**Diabetes** does not know race or gender...13 million males and 12.6 million females are coping with this disease and its complications. Having a plan in place and close monitoring will help when dealing with these symptoms.

Coping with **Diabetes** you will need a strong support team! **Horizon Health Network** can be that strong team that will be there to help. We will coordinate with your primary care provider for a healthy diet plan, medication reminders, diabetic teaching and overall monitoring of health conditions.