

America's Heartland

ILLINOIS CHAPTER H-2 NEWS EAGLE WINGS MOTORCYCLE ASSOCIATION



Established April 14, 1991 Visit us on the Web:<u>www.ilh2.org</u>

> Friends for Fun, Safety, and Riding

EAGLE WINGS MOTORCYCLE ASSOCIATION



July 2023

Monthly Social: First Tuesday of the month—Pizza Ranch, 2590 N. Seminary St., Galesburg (Buffet 5:30-6:30 Social at 6:30 p.m.) Coffee: Third Tues. of the month at 5:30 p.m.—check calendar for location

July Director's Message



Thanks to everyone that attended our July gathering at the Pizza Ranch. Thanks to Ken for serving as host for the evening. The chapter received a very nice thank you letter from the Board of Directors of Helping Hands, Inc. from Roseville for food pantry donations our chapter has given them this past year. They continue to provide food items to people in need of their services and are very appreciative of our support.

Tom Smith gave us a summary of his

"Smackdab" ride. The ride is held on the Saturday closest to the summer solstice. The ride starts at dawn at the monument that marks the Geographic Center of the 48 Contiguous States just north of Lebanon, Kansas. Riders have until dusk to complete the ride at the monument that marks the Geographic Center of North America in Rugby, North Dakota. The ride is 675 miles and must be completed by 10p.m. that same evening.

Smackdab is **NOT** a group ride; all individual riders, travel at their own pace, and stop whenever and wherever they like. There is no fee. The only expense is the optional embroidered finisher's patch, which is offered to verified finishers at cost.

We attended the Iowa Big River Riders July meeting on Saturday, July 8, for a delicious breakfast at the Iowa Machine Shed. Following the meeting we joined them for a ride. From the restaurant we headed north on 61, then east on 30 to county route 236 north. We were then in the great rolling hills of country farms and "picture card" scenes one after another. The weather was perfect this day for enjoying one of the scenic rides in Iowa as we made our way up to Miles then east to the Mississippi bridge at Sabula. We crossed the bridge to Savanna for a quick break and then up to the Great Scenic Road which became the Dorinda Road that twists and turns through the top of the hills toward Elizabeth. There were many panoramic views of the valleys below that could be displayed in any travel magazine.

(Continued on page 2)

Lead Home

All Roads

IL H-2 monitors Channel 1 on the CB

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EWMA Websites

National

www.eaglewingsmotorcycl eassociation.com

IL District http://www.ewmaildistrict.org/

IL-H2 www.ilh2.org

We stopped in Elizabeth and had Ice cream at the Three Sisters Parlor. This made the ride "official." The ice cream was delicious with many interesting flavors to choose from. The servings were **very** generous and the break was very welcomed. We next road to Galena, where we took a left onto Black Jack Road, riding through the twisties and hills past the Ski lodge and then into Hanover to catch Rt. 84 back to Savanna. That's where the group began pealing off to make their way to each of their homes. Carolyn and I stopped in Savanna to visit her sister and brother-in-law as we had not seen them since before last Christmas. After a good visit we headed home arriving about 6:30 p.m. and having traveled 240 miles for the day.

Upcoming Events Include:

July 18, H-2 Coffee, Big Catz BBQ, 221 E. Main St., Knoxville July 27-29, IL Eagle Wings Rally, Vandalia, IL, meet at the Love's Travel Stop, Knoxville at 8:30 a.m. on the 27th. Aug.1, H-2 Social, Pizza Ranch, 6:30, (Eat 5:30 p.m.) Aug. 15, H-2 Coffee, Genisio's, Woodhull, 5:30 p.m.

I'm including two articles that we all need to be aware of. One is about coping with hot weather as we ride this summer. The other has information about thunder storms that we need to take very seriously when on our bikes. Hope you find them useful in keeping safe when we ride our bikes.

Until Next Time, Be Safe, Lanny & Carolyn, Chapter Directors.

To order H-2 orange shirts or hats, contact Carolyn Anderson.

> July 50/50 Winners Alvah Fryer Carolyn Anderson Butch Thron Lee Bagley

Game Tom Smith Ron & Ruby Naslund Lanny & Carolyn Anderson Judy Bagley



August—Ken & Donna Larson September—Butch Thron October—Ron & Ruby Naslund November—Dan & Alvah Fryer December—Lanny & Carolyn Anderson

facebook.

Join us on Facebook. A FB group has been created as an additional way for H-2 members and friends of H-2 to communicate. The name of the group is Illinois H-2 Highway Wingers.



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Galesburg, IL 61401

Warm Weather Riding

Motorcycle riding is an activity that takes all of us outdoors. For many of us, the riding season is comprised of summer with some spring and some fall periods. We are likely to be riding in hot weather for much of the year in our area, especially this year. Since too much heat can cause severe medical emergencies, it is important to know how to avoid becoming a victim of the heat. So how do we avoid heat stress, or more severe conditions like hyperthermia, to remain safe? Let's review some warm weather riding tips.

First, make sure you have gear appropriate for the weather. Consider what you will wear to cover your arms while riding in direct sunlight during daylight hours. If you have it, a mesh jacket provides unparalleled ventilation and abrasion resistance. A denim shirt is another alternative that is fairly light weight and offers better protection than t-shirt material. Protection is important, but keep in mind that when you are comfortable, you are able to focus on the act of riding. Denim is a common choice for long pants, but you might want to think about purchasing motorcycle-specific riding pants for extra protection. Gloves are the other area where the ambient temperature is usually factored into the decision of what to wear. Perforated leather gloves will breathe better than solid leather. Another good choice would be mesh gloves which, like the jackets made of similar material, provide great ventilation coupled with superior abrasion resistance. Consider carrying a water absorbing collar that you can soak in water and wear around your neck to help keep cool. Or be prepared to soak and wear your shirt or t-shirt at a rest stop in the hottest weather.

Second, plan to maintain your hydration level. Every time you stop for gas or a rest break in hot weather, take time to drink enough fluids to replace what you lose through perspiration. This should be at least eight ounces per hour during the heat of the day. You may think that your clothes are not holding an entire cup of sweat that you could wring out of them. And that is probably true. While you are riding, some of your perspiration is soaked up by your clothes and is carried away by the air flow-ing around you. And some moisture evaporates directly from your skin. It must all be replaced to keep your system hydrated. A simple way to determine if you are getting enough fluids is to monitor your output at rest stops. In short, if you are drinking frequently but don't have to go at each rest stop, then you probably are not drinking enough. Modify this as necessary for your own situation. Carry a bottle of water to drink from whenever you need it. Be sure to refill it at rest stops.

Third, remain aware of our own physical condition. Exposure to too much heat for too long can result in hyperthermia. This is the condition where your body cannot properly regulate your temperature and your temperature rises uncontrollably. If allowed to reach this state, it is a medical emergency requiring immediate medical attention. The key is to prevent your body from reaching this condition. Watch for symptoms like the absence of sweat in hot weather. This could mean your body has lost too much water and cannot produce any more sweat, the principal means of temperature regulation. Without the ability to sweat, the core temperature of the body will rise quickly. Other warning symptoms include confusion, headache, dizziness, redness of the skin, often most noticeable on the face. If you notice any of these symptoms in yourself or those riding with you, find the nearest place to sit down, drink lots of water, and relax in the shade or an air-conditioned space. Remove gear and loosen clothing to allow the body to cool itself. Increase the frequency of breaks during the hottest part of the day. And definitely get out the water absorbing collar or soak your shirt at this time.

Lightning

Lightning is the most underrated weather hazard. On average only floods kill more people. Lightning is most often seen in thunderstorms. In fact, lightning is what makes thunderstorms. Lightning makes every single thunderstorm a potential killer. Forecasting when and where lightning will strike is not yet possible and most likely never will be.

In the United States, lightning routinely kills more people each year than tornadoes or hurricanes. Only lightning can strike outside the storm itself and is the first thunderstorm hazard to arrive and the last to leave and knows no boundaries.

Since lightning is so unpredictable, no one can guarantee an individual or group absolute protection from lightning. However, knowing and following proven lightning safety guidelines can greatly reduce the risk of injury or death.

While no place is 100% safe from lightning, some places are much safer than others. Buildings that are NOT SAFE (even if they are "grounded") have exposed openings. Convertible vehicles offer no safety from lightning, even if the top is "up." Other vehicles, which are NOT SAFE during lightning storms, are those which have open cabs, such as golf carts, tractors, construction equipment, and **MOTORCYCLES**!!

The safest location during a thunderstorm is inside a large enclosed structure with plumbing and electrical wiring. If lightning strikes the building, the plumbing and wiring will conduct the electricity better than a human body. If you are using any electrical appliances or plumbing fixtures (INCLUDING telephones and computers) and a storm is overhead, you are putting yourself at risk! If no buildings are available, then an enclosed metal vehicle such as an automobile, van, or school bus makes a decent alternative. If you are inside a vehicle, put the windows up, and avoid contact with any conducting paths leading to the outside of the vehicle.

Lightning can strike as far as 10 miles from the area where it is raining, and many people are unaware of how far lightning can strike from its parent thunderstorm. If you can hear thunder, you are within striking distance. Seek safe shelter immediately. Remember this lightning safety rule...**When thunder roars, go indoors** and stay there until 30 minutes after the last clap of thunder. Don't wait for the rain to <u>start</u> before seeking shelter, and don't <u>leave</u> the shelter just because the rain has ended.

There is **NO SAFE PLACE outdoors** during a lightning storm. If stuck outdoors on a highway, you could find a highway overpass and park the bike and get as high as possible from the road, high enough to be out of any water, on the embankment between the highway and the bottom of the bridge. At the same time, do not touch the metal of the bridge. You are trying to get away from metal and water conductors.

Lightning can be as hot as **54,000*F**, a temperature that is five times the surface of the sun! Water and metal are excellent conductors of electricity. The current from a lightning flash will easily travel for long distances. These amounts can burn through ANY insulator (even the ceramic insulators on power lines!) Besides, the lighting bolt may just have traveled many miles through the atmosphere, which itself is a good insulator. **So...Don't ride in thunder storms!!** 2023 Illinois Fun Run April 1st-October 31st Visit theaters and opera houses throughout Illinois See the IL District Website for rules and locations <u>http://www.ewma-ildistrict.org/fun-run.html</u>



Aledo Opera House, Aledo

Rivoli Theater, Monmouth



Paramount Theater, Wyoming



Orpheum Theater, Galesburg

Wanee Theater, Kewanee



Sun	Mon	Tue	Wed	Thu	Fri	Sat
9	10	11 <u>IL H-2 So-</u> <u>cial, Pizza</u> <u>Ranch, 6:30</u> p.m. (eat 5:30)	12	13	14	15 Dan & Alvah Fryer
16	17	18 <u>IL H-2 Cof-</u> fee, Big Catz BBQ, 221 E. Main St., Knox- ville, 5:30 p.m.	19	20	21	22
23	24	25	26	27 Illinois Eagle V Suites, Vandal ville at 8:30	28 Vings Rally, Quality ia, IL, leave Love's <i>Nita</i> Gasaway <i>Dennis</i> & Karen English	29 Inn & in Knox-
30	31					



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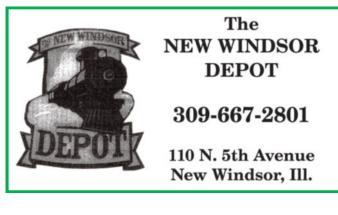
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August 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Don't forget to b pantry donations meeting! This is can do for the co	s to the August a great service we	1 <u>IL H-2 So-</u> <u>cial, Pizza</u> <u>Ranch, 6:30</u> <u>p.m. (eat 5:30)</u>	2	3 Cheryl Swanson	4	5
6	7 Bob Streicher	8	9	10	11	12
13 Dave & Carolyn Thompson	14 Connie Godfrey	15 <u>IL H-2</u> <u>Coffee,</u> <u>Genisio's,</u> <u>Woodhull, 5:30</u>	16	17 Regio	18 on E Ride In, La	19 Crosse, WI
20	21	22	23	24	25	26
27	28	29	30	31 Eagle Wings Rendezvous, Knoxville, TN, Convention Center		





IL-H-2's Calendar of Events—2023 (Scheduled events are always subject to change)

September

- Aug. 31-Sept. 2 Eagle Wings Rendezvous, Knoxville, TN, Convention Center
- 5 IL H-2 Social, Pizza Ranch, 6:30 p.m. (eat 5:30)
- 19 IL H-2 Coffee, 156 East, 156 E. Main St., Galesburg, 5:30 p.m.
- 28-29 Iowa Eagle Wings Rally, Cass County Community Center, Atlantic, IA

October

- 3 IL H-2 Social, Pizza Ranch, 6:30 p.m. (eat 5:30)
- 17 IL H-2 Coffee, PZ'S, 220 Grand Ave., Galesburg, 5:30 p.m.

November

IL H-2 Social, Pizza Ranch, 6:30 p.m. (eat 5:30)
IL H-2 Coffee, New Windsor Depot, New Windsor, 5:30 p.m.

December

5 IL H-2 Christmas Party, Pizza Ranch, 5:30 p.m.



MIS E

MARK CRATTY

BROKER

Mark Cratty Agent 2558 North Seminary Street Galesburg, Illinois 61401

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mcratty@porterhayins.com
www.porterhayinsurance.com





July 27th - 29th

HOST HOTEL: QUALITY INN 1920 N KENNEDY BLVD, VANDALIA, IL 62471 IL DISTRICT EAGLE WINGS RATE \$75.00 (618)283-4400

Registration: Members - \$25.00 Non Members - \$30.00

THURSDAY DINNER RIDE/BUG RUN - ORDER OFF MENU FRIDAY MOONSHINE RIDE OR SHAWNEE NATIONAL PARK SATURDAY HOTDOG LUNCH - FREE

SATURDAY DINNER - INCLUDED IN REGISTRATION (CHILDREN UNDER 16 \$10.00)

HOTELS

RAMADA INN - (618)283-1400 Holiday INN - (618)283-0010

CAMPING

VANDALIA LAKE (618)283-1196 OKAW VALLEY (618)427-5140

- · Daily 50/50
- · Light Show
 - · Rides
 - . Games
- and More...

2023 ILLINOIS DISTRICT SUMMER RALLY

EAGLE	WINGS	MOTORCY	CLE ASSOCIATION	



July 27th -29th

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RIDER NAME:				EWMA#	¥		EXP Date	
CO-RIDER NAME:				EWMA#			EXP Date	
ADDRESS:								
City				State		Zip		
Cell Phone:			Email	-		201	00	
District		Chapter	2	Pos	sition Held			
Registration *		Number	of Membe	ers	#	x	\$25.00	=
*(includes Saturday dinner)		Number	of Non- M	lembers	#	х	\$30.00	=
Children under 16					#	x	\$10.00	=
Day Pass \$10.00 (No Meal)								
Thursday Dinner Ride	Yes	NO		Total			TOTAL	
Friday Moonshine Ride	Yes	NO		Attending Rally]	Cost to PAY	
Friday Shawnee Ride	Yes	NO						
Make Checks Payable to: Illinois District Mail to: Steve Gottschalk PO Box 83 Cambria, IL 62915					Questions O Phone: 815- Email: my19	535-6	6576	

We agree to conform and comply with the rules governing this event and further agree to hold harmless EWMA, co-sponsoring organizations, or any property owners for any loss or injury to self or property in which I/we may become involved by reason of participation in this event. I/we agree to assume all responsibilities for any property I/we damage. I/we have read and agree with all stipulations on this entry form.

FORM MUST BE SIGNED BELOW BY ALL REGISTRANTS

Rider's Signature

Date

Co-Rider's Signature

Date

EAGLE WINGS MOTORCYCLE ASSOCIATION



	Friends for Fun, Safety & Riding	
REGION		E IN
AUGUST 17, 18, 19	OTH LAC	ROSSE, WI
Regis	tration Fo	orm
Rider: EWMA Member # Address:	Co-rider:	
City: Email: Phone:		- Zip:
Co-Rider Phone:		
EWMA Member: EWMA Non-Membe	Free x er \$30 x	
Please Mail Reg Bill James 9933 <i>Make Checks Pc</i>	Olive St La Vi	sta, NE 68128

Eagle Wings Motorcycle Association Inaugural Rally Aug 31–Sept 2, 2023 Knoxville, TN Convention Center							
guided and self-guided rides into the Plan for FUN! Daily 50/25/2 On Bike Game Commemorative item & Guest Speakers & Pres Bike & Light Sh First Aid/CPR Cl Vendors, Including Motorcycle st GRAND PRIZE and MYS AND	e! This is an event you don't want to miss! <u>3 Nights of FUN, FUN, FUN!!!!!</u> Thursday GRAND OPENING PARTY FUN, Dinner and dancing Friday Night Bike and Light Show Vote for your favorite and enjoy some ice cream! Saturday Night is Closing Ceremonies, Dinner and Dancing *For up to Date Schedule & more info, go to www. EWMA-World.org						
GRAND 50/25/14 Registration Fees (onsite \$10 more) EWMA Members Non Members Day Passes-available for purchase on site Dinner on Thursday Night Dinner on Saturday Night Dinner on Saturday Night First Aid/CPR Tickets Grand Prize & Mystery Cash—Books of S Grand 50/25/15/10– Books of 5 GRAND TOTAL IN US DOLLAR See and purchase our Rally shirt on o Pick them up at rally. Some may be available	Cost \$40 \$50 \$20 \$35 \$25 Cost \$10 X \$20 X S ENCLOS ur websit	e in our		All pre-registrations must be received by August 1, 2023 Make Checks payable to EWMA Mail completed forms to: EWMA Patti ONeill 2125 Meander Prescott AZ 86305 For further information Contact: Patti ONeill Email: ewmacfo@gmail.com Phone 408-639-0415 \$15.00 fee on all cancellations No refunds after Aug 1 st 2023 Pre-reg only USA CC# EXP CVV Billing Zip Code All countries credit cards will be accepted at rally			
Name:							