

**2016-2017 Third Session Lunch Period (Part A)  
February 22nd through April 28<sup>th</sup>, 2017.**

**Monday – Nonna Clementina Deli, 272 Closter Dock Road, Closter, NJ  
(201) 750-7272**

Dates: 2/27, 3/6, 3/20, 3/27, 4/3, 4/17, 4/24 (7 weeks)

Scrambled Eggs and Toast - 7 weeks @ \$3.50 = \$24.50

Chicken Quesadilla with side of sour cream and salsa - 7 weeks @ \$4.50 = \$31.50

Chicken with Vegetable Burger (burgers are made with chicken mixed with celery, red/green peppers, onions, cilantro seasoned and grilled) on a whole wheat bun, side of lettuce and sliced tomatoes - 7 weeks @ \$4.00 = \$28

Chicken with Vegetable Burger with cheese on a whole wheat bun, side of lettuce and sliced tomatoes - 7 weeks @ \$4.50 = \$31.50

Veggie Burger (burgers are made with celery, red/green peppers, onions, cilantro, and cheese) on a whole wheat bun, side of lettuce and sliced tomatoes - 7 weeks @ \$4.00 = \$28.00

Veggie Burger with cheese on a whole wheat bun, side of lettuce and sliced tomatoes - 7 weeks @ \$4.50 = \$31.50

Chicken Pastina Soup (16oz) with large roll - 7 weeks @ \$4.00 = \$28.00

Beef Barley soup (16oz) with large roll - 7 weeks @ \$4.00 = \$28.00

Garden Salad with Chicken - 7 weeks @ \$5.00 = \$35.00

Garden Salad - 7 weeks @ \$3.00 = \$21.00

Carrots and Cucumber sticks with ranch dressing - 7 weeks @ \$2.50 = \$17.50

Side of Seasonal Fruit - 7 weeks @ \$2.25 = \$15.75

Banana - 7 weeks @ \$0.85 = \$5.95

Cheerios and Organic Valley Low Fat Milk - 7 weeks @ \$3.00 = \$21.00

**Tuesdays – TPR, 38 W Railroad Ave, Tenafly, NJ (201) 871-0444  
Sips and Kicks (sipsandkicks@gmail.com)**

Dates: 2/28, 3/7, 3/14, 3/21, 3/28, 4/4, 4/18, 4/25 (8 weeks)

1 Slice of Cheese Pizza - 8 weeks @ \$2.00 = \$16.00

2 Slices of Cheese Pizza - 8 weeks @ \$3.75 = \$30.00

1 Slice of Pepperoni Pizza - 8 weeks @ \$2.50 = \$20.00

2 Slices of Pepperoni Pizza - 8 weeks @ \$4.75 = \$38.00

1 Slice of Pizza w/Broccoli - 8 weeks @ \$2.50 = \$20.00

2 Slices of Pizza w/Broccoli - 8 weeks @ \$4.75 = \$38.00

Pasta Fagioli Soup (16 oz) with bread – 8 weeks @ \$4.25 = \$29.75

Side Caesar salad - 8 weeks @ \$3.00 = \$24.00

Side of Steamed Broccoli – 8 weeks @ \$1.05 = \$8.40

Cheerios and Organic Valley Low Fat Milk - 8 weeks @ \$3.00 = \$24.00

Smoothie (8oz) – Tropical Flurry (Strawberry, Carrot, Mango, Pineapple, Banana) – 8 weeks @ \$3.75 = \$30.00

**Wednesday – Ray’s Traditional Pizza, 28 Union Ave, Cresskill, NJ (201) 266-6660**  
**Sips and Kicks (sipsandkicks@gmail.com)**

Dates: 2/22, 3/1, 3/8, 3/15, 3/22, 3/29, 4/5, 4/19, 4/26 (9 weeks)

Penne with Butter (bread and parmesan on the side) – 9 weeks @ \$5.00 = \$45.00  
Penne with Marinara Sauce (bread and parmesan on the side) – 9 weeks @ \$5.00 = \$45.00  
Spaghetti with Meatballs (bread and parmesan on the side) – 9 weeks @ \$5.50 = \$49.50  
Baked Ziti (bread and parmesan on the side) – 9 weeks @ \$5.75 = \$51.75  
Tuna sub on whole wheat bread with sliced tomatoes/cucumbers on the side  
    3” Sub – 9 weeks @ \$4.50 = \$40.50  
    6” Sub – 9 weeks @ \$5.00 = \$45.00  
Grilled Chicken sub on whole wheat bread with sliced tomatoes/cucumbers on the side  
    3” Sub – 9 weeks @ \$4.00 = \$36.00  
    6” Sub – 9 weeks @ \$4.50 = \$40.50  
Minestrone Soup (12 oz) with a large roll – 9 weeks @ \$4.75 = \$42.75  
Side salad (lettuce, tomatoes, cucumbers) – 9 weeks @ \$3.25 = \$29.25  
Cheerios and Organic Valley Low Fat Milk - 9 weeks @ \$3.00 = \$27.00  
Smoothie (8oz) – Blueberry Blizzard (Apple, Blueberry, Beet, Banana) – 9 weeks @ \$3.75 = \$33.75

**Thursday – Eastern Kitchen, 280 Closter Dock Rd, Closter, NJ (201) 784-8433**  
**Sips and Kicks (sipsandkicks@gmail.com)**

Dates: 2/23, 3/2, 3/9, 3/16, 3/30, 4/6, 4/20, 4/27 (8 weeks)

Chicken Teriyaki & Vegetables (onions and peppers) over White Rice – 8 weeks @ \$5.00 = \$40.00  
Bulgogi and Vegetables (carrots, onions and green onions) over White Rice – 8 weeks @ \$5.25 = \$42.00  
California roll (imitation crab meat, avocado, cucumber wrapped in rice and seaweed) 8pcs - 8 weeks @ \$5.00 = \$40.00  
Avocado and Cucumber roll, 8pcs - 8 weeks @ \$5.00 = \$40.00  
Kimbab roll (imitation crab meat, fish cake, carrots, green beans, and egg wrapped in rice and seaweed) 12 pcs – 8 weeks @ \$6.00 = \$48.00  
Side order of Edamame 8 weeks @ \$2.50 = \$20.00  
Side order of Miso Soup (16 oz) – 8 weeks @ \$1.75 = \$14.00  
Side order of White Rice – 8 weeks @ \$1.50 = \$12.00  
Cheerios and Organic Valley Low Fat Milk - 8 weeks @ \$3.00 = \$24.00  
Smoothie (8oz) – Polar Pear (Pear, Pineapple, Kale, Banana) – 8 weeks @ \$3.75 = \$30.00

**Friday – Fresh Eats (Fresheats4U@gmail.com)**

Dates: 2/24, 3/3, 3/10, 3/17, 3/31, 4/7, 4/21, 4/28 (8 weeks)

BBQ Chicken Sub (Antibiotic and hormone free, locally sourced chicken slow cooked with carrots, red peppers and diced tomatoes with BBQ sauce on a 5" hero roll) – 8 weeks @ \$5.95 = \$47.60

Chicken Empanada (Antibiotic and hormone free, locally sourced chicken, carrots, garlic, onions, red peppers and diced tomatoes)

1 Empanada – 8 weeks @ \$4.50 = \$36.00

2 Empanadas – 8 weeks @ \$5.75 = \$46.00

Baked Chicken Fingers (3 pcs) with Rice and Vegetables – 8 weeks @ \$6.10 = \$48.80

Mac-N-Cheese (steamed cauliflower, yellow squash, blended with three cheeses) – 8 weeks @ \$5.15 = \$41.20

Vegetarian Burrito (Black bean, corn, onion, rice, spinach, tomato, cheese) – 8 weeks @ \$5.65 = \$45.20

Side salad with Balsamic Dressing – 8 weeks @ \$1.50 = \$12.00

Side of Seasonal Fruit – 8 weeks @ \$2.50 = \$20.00

Cheerios and Organic Valley Low Fat Milk - 8 weeks @ \$3.00 = \$24.00