

36th ANNUAL LABOR DAY 5K CLASSIC

The Fastest 5K Race in Western PA
— Hundreds of personal records
have been set on this course!

PART OF WCRC GRAND PRIX

DIRECTIONS

FROM PITTSBURGH

I-79 S to I-70 W to Exit #17. At end of exit make right on Wylie Avenue. Go to 2nd stop light & make a left on Jefferson Avenue. Follow Jefferson Avenue to Alpine Club Lanes, 735 Jefferson Avenue.

FROM WHEELING

I-70 to Exit #17. Turn left on Jefferson Avenue. Follow Jefferson Avenue to Alpine Club Lanes, 735 Jefferson Avenue.

BUS TRANSPORTATION

provided from Alpine Club Lanes to race start from 7:15 am until 8:15 am. (No parking is available at the starting line at the Stone Pavilion.)



AGE GROUPS

Runners: Age 11 & under, 12-15, 16-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-69, 70+, Cruiser: 190-210, Heavyweight: 211+.

Weigh-in prior to start.

Walkers: 12 & under, 13-19, 20-29, 30-39, 40-49, 50-59, & 60+

** The race will be electronically chip timed.

AWARDS

Runners: Top 3 male & female & Top 3 in age group (70+ Top 2 ONLY), Cruiser & Heavyweight: Top 3. Walkers: Top male & female overall & Top 2 in age group. No duplication of awards. Entrants must pre-declare weight divisions.

MISCELLANEOUS

Race day registration begins at 7:00 am at Alpine Club Lanes finish line. Race starts at 9:00 am for both walkers and runners. Refreshments and random prizes posted at awards ceremony. Proceeds benefit Washington Christian Outreach. Timing service by Miles of Smiles.

Results posted at www.smileymiles.com

FEE

Postmarked by 6/30/18 \$22.00. After 6/30/18 \$25.00. Race day \$27.00. Make checks payable & send to Washington Christian Outreach, P.O. Box 1659, Washington, PA 15301. Tee shirts guaranteed to all pre-registered by 8/24/18.

Register online today at
www.runsignup.com.

INFORMATION

Call 724-222-0750 or
email: labordayrace@yahoo.com
www.runsignup.com

ENTRY FORM LABOR DAY 5K CLASSIC

Name: _____

Address: _____

Phone: _____

Email: _____

Please indicate:

Shirt Size: S M L XL

Walker _____ Runner _____

Sex: M F

Age (on race day) _____

Cruiser (190-210) _____
(Runners only)

Heavyweight (211+) _____
(Runners only)

In consideration of the acceptance of this entry, I waive for myself, my heirs and assigns, and any and all claims for damages which may arise against all organizations and individuals connected with this race as a result of any injuries which may be incurred during or from this race.

Signature: (Parent/Guardian if under 18)

Please send race entries to:
LABOR DAY 5K CLASSIC
Washington Christian Outreach
PO Box 1659 • Washington, PA 15301
or sign up online and save at
www.runsignup.com