

Cedars Frostbite Half Marathon

February 6, 2021

Cedars of Lebanon State Park, TN

Frostbite Running Club

326 Finishers. Vickie Spickard, Race Director

Place	Bib	First	Last Name	Age	Home Town (TN)	Overall	Time
Winner	10	Brad	Averitt	33	Clarksville	1	1:17:45
Winner	688	Kiera	Woodman	25	Clarksville	8	1:23:35
F 13-19							
1	7	Ginny	Archie	14	Greenfield	58	1:43:55
2	660	Marissa	Walker	14	Morrison	167	2:10:04
3	289	Abby	Hix	16	Monroe	184	2:12:53
F 20-24							
1	99	Ashley	Evans	24	Nashville	29	1:34:35
2	679	Trinity	Wiles	23	Powell OH	31	1:36:35
3	397	Alison	Peters	24	Nashville	119	1:58:28
4	692	Haley	Zapolski	24	Nashville	165	2:09:54
5	37	Alex	Britt	24	Lebanon	221	2:24:25
6	35	Kylie	Bray	21	Bowling Green KY	241	2:34:33
7	677	Audrey	Wiles	20	Bowling Green KY	250	2:38:29
F 25-29							
1	58	Cassie	Chidester	25	Nashville	50	1:42:42
2	320	Elissa	Ledoux	29	Antioch	91	1:52:43
3	178	Camille	Floyd	29	Nashville	93	1:53:15
4	273	Tal	Gurevich	29	Nashville	102	1:54:50
5	651	Meagan	Tyler	29	Nashville	143	2:04:14
6	301	Melissa	Jackson	29	Nashville	244	2:34:48
7	193	Rachel	Gleason	27	Smyrna	254	2:40:38
8	175	Kara	Ferguson	26	Hermitage	255	2:43:37
9	339	Aikorkem	Matthews	26	Nashville	270	2:51:00
10	98	Lindsey	Espe	27	Nashville	276	2:51:21
F 30-34							
1	97	Amanda	Erickson	30	Kingston Springs	28	1:34:06
2	293	Nicole	Hosford	32	Paris	47	1:41:59
3	362	Kara	Molitor	34	Antioch	63	1:44:58
4	680	Ruth	Wilkins	32	Nolensville	75	1:47:36
5	634	Amanda	Stewart	33	Gallatin	81	1:50:52
6	171	Katey	Fadler	33	Antioch	89	1:52:20
7	326	Lindsey	Lizzio	31	Antioch	120	1:58:32
8	691	Whitney	Young	31	Murfreesboro	130	2:01:01

9	382	Abra	Osorio	32	Lebanon	156	2:07:59
10	685	Robin	Winkler	34	Brentwood	173	2:10:46
11	284	Niki	Hensley	34	Murfreesboro	175	2:11:24
12	54	Katherine	Carle	33	Nashville	222	2:24:40
13	384	Sarah	Parker	33	Chattanooga	227	2:27:25
14	325	Emily	Lewis	32	Chattanooga	228	2:27:26
15	183	Tori	Gallagher	30	Nashville	233	2:29:20
16	378	Kathleen	O'brien	33	Nashville	234	2:29:21
17	174	Rebekah	Feezell	30	Anioch	240	2:33:28
18	366	Amanda	Morris	32	Nashville	243	2:34:46
19	584	Jinnine	Qualman	32	Brentwood	317	3:43:04

F 35-39

1	194	Kim	Goin	35	Hendersonville	12	1:28:33
2	307	Margaret	Jones	37	Nashville	20	1:31:13
3	71	Lindsay	Cox	38	Smyrna	38	1:38:34
4	595	Elizabeth	Rose	35	Nashville	60	1:44:19
5	271	Carole	Gross	39	Gallatin	67	1:45:43
6	662	Amy	Walworth	39	Lafayette	69	1:46:27
7	388	Ginny	Patterson	39	Lebanon	71	1:46:48
8	606	Katrina	Schenk	38	Shelbyville	77	1:49:22
9	628	Leslie	South	37	Nashville	83	1:50:58
10	29	Christine	Blundred	39	Spring Hill	99	1:54:27
11	398	Kelly	Peters	35	Mount Juliet	103	1:55:21
12	197	Katherine	Goodwin	38	Clarksville	112	1:57:35
13	46	Erin	Burke	35	Murfreesboro	117	1:58:04
14	78	Amber	Dewig	36	Murfreesboro	133	2:02:20
15	57	Amber	Cheeves	39	Murfreesboro	135	2:02:57
16	5	Emily	Alsup	36	Hendersonville	177	2:11:50
17	310	Jessica	Kelley	39	Gallatin	178	2:11:50
18	28	Brianna	Block	39	Nashville	191	2:14:31
19	83	Candice	Doolan	38	Knoxville	202	2:17:27
211	583	Katherine	Price	36	Old Hickory	211	2:20:25
219	658	Julie	Viruez	36	Clarksville	219	2:23:52
220	683	Amanda	Williams	39	Madison AL	220	2:24:08
242	690	Teren	Yarbrough	35	Clarksville	242	2:34:40
249	664	Jennifer	Watwood	39	Ohatchee AL	249	2:38:15
256	349	Maggie	Mclean	39	Gallatin	256	2:43:54
257	61	Molly	Cline	38	Watertown	257	2:44:02
260	345	Tiffany	Mcginis	35	Nashville	260	2:47:26
271	340	Emily	Mcburney	35	Mt Juliet	271	2:51:00
277	665	Kandice	Way	38	Mount Juliet	277	2:51:21
286	626	Cynthia	Snow	38	Dowelltown	286	2:58:19
288	316	Maria	Knight	35	Joelton	288	2:58:20

F 40-44

1	282	Mahlon	Hellman	44	Hendersonville	13	1:29:05
2	635	Joanna	Stollings	41	Nashville	43	1:39:54
3	315	Andrea	Klint	42	Nolensville	45	1:41:04
4	297	Christa	Hughes	41	Mount Juliet	61	1:44:44
5	332	Katie	Maehlmann	43	Madison AL	74	1:47:05
6	622	Kristina	Smith	40	Hendersonville	84	1:51:09
7	280	Lindsay	Hawkins	41	Mount Juliet	108	1:57:08
8	587	Jane	Reneau	41	Madison AL	114	1:57:46
9	177	Cheryl	Fitts	42	Athens AL	128	2:00:54
10	334	Brandi	Mangan	43	Clarksville	131	2:01:37
11	594	Abby	Robinson	41	Murfreesboro	141	2:03:54
12	277	Kerry	Hartley	43	Hendersonville	145	2:04:24
13	652	Rachel	Underwood	42	Mount Juliet	158	2:08:25
14	611	Sarah	Shearer	43	Nashville	164	2:09:54
15	59	Jenny	Christian	41	Mount Juliet	168	2:10:14
16	645	Amanda	Tipton	43	Kingsport	170	2:10:23
17	305	Heather	Jensen	43	Hermitage	180	2:12:30
18	94	Donica	Elliott	41	Nashville	192	2:14:32
19	642	Deanna	Thomas	40	Franklin	200	2:16:39
20	3	Ann Marie	Akers	40	Hendersonville	205	2:18:37
21	308	Belinda	Kabore	43	Nashville	208	2:19:38
22	604	Raquel	Sandoval	42	Smyrna	218	2:23:34
23	591	Jill	Rider	41	Nashville	225	2:25:11
24	381	Breanne	Osborne	42	Murfreesboro	231	2:28:17
25	331	Amy	Madden	42	Clarksville	248	2:37:54
26	673	Mindy	White	41	Dowelltown	263	2:49:56
27	290	Karen	Hooper	43	Brentwood	266	2:50:42
28	337	Rachael	Manwaring	42	Murfreesboro	269	2:51:00
29	593	Jamie	Robb	42	Lebanon	275	2:51:00
30	663	Adriana	Watt	43	Antioch	282	2:56:08
31	173	Sabrina	Farler	43	Dowelltown	287	2:58:19
32	68	Karen	Cooper	41	Murfreesboro	301	3:13:16

F 45-49

1	632	Jill	Stansell	48	Hendersonville	44	1:40:54
2	16	Dorothy	Baynham	45	Clarksville	148	2:05:45
3	48	Angela	Burnside	45	Hendersonville	149	2:06:07
4	589	Jenny	Reynolds	48	Tullahoma	166	2:10:01
5	596	Vail	Ross	46	Nashville	188	2:13:43
6	91	Heather	Earls	48	Old Hickory	215	2:22:02
7	669	Christal	Wells	46	Sevierville	230	2:28:14
8	80	Connie	Dixon	45	Gallatin	246	2:35:15
9	592	Joanne	Ring	48	Columbia	247	2:37:20
10	306	Jill	Johnson	46	Medon	261	2:48:54

11	34	Shannon	Brawner	49	Westmoreland	291	2:59:15
12	338	Imelda	Maronde	45	Clarksville	306	3:25:24
13	376	Cathleen	North	49	Smyrna	313	3:36:21

F 50-54

1	64	Billy's	Coach	50	Hendersonville	87	1:52:12
2	195	Ellen	Gooden	51	Brentwood	127	2:00:47
3	393	Lena	Pedigo	54	Madison	159	2:08:32
4	323	Shannon	Lester	50	Murfreesboro	161	2:09:48
5	375	Patty	Norem	53	Franklin	179	2:12:16
6	198	Laura	Goodwin	50	Hermitage	183	2:12:52
7	72	Lisa	Crawford	50	Smyrna	195	2:15:46
8	50	Patsy	Cantor	50	Jonesborough	213	2:21:47
9	355	Hilary	Miller	51	Murfreesboro	232	2:28:18
10	8	Belinda	Atchley	50	Taft	245	2:35:06
11	11	Caitlin	Babin	52	Clarksville	251	2:39:02
12	667	Barbara	Weller	53	Mcminnville	253	2:39:11
13	361	Julia	Moffitt	50	Clarksville	272	2:51:00
14	586	Anita	Ray	51	Lascassas	274	2:51:00
15	394	Dana	Pennington	50	Ypsilanti MI	289	2:58:27
16	95	Pamela	Elliott	50	Christiana	298	3:10:15
17	603	Wendy	Salyers	54	Hermitage	303	3:14:32
18	641	Christine	Tennyson	51	Murfreesboro	312	3:36:21
19	321	Gina	Lennon	52	Murfreesboro	DNF	Started
20	582	Nathalie	Poster	53	Brentwood	DNF	Started

F 55-59

1	365	Jennifer	Moore	59	Maryville	118	1:58:17
2	63	Shelley	Cloutier	58	Watertown	139	2:03:39
3	358	Rebecca	Mitchell	58	Smyrna	153	2:06:53
4	681	Chris	Williams	56	Nashville	182	2:12:50
5	30	Kristina	Bobell	56	Murfreesboro	194	2:15:39
6	93	Bonnie	Elam	56	Mc Kenzie	197	2:16:00
7	350	Susan	Methvin	59	Loretto	204	2:17:59
8	391	Kim	Paulus	58	Nashville	207	2:19:35
9	352	Jullie	Meyer	57	Murfreesboro	229	2:28:14
10	607	Melissa	Sears	58	Brentwood	283	2:56:09
11	300	Anja	Izban	56	Nolensville	284	2:56:10
12	621	Joannie	Smalling	55	Portland	292	2:59:15
13	18	Carlene	Beasley	57	Murfreesboro	300	3:12:54
14	380	LaVon	Orput	56	Smyrna	308	3:27:56
15	185	Dorothy	Galloway	58	Woodlawn	319	3:51:58
16	24	Susan	Billings	59	Clarksville	DNF	Started

F 60-64

1	623	Sherry	Smith	60	Mc Kenzie	152	2:06:50
2	386	Renee	Parsons	60	Smyrna	187	2:13:13
3	639	Diane	Taylor	64	Seymour	262	2:49:02
4	613	Reina	Sheffield	63	Smyrna	295	3:04:26
5	601	Wendy	Sadler	61	Rockvale	307	3:27:56
6	1	Christine	Aalderink	61	Brentwood	315	3:42:47
7	585	Laura	Qualman	62	Brentwood	316	3:42:56
8	620	Jan	Sloan	64	Brentwood	318	3:43:09

F 65-69

1	56	Frankie	Cashion	65	Smyrna	299	3:12:54
2	625	Carla	Snodgrass	68	White House	305	3:15:19

F 70-74

1	346	Erin	Mcguire	70	Huntsville AL	279	2:52:42
2	40	Doris	Brown	72	Cookeville	296	3:04:50

F 75-79

1	661	Amelia	Wallace	79	Clarksville	281	2:52:57
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M 10-12

1	87	Caleb	Duncan	11	Maryville	190	2:14:18
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M 13-19

1	291	Brock	Horton	17	Franklin	6	1:21:56
2	389	Kaydan	Patterson	16	Jackson	17	1:30:33
3	294	Slayden	Hosford	13	Paris	49	1:42:38
4	333	Nate	Maehlmann	14	Madison AL	65	1:45:01
5	4	Sean T.	Alexander	18	Nashville	85	1:51:40
6	84	Ethan	Dredge	18	Lebanon	124	2:00:02
7	278	Jude	Hassell	18	Lebanon	146	2:04:59
8	336	Carter	Manwaring	16	Murfreesboro	212	2:21:29
9	189	William	Gibson	14	Sneedville	235	2:29:31

M 20-24

1	364	Cameron	Moore	20	Franklin	2	1:18:04
2	598	Christian	Rowe	24	Hendersonville	5	1:19:48
3	609	Alejandro	Seg.-Carrillo	21	Bradyville	22	1:32:16
4	298	Devon	Hughes	24	Nashville	66	1:45:07
5	654	Benito	Valero	20	Bowling Green KY	104	1:55:32
6	188	Patrick	Gibson	23	Thorn Hill	150	2:06:18
7	682	Malcolm	Williams	21	Nashville	169	2:10:15
8	49	Tanner	Calonge	23	Hendersonville	209	2:20:17

M 25-29

1	304	Matt	Jenkins	27	Nashville	3	1:18:28
2	590	Benny	Richardson	25	Brentwood	23	1:32:35
3	96	Josh	Erhard	29	Franklin	24	1:32:38
4	684	William	Wilson	29	Nashville	32	1:36:49
5	317	Travis	Lanier	28	Hermitage	42	1:39:52
6	371	Victor	Nachmann	28	Nashville	55	1:42:54
7	327	Christian	Lomax	29	Cookeville	82	1:50:56
8	900	William	Brown	26	Gallatin	88	1:52:12
9	53	Christian	Carle	29	Nashville	265	2:50:32

M 30-34

1	395	Gabriel	Perez	30	Nashville	18	1:30:34
2	353	Andy	Michael	32	Nolensville	25	1:33:01
3	324	Drew	Lewis	32	Lebanon	30	1:35:33
4	368	Raymond	Morrow	33	Waynesboro	76	1:49:14
5	199	Nicholas	Graves	34	Murfreesboro	78	1:49:27
6	367	Joshua	Morris	33	Baxter	79	1:49:48
7	312	Andy	Kidd	34	Nashville	96	1:54:02
8	13	Derrick	Baker	34	Estill Springs	100	1:54:31
9	292	Jay	Hosford	33	Paris	113	1:57:36
10	887	Charlie	Byrd	33	Murfreesboro	123	1:59:53
11	285	Brandon	Henthorn	33	Murfreesboro	129	2:00:58
12	67	Ben	Conrady	30	Nashville	134	2:02:21
13	615	Paul	Simmons	31	Birmingham AL	144	2:04:24
14	6	Max	Amoss	34	Alexandria	172	2:10:44
15	281	Jordan	Hayes	31	Antioch	189	2:14:14
16	66	Taylor	Conradi	33	Old Hickory	198	2:16:06
17	351	William	Methvin	33	Nashville	203	2:17:59

M 35-39

1	686	Andrew	Wisniewski	38	Antioch	10	1:25:35
2	85	Matthew	Drewes	39	Nashville	37	1:38:21
3	9	Sam	Atwood	35	Bowling Green KY	40	1:39:24
4	640	Michael	Teague	35	Nashville	72	1:46:48
5	42	John	Browning	37	Lebanon	80	1:50:29
6	363	Todd	Montgomery	39	Hohenwald	94	1:53:25
7	309	Don	Keen	39	Kingsport	95	1:53:28
8	335	Jeremy	Mangan	39	Clarksville	97	1:54:17
9	383	Hal	Parker	37	Chattanooga	98	1:54:20
10	311	Brian	Kennedy	38	Louisville	121	1:59:10
11	693	Steve	Wing	37	Springfield	126	2:00:21
12	344	Wilson	Mccoy	37	Lebanon	155	2:07:51
13	89	Andrew	Duncan	39	Bethel Springs	268	2:51:00
14	88	Zachary	Duncan	35	Maryville	294	3:02:01

M 40-44

1	610	Kazufumi	Seki	40	Murfreesboro	4	1:19:00
2	43	Zach	Bryant	40	Franklin	7	1:23:19
3	328	Jason	Long	42	Readyville	15	1:29:36
4	21	Kelly	Bellar	42	Chattanooga	16	1:29:37
5	45	Chad	Burgess	43	Lebanon	35	1:37:59
6	695	Alfredo	Cardenas	42	Hermitage	46	1:41:49
7	12	Chris	Bain	41	Christiana	48	1:42:05
8	179	Dan	Follmer	44	Mount Juliet	51	1:42:43
9	26	Blake	Bivens	40	Nolensville	54	1:42:47
10	81	Chris	Dohnal	44	Smyrna	56	1:43:21
11	92	Will	Eells	40	Murfreesboro	64	1:44:59
12	62	Wes	Cline	44	Watertown	68	1:45:58
13	60	Josh	Clendenin	44	Mount Juliet	106	1:56:34
14	90	James	Dyer	44	Smryna	115	1:57:53
15	588	Jason	Reusch	44	Nashville	142	2:04:09
16	637	Jim	Tapp	41	Winchester	174	2:10:52
17	41	Stephen	Brown	41	Lebanon	196	2:15:52
18	668	Britton	Wells	40	Hendersonville	259	2:46:50
19	672	James	White	40	Dowelltown	264	2:49:56
20	392	Ezra	Pearson	41	Lascassas	273	2:51:00
21	17	Kim	Bean	41	Christiana	302	3:13:40

M 45-49

1	619	Will	Slaney	49	Hendersonville	11	1:28:17
2	319	Kevin	Laury	48	Murfreesboro	27	1:34:00
3	356	William	Millsaps	49	Murfreesboro	33	1:36:57
4	890	Jeff	Moshinsky	48	Lebanon	53	1:42:45
5	77	Timmy	Derusha	49	Gallatin	101	1:54:43
6	274	Kevin	Hale	46	Murfreesboro	107	1:56:36
7	343	Joel	Mccauley	46	Murfreesboro	125	2:00:19
8	644	Jimmy	Tidwell	45	Columbia	185	2:12:54
9	599	Paul	Ruff	48	Nashville	193	2:15:33
10	295	Douglas	Howard	45	Knoxville	201	2:17:07
11	15	Corey	Baynham	45	Clarksville	206	2:19:10
12	32	David	Bradshaw	46	Hopkinsville KY	237	2:31:47
13	184	Gary	Gallion	48	Old Hickory	238	2:33:08
14	176	Matthew	Ferrier	47	Clarksville	314	3:39:35
15	303	Jamie	Jenkins	46	Mt. Juliet	DNF	Started
16	700	Robert	Brodsky	49	Clarksville	DNF	Started

M 50-54

1	172	Scott	Fanning	50	Nashville	9	1:24:50
2	33	Roger	Brady	53	Murfreesboro	34	1:37:03
3	616	Tim	Siscoe	53	Nashville	57	1:43:39

4	31	John	Bradford	53	Nashville	62	1:44:48
5	630	Dave	Stacey	52	Brentwood	90	1:52:27
6	678	Kevin	Wiles	50	Bowling Green KY	109	1:57:15
7	76	Tony	Dedman	54	Lebanon	116	1:57:58
8	602	Jeff	Salyers	52	Hermitage	137	2:03:29
9	19	Tom	Beasley	50	Franklin	138	2:03:37
10	70	Brad	Cowan	53	Murfreesboro	147	2:05:02
11	27	Doug	Blackmon	51	Murfreesboro	160	2:09:33
12	650	Ron	Tutt	54	Nashville	162	2:09:53
13	671	Scott	Wernert	52	Columbia	163	2:09:53
14	75	Steven	Davenport	51	Hermitage	199	2:16:09
15	51	Rob	Cantor	51	Jonesborough	214	2:21:49
16	190	Willis	Gibson	52	Sneedville	226	2:25:14
17	200	Dennis	Green	52	Lawrenceburg	236	2:30:13
18	79	Tim	Dewitt	53	Lavergne	239	2:33:27
19	687	Daniel	Wolfram	52	Chattanooga	258	2:45:16
20	86	Curtis	Driver	50	Clarksville	267	2:51:00

M 55-59

1	697	Phil	Young	58	Murfreesboro	14	1:29:22
2	44	Brent	Bueche	59	Maryville	21	1:32:12
3	38	Bill	Brown	57	Nashville	41	1:39:38
4	330	Francis	Maclaughlin	55	Franklin	52	1:42:44
5	891	Steve	Wich	57	Murfreesboro	59	1:44:16
6	597	Daniel	Roszkowski	55	Lebanon	111	1:57:34
7	25	Wes	Birkey	56	Murfreesboro	154	2:07:36
8	653	Robert	Underwood	56	Lexington KY	176	2:11:42
9	288	Donal	Hinely	57	Springfield	181	2:12:50
10	299	Paul	Hunt	56	Lascassas	210	2:20:18
11	694	Donald	Kohanski	55	Hermitage	217	2:23:24
12	638	Craig	Taylor	57	Nolensville	223	2:24:40
13	666	A.B.	Webb	55	Brownsville KY	224	2:25:08
14	689	Randy	Woodward	55	Smyrna	252	2:39:09

M 60-64

1	624	Dan	Smithhisler	64	Mount Juliet	19	1:30:50
2	636	Jeff	Stracener	64	Soddy Daisy	26	1:33:17
3	374	Dan	Norem	61	Franklin	36	1:38:06
4	322	Kurt	Lenser	62	Franklin	39	1:38:43
5	400	Albert	Piccirillo	64	Murfreesboro	70	1:46:33
6	74	Jeff	Dalzell	64	Nashville	73	1:47:00
7	182	Jimmy	Fryer	61	Mt. Juliet	92	1:53:05
8	655	Dale	Vanhooser	62	Spring Hill	105	1:55:46
9	313	Sung-Nam	Kim	63	Franklin	122	1:59:38
10	275	Timothy	Halls	64	Columbia	136	2:03:00

11	643	Chris	Thompson	63	Nashville	151	2:06:47
12	385	Andy	Parrish	61	Nashville	216	2:23:14
13	302	Bob	Jared	64	Lynchburg	278	2:52:13
14	608	Rick	Sears	60	Brentwood	293	2:59:44
15	612	Kenneth	Sheffield	60	Smyrna	309	3:32:21

M 65-69

1	73	Danny	Crossett	65	Jackson	86	1:52:06
2	892	Dennis	Falconberry	67	Nashville	110	1:57:29
3	100	Paul	Evans	66	Jackson	132	2:01:54
4	659	Paul	Vondohlen	68	Ashland City	157	2:08:10
5	296	Randy	Hudgins	68	Nashville	186	2:13:06
6	286	Roy	Herron	67	Dresden	285	2:58:17
7	272	Richard	Gross	68	Lascassas	290	2:58:39
8	357	Philip	Min	65	Mount Olive AL	297	3:08:28

M 60-74

1	670	Mike	Wells	73	Madisonville KY	140	2:03:47
2	390	James	Paulus	72	Nashville	280	2:52:44
3	646	Andrew	Tolley	74	White House	304	3:15:19
4	23	William	Bilbrey	71	Dickson	311	3:35:20

M 75-79

1	581	Robert	Pierce	76	Readyville	310	3:34:56
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M 80+

1	65	Carlos	Cobos	81	Hermitage	171	2:10:28
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Timing and results by Melissa Miller, A Matter of Timing