

## Basic Water First Responder (BWFR)

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This 8-10 hour course is designed for response teams who work around lakes, ponds, or other non-flowing water. The class consists of 4 hours of classroom instruction and 4 hours of in-water practice. During the water portion students learn such things as:

- basic rescue
- self-rescue
- shore-based aquatic rescue using generally accepted "reach & throw" techniques
- in-water self-rescue and safety techniques and the application of water rescue techniques using commonly available fire service equipment
- basic water-related medical emergencies, and how to deal with them, including near-drowning, hypothermia, and cervical spine injuries
- basic boat-based rescue concerns and techniques

Please note: While this class meets the NFPA requirements for the awareness level, it goes well beyond the scope of the awareness level by teaching students self-rescue and in-water rescue techniques. It is up to the Authority Having Jurisdiction to decide whether or not personnel may perform these skills during water incidents.

Standard:	NFPA 1670 Awareness (Water & Rope)
Prerequisites:	Basic swimming ability
Equipment:	Type III- V PFD, water rescue helmet, water shoes, water rescue Gloves, thermal protection (wetsuit/dry suit) if water conditions warrant.
Tuition:	\$190