am Yoga Fusion Flow @ RiverBend Winery \$10 – Special Event	14 Yoga Beyond 9am Kettles 5:30pm	15 Strength 4 You 5:45am Iron Flow 9am PiYo Express 12:15pm Fit Reboot 5:30pm	16 Yoga Beyond 9am Yoga Beyond 5:30pm	17 Kettles 9am Kettles 12:15pm Hip Hop Step 5pm Pound Express 5:35pm	18 Iron Flow 5:45am Mobility Flow 9am	19 Yoga Beyond 8am
20 Yoga Fusion Flow 8am	21 Yoga Beyond 9am Kettles 5:30pm	22 Sculpt 5:45am Barre Yoga Beyond 9am PiYo Express 12:15pm Step Strength 5:30pm	23 Yoga Beyond 9am Strength Beyond Yoga 5:30pm	24 Fit Reboot 9am Kettles 12:15pm Pound Express 5pm Hip Hop Step 5:35pm	25 Bands 5:45am Stretchy Flow 9am	26 Yoga Beyond 8am
27 Yoga Fusion Flow 8am	28 Yoga Beyond 9am Kettles 5:30pm	29 FIT ReBoot 5:45am Iron Flow 9am PiYo Express 12:15pm FIT Reboot 5:30pm	30 Yoga Beyond 9am Yoga Beyond 5:30pm		IN STUDIO ONLY CLASSES IN RED.	Shoes recommended for March Punch and Step classes.

