

ADL Variety Pack

Life Skills Workshop Series for Middle Schoolers



Helping your middle schooler become more observant and self-sufficient in practical situations for young teens! Our Occupational Therapist will review topics such as:

- Personal Organization
- Health and Fitness
- Personal Hygiene
- Managing Money
- Cleaning Skills

Tuesdays from 6-7pm

6 week session

Starting January 16, 2018

\$360 due upon registration

Ages 12+

Contact our office to register:

734.454.0866

www.bridgestherapy.com