





January 2019

Monday-Thursday 8am-4pm Friday 8am-1pm
 www.mcminnseniors.com FB:mcminn senior activity center
 205 McMinn Ave. | Athens, TN 37303
 423-745-6830 | mcminnsenior@comcast.net

Weekly Events: Maneuvers & Billiards: Daily | Crocheting, Knitting: Tues 1pm | Rook: Tues 12pm | Canasta: Wed 12pm
Pinochle: Thurs 12pm | Duplicate Bridge: Thurs 1pm
Shuffleboard/horseshoes/pool tournaments begin at 9:30 am; you must be signed up by 9:15am to qualify to play.
 Events/Dates/Programs/Sponsors are subject to change. Effective Jan 1, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
 Crack the Safe WIN the Prizes See flyer for details.	<p>1.</p> <p style="text-align: center;">Closed Happy New Year!!</p>	<p>2.</p> <p>9:00 BP/BS- STARR 10:00 Bingo/ Eagle Home Care 11:20 Lunch w/Friends **Athens Place** 2:00 NO Yoga 4:00 Pickleball (AMS)</p>	<p>3.</p> <p>11:20 Lunch w/Bateman 12:00 Wii Bowling 3:00 Chess Club</p>	<p>4.</p> <p>9:30 NO Dance/Jam Session 11:20 Lunch w/Bateman 11:30 NO Yoga 7pm-9pm Friday Night Dance</p> <p style="text-align: center;">Members--First Friday Free Coffee</p>
<p>7.</p> <p>10:00 Bingo/Hospice of Chatt 11:20 Lunch w/Friends **Grace Healthcare** 2:00 Yoga 3:00 Tai Chi 7:00 Band/Dance</p>	<p>8.</p> <p>9:00 BP/ Guardian Home Health 9:00 Quilting 9:00 Sassy Steps – Walking 10:00 Choir 11:20 Lunch w/Friends **Ascension Life Church**</p>	<p>9.</p> <p>10:00 Bingo/ Athens Lutheran Church 11:20 Lunch w/Friends **Athens Lutheran Church** 2:00 Yoga 3:00 Tai Chi 4:00 Pickleball (AMS)</p>	<p>10.</p> <p>11:20 Lunch w/Bateman 12:00 Wii Bowling 3:00 Chess Club</p>	<p>11.</p> <p>9:00-9:30 Bible Study with Todd Cox/Conf Room 9:30 Dance/Jam Session 11:20 Lunch w/Bateman 11:30 Yoga 7pm-9pm Friday Night Dance</p>
<p>14.</p> <p>9:00- First Tn Bank- Financial 10:00 Bingo/Avalon 11:20 Lunch w/Friends 2:00 Yoga 3:00 Tai Chi 7:00 Band/Dance **Covered Dish**</p>	<p>15.</p> <p>9:00 BP/NHC Home Care 9:00 Quilting 9:00 Sassy Steps – Walking 10:00 Choir 11:20 Lunch w/Friends **Marshall Hill Baptist** 1:00 Trip Meeting/Margaret</p>	<p>16.</p> <p>9:00 Wellness Wednesday/Starr 10:00 Bingo/ Amedisys 11.20 Lunch w/Friends ** Starr Regional** 2:00 Yoga 3:00 Tai Chi 4:00 Pickleball (AMS)</p>	<p>17.</p> <p>9:00- Donuts with Dominion 9:00 Greenspaces-Energy Program *Sign-up in office for gift box 9:30 Pool Tournament 11:20 Lunch w/Bateman 3:00 Chess Club</p>	<p>18.</p> <p>9:30 Dance/Jam Session 11:20 Lunch w/Bateman 11:30 Yoga 7:00 Friday Night Dance **Finger Foods**</p>

Monday	Tues	Wednesday	Thursday	Friday
<p>21.</p> <p>CLOSED in observance of Martin Luther King Jr. Day</p> <p>7p-9pm Band/Dance</p>	<p>22.</p> <p>9:00 BP/Starr Regional Hosp 9:00 Quilting 9:00 Sassy Steps – Walking 10:00 Choir 11:20 Lunch w/Friends/ **King Audiology**</p>	<p>23.</p> <p>10:00 Bingo/Etowah Healthcare 11:20 Lunch w/Friends **Dominion** 2:00 Yoga 3:00 Tai Chi 4:00 Pickleball (AMS)</p>	<p>24.</p> <p>9:00 Sassy Steps – Walking 9:30 Bingo w/friends bring a prize 11:20 Lunch w/Bateman 12:00 Wii Bowling 3:00 Chess Club</p>	<p>25.</p> <p>9:30 Dance/Jam Session 11:20 Lunch w/Bateman 11:30 Yoga 7pm-9pm Friday Night Dance</p>
<p>28.</p> <p>10:00 Bingo/RES Care 11:20 Lunch w/Friends/Intrepid 2:00 Yoga 3:00 Tai Chi 7:00 Band/Dance</p>	<p>29.</p> <p>9:00 BP/Center 9:00 Quilting 9:00 Sassy Steps – Walking 10:00 Choir 11:20 Lunch w/Friends/ Center</p>	<p>30.</p> <p>10:00 Bingo/Etowah Healthcare 11:20 Lunch w/Friends/Center 2:00 Yoga 3:00 Tai Chi 4:00 Pickleball (AMS)</p>	<p>31.</p> <p>9:00 Sassy Steps – Walking 11:20 Lunch w/Bateman 12:00 Wii Bowling 3:00 Chess Club</p>	 <p>Crack the Safe WIN the Prizes See flyer for details.</p>

NEW EVENTS

Jan 4- MEMBERS
First Friday--FREE Coffee

Jan- M&W @ 3pm-Tai Chi
Call-745-2852 to sign-up
(see flyer)

Jan 15 @ 1pm-Trip Meeting
Attend win chance \$10 off trip

Jan 17-Greenspaces Energy
*First 20 to sign up get a free
energy saving kit.

Jan 21-Closed-MLK Holiday

2019 MEMBERSHIP

Your membership to the Senior Center
is a vital part of continuing the
programs and services offered to
seniors in our community.

Ask about membership card & benefits.

Membership is open to age 50+.

Individual -- \$30

Couple--\$55

(Residing in same household.)

***Thank you for your continued support
of our Senior Center.***

AARP Income Tax Assistance--2019

The 2019 AARP Tax assistance program will
begin in February.

Please be sure to make an appointment in the
front office.

Please see the list of documents that MUST
be brought to your appointment.

This service is provided at
no charge by AARP.

Donations to the Senior Center for this
program are greatly appreciated and
used to continue this and other
programs and services for seniors.