**“Raising Sturdy Kids”**

**1-Day Parenting Retreat presented by: Keith McCurdy**

**Saturday September 22nd, 2018 9:00-4:00**

**(Break at Noon for lunch on your own)**

**Information**

The 1-day retreat will help parents focus on the basics of healthy parenting. Couples and single parents will learn how to approach parenting from the paradigm that most children are “normal” and in need of a common foundation of direction and training. During the 1-day retreat you will receive 6 hours of interactive group consultation and training (No worries: No role-play or power-point presentations).

**Topics covered**

* The difference between “normal” and “abnormal” childhood
* The correct role of emotions
* Understanding “emotional disordering”
* Learning how to allow your child/children to struggle in healthy ways
* Appropriate burdens, responsibilities, and limits for children
* Answering “What is the goal of parenting?”
* What does it really mean to “impress” Truth (Deut 6:7) and “train up” (Pr 22:6) a child?

**To secure your spot:** Contact Total Life Counseling, Inc. at **(540)989-1383**. **Space is limited!**  If you don’t want to miss this unique opportunity, contact us today.

**Cost:** $175 per person **Location:** Faith Christian School