



“Creating a healthy, culturally empowered community”

CANDU*

P.O. Box 94, Dillingham, AK 99576

CANDU GOALS AND OBJECTIVES

Principle 1: Dillingham has prevention systems that connect community members and organizations across the lifecycle.

Objective 1.1 Community action planning group continues to prepare & implement a comprehensive community prevention plan.

Strategies:

1. Hold regular CANDU meetings.

Objective 1.2 Committee members and participants serve as individual ambassadors to their friends, family, community and workplace in educating and promoting the prevention concepts envisioned in the plan

Strategies:

1. Members will present primary prevention information at each point of contact
2. Members will work to establish prevention subcommittees/arms of established interagency & community group

Principle II: Dillingham youth are fulfilled with themselves, within their family, within their schools and within their community

Objective 2.1: Strengthen relationships, support systems and connectivity of youth to their community by increasing the number of youth serving on boards, commissions, councils, inter-agency task forces and other decision making bodies

Strategies:

1. Identify community groups & organizations that have or should have youth members
2. Empower youth to fill those seats and assist them in doing so
3. Work with community/school groups to assure that youth are involved in decision making roles on an equal footing with adults with full voting responsibilities and privileges

Objective 2.2: Strengthen relationships, support systems and connectivity of youth to their school

Strategies:

1. DCSD has implemented a Drop Out Prevention Program that includes the following:
 - a. Hire a Community Liaison to increase the support a student receives in the Middle/High School
 - b. Work on credit deficits as soon as they are occurring.
 - c. Include an extra hour after school for students to receive support from teachers
 - d. Implement and maintain Saturday School to provide a different environment for students to prevent future credit deficits
 - e. Maintain and expand the Maximum Achievement Program/Alternative High School

- f. Continue with 4th R Health Curriculum
2. Myspace Youth Wellness Center has a peer-tutoring program to encourage high performance in school.

Objective 2.2: Implement programs and practices that enhance and promote youth and adult relationships

Strategies:

1. Maintain and expand Myspace Youth Wellness Center to house more youth/adult activities
2. Maintain regular annual Culture Camp/Youth Summer Services – increasing the number of activities and volunteers
3. Support volunteers/mentors who keep the Open Gym and Christian Youth Center accessible

Objective 2.3: Recognize and support opportunities for youth working as change agents to improve the conditions of their community and environment and to promote equality and social justice

Strategies:

1. Support efforts to create and maintain youth-led forums, groups, partnerships, etc. where youth identify issues important to them and their community, research and analyze the causes and solutions, learn community organizing and advocacy strategies and develop and carry out action plans to effect change in their own community.
2. Maintain and support youth leadership groups both within the schools and outside.
3. Institute a local ‘Spirit of Youth’ program that recognizes and celebrates the accomplishments of youth in our community.
4. Implement Power of Five Initiative and Award program

Principle III: Dillingham has community-wide expectations and norms that promote equality and peace.

Objective 3.1: Institute a multi-media prevention/promotion education campaign through newspaper articles, agency newsletters, radio & TV programming & advertising to promote the community norms that are positive protective factors

Strategies:

1. Identify youth and adults who are willing and able to act as spokesperson in public forums and those who can and will write articles, newspaper columns and other publications, persons expert in information technologies, and artists able to work with youth and adults in multi-media fields
2. Continue to create and maintain visible works of art that communicate and support positive protective factors (i.e. community mural projects)

Objective 3.2: Enhance and support the active participation and leadership of indigenous people, tribes, and tribal groups that promote cultural competence and identity.

Strategies:

1. Provide cultural/historical orientation for all new residents/workers
2. Continue/expand radio programs such as “Native Tales” and “Yupik Work For the Day”
3. Provide support and actively participate in community Wellness Conferences and other indigenous led celebrations and community events

Objective 3.3: Provide programs & practices that recognize and promote positive protective factors and actions by people/groups that support non-violence, wellness, equality & peace

Strategies:

1. Develop & promote a community “Welcome Wagon” program where new residents are actively sought out and given opportunities/invited to participate in community
2. Maintain the “New Fish in the Sea” and a regular annual community event
3. Provide process to actively register voters and to maintain current registration & eligibility
4. Establish a “Volunteer/Community Activist of the month” bulletin board in a public place posting pictures and short bio’s of people recognized for the community work
5. Form a data mine of prevention information regarding specific topics such as suicide, sexual assaults, FASD, interpersonal violence, teen dating violence, etc.

Objective 3.4: Governing bodies, leadership groups & agencies develop and adopt resolutions/ordinances/mission and/or vision statements clearly expressing the expected norms of equality, non-violence, peace, cultural competency and social justice

Principle IV: Dillingham has a physical environment that promotes connectivity, community health and wellness

Objective 4.1: Community members actively participate in the city planning process including development of the downtown streets project and environmental enhancements that are sustainable, progressive & far-sighted

Strategies:

1. Solicit a wide variety of residents to provide at least two years of ‘community service’ in the form of active participation in the City planning commission
2. Assure that planning for the Downtown City Streets Project and similar programs incorporate environmental changes and designs that promote physical activity and interactive community and social events.

Objective 4.2: Develop and implement community gardening, parks and recreation enhancements, and organized subsistence activities (berry picking, fishing etc.) to support those without the individual means to participate

Objective 4.3: Promote community wide participation and efforts to enhance the beauty and esthetic qualities of our town (planter boxes, banners, community mural project, etc.)

Objective 4.4: Governing bodies, agencies, businesses, public & private facilities will promote and adopt energy efficient, low impact, renewable resource based energy policies and practices.

Objective 4.5: Governing bodies, agencies, businesses, public & private facilities will promote and adopt services and resources that support/enhance physical health and wellness

Strategies:

1. Establish a place/facility and physical support for a regular weekly Farmer’s Market in the summer months
2. Support/expand the Food Bank including regular solicitation of donated moose, fish, berries, homegrown vegetables etc.