

MORNING AND EVENING PRAYER



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MORNING AND EVENING PRAYER

*Begin each day with the morning prayer,
and end each day with the evening prayer,
that corresponds to the day of the month.*

1 MORNING PRAYER

Creator God, Help me begin this day without it being colored by any sense of worry. Help me be open to unexpected interruptions and reshaped plans. Broaden my vision.

EVENING PRAYER

God, as I close this day, I thank you for drawing me into all that it had to offer and for the way in which it propels me into the days to come.

2 MORNING PRAYER

O God, search my soul and illumine my heart and mind that I may respond better to your call.

EVENING PRAYER

God, tonight as I look back and see how your mercies and love sustain me, I say thank you.

3 MORNING PRAYER

Reassuring God, I realize without you I would be lost. Thank you for your son Jesus Christ. In Jesus I find my direction and am coming to know my purpose in life. In Jesus I am steady and focused.

EVENING PRAYER

O God, I have opened myself to you in work and worship. Grant that all that I have done has been pleasing in your sight.

4 MORNING PRAYER

Creator God, thank you for the gift of this day. Help me to make the most of its opportunities and challenges.

EVENING PRAYER

All wise God, as the night darkens, I am reminded of how I have been blessed to have my spirit lightened by your presence with me today. Thank you.

5 MORNING PRAYER

O God, Guardian of our lives, help me be aware today that you are in charge, not me. You are on my side even when life may seem against me. My help is in you, who made heaven and earth.

EVENING PRAYER

Good evening, God. My day is nearly over and I am weary and carrying many burdens. Please come to me, God, so that I may lay them down.

6 MORNING PRAYER

O inexhaustible God, as I face this new day, be present with me as I try to use those gifts with which you have blessed me.

EVENING PRAYER

Loving God, I feel safe and secure when I rest in the shadow of your wings.

7 MORNING PRAYER

Merciful God, I approach this day hoping to do what is good and acceptable in your sight.

EVENING PRAYER

O God, all creation rests in you this night!

8 MORNING PRAYER

Gracious God, as the sun rises to proclaim the dawn of this new day, I awake to a renewed awareness of your presence. Guide me in my walk today.

EVENING PRAYER

Ever-present God, whose Spirit has surrounded and embraced me throughout this day, grant me a night of peaceful rest.

9 MORNING PRAYER

Wondrous God, as the radiant sun warms the earth this day, so may the warmth of your love radiate through me to those whose lives touch mine today.

EVENING PRAYER

Caring God, the day now ends. Brood and hover over me in the night. Then, with the dawn, bring forth courage and wisdom.

10 MORNING PRAYER

Thank you God, for this day. I will embrace it with confidence and faith.

EVENING PRAYER

God of rest, as I sleep tonight, let me retire in the assurance of your love. May I awake on the morrow with only this prayer: "Sovereign, speak! For your servant hears."

11 MORNING PRAYER

Dear loving God, I commit myself to your will in everything I do today.

EVENING PRAYER

I end this day in the care that only your presence can bring. I rest in the knowledge that I am not alone.

12 MORNING PRAYER

Dear God, give me grace to worship you and you alone.

EVENING PRAYER

Today I saw you in the midst of my life. Thank you, loving God!

13 MORNING PRAYER

Reassuring God, what a joy to wake up this morning with the assurance of your love and mercy.

EVENING PRAYER

I rejoice in your love, my God. It gives me peace as I close my eyes and rest for the night.

14 MORNING PRAYER

Creator God, the signs of your presence are everywhere. Open my eyes and tune my ears so I may see and hear more keenly.

EVENING PRAYER

God of quietness and rest, calm my heart, mind, and soul. Grant me a peaceful night.

15 MORNING PRAYER

Most compassionate God, stir in me the sensitivity to see people not as the world sees them but as those who are precious in your sight.

EVENING PRAYER

Thank you for your companionship today, loving God, and I ask that tomorrow I may be a companion to another.

16 MORNING PRAYER

Bountiful God, I breathe in the first breath of this new day. This breath, my very life, is a gift from you. My first words to you this morning are “Thank you, Loving God. Thank you for life.”

EVENING PRAYER

God, you heard my cries this day and lovingly responded. Thank you.

17 MORNING PRAYER

Strong God, you hold me through the night. Awaken me to your ways today.

EVENING PRAYER

The day has been long and I am ready for sleep. Help me to slow down and let go of all that has happened.

18 MORNING PRAYER

Loving God, open my mind, heart, spirit and body to thankfulness, so that everything I do today may be rooted in gratitude for creation’s wonder and the intimacy of your saving presence.

EVENING PRAYER

God, as my day closes, I think about tomorrow and I place it in your care.

19 MORNING PRAYER

Loving God, teach me this day what really is great and glorious in your sight.

EVENING PRAYER

Grant rest and peace this night to me and to all those whom I hold dear.

20 MORNING PRAYER

Loving God, remind me that you choose the most unlikely people to carry out your will. May I not turn away from anyone, thinking you could never speak to me or change my life through such a person.

EVENING PRAYER

Grant me a restful night, that in the new day I may awaken to your service.

21 MORNING PRAYER

Dearest Jesus, as I open my eyes to behold a new day, may they fall on you and you only.

EVENING PRAYER

O God, for the moments I reacted out of anger and fear, forgive me. Thank you for your guidance, protection and love. Thank you!

22 MORNING PRAYER

God of a new day, yesterday's mistakes are behind me. Grant that I might listen to the Holy Spirit's instructions and with renewed strength stand!

EVENING PRAYER

I end this day with the blessed assurance that life is a sacred gift, and I pray that I do not take it for granted.

23 MORNING PRAYER

God of the universe, take me in your hands, help me to yield to your shaping and molding. Empower me to be faithful to what you have called me to do and be today.

EVENING PRAYER

Refreshing God, I come to you for the rest I need to replenish my spirit this night.

24 MORNING PRAYER

Divine Wisdom, thank you for a new day with new opportunities, new experiences, new demands, new choices. Help me to let go of yesterday and embrace this new day with courage, enthusiasm and commitment.

EVENING PRAYER

Generous God,
my heart overflows with thanks for your unconditional love, which I experienced today.

25 MORNING PRAYER

Triumphant God, I claim the promise of your presence at the beginning of this new day. Help me hold on to that promise all day long.

EVENING PRAYER

I lie down this night with God and God will lie down with me.
I lie down this night with Christ and Christ will lie down with me.
I lie down this night with the Spirit and the Spirit will lie down with me. The Three of my love will be lying down with me.
I shall not lie down with sin nor shall sin nor sin's shadow lie down with me. I lie down this night with God and God will lie down with me.

26 MORNING PRAYER

Almighty God, give us faith to live this day not knowing where it will lead, but with the assurance that your love and guidance are with us always.

EVENING PRAYER

May your benediction rest upon all that I have done today.

27 MORNING PRAYER

Holy Spirit, may I, throughout this day, be aware of and receptive to your presence within and around me.

EVENING PRAYER

I give thanks for the pleasures of your divine presence stirring in me

As I prepare for a night of restoring rest and peace.

O God, you are good, and my soul knows this.

28 MORNING PRAYER

Lord Jesus, I give you this day, everything I think, and do, and say.

EVENING PRAYER

I commit my loved ones, the world you created, all the people who inhabit it, and me to your loving care.

29 MORNING PRAYER

Eternal God of power and mercy, in the quietness of this hour, prepare me to face the uncertainty of this day with fortitude and grace.

EVENING PRAYER

As I prepare to sleep, may your unseen footprints be about me and deliver me to a new day.

30 MORNING PRAYER

Tender and gracious God, I lift my hands to you this day in praise.

EVENING PRAYER

Almighty God, you have brought us to the ending of this day; release us from all chains of strife and draw us close with your gentle bands of peace.

31 MORNING PRAYER

God before me, God behind me,
God above me, God beneath me.
I on your path O God
You, O God, on my way.
In the twisting of the road
In the currents of the river
Be with me by day
Be with me by night
Be with me by day and by night.

EVENING PRAYER

Christ stands before me
and peace is in his mind.
Sleep, O sleep
in the calm of all calm
Sleep, O sleep
in the love of all loves
Sleep I this night
in the God of all life.



Prayers in this booklet can be found in:

The Book of Living Daily Prayer: Morning and Evening by
Kim Martin Sadler, Editor

The Book of Common Worship (PCUSA)

The New Century Hymnal (United Church of Christ)

Celtic Prayer from Iona by J. Philip Newell