

Coach Glynn Holiday Carnival

Wednesday, December 28, 2023 9:00 A.M.

Ocean Breeze Track Complex, Staten Island, N.Y.

****IMPORTANT MEET INFORMATION****

Welcome to the Coach Glynn Holiday Carnival – We are offering events for your entire team in one meet. ALL Events will have FAT timing.

- 1. In order to enter the meet you MUST fax your PAPER ENTRY in first – Then you will get the password to enter on milesplit. The entire meet will be pre-seeded**
- 2. We can not enter the building until 8:00 A.M. – the first event will start at 9:00 A.M. – Final Check in is at 8:40 AM.**
- 3. The hurdles and dash will be run on the infield while events are on the 200 meter track. 3200 meters runners must be able to run 11:00-Boys – 12:45-Girls – Top 25 only will be accepted.**
4. A NOVICE athlete is one who has not won a VARSITY individual medal in Indoor or Outdoor Track. All individual winners of novice competitions should be moved up to the open division for the next meet. (Let's make the Novice Competition better)
5. You can enter as many individuals and relay teams(**except varsity relays – one team**) as you wish. Please bring your own batons and pins.
6. Awards: Six deep in every event.
7. The Track is a 200 meter Mondo surface. ¼ Spikes only
8. Please advise your athletes when crossing the track that there is a meet going on to avoid problems.
9. Please be advised that this is an **entry fee, not a participation fee**. Entry fee must be paid regardless of participation, since we turn schools away for this meet.
10. Here is the link to the new track facility for directions:

<http://www.nycgovparks.org/parks/ocean-breeze-park>

Questions? – email njbta@aol.com

Entries Due: December 18, 2023

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Staten Island 9:00 A.M.

Order of events:

1. Varsity Boys 3200 m **(25 only)**
2. Varsity Girls 3200 m **(25 only)**
3. Varsity Boys 3200 meter relay
4. Varsity Girls 3200 meter relay
5. Novice Boys 3200 meter relay
6. Novice Girls 3200 meter relay
7. Frosh Boys 3200 meter relay
8. Frosh Girls 3200 meter relay
9. Varsity Boys 800 meter relay
10. Varsity Girls 800 meter relay
11. Novice Boys 800 meter relay
12. Novice Girls 800 meter relay
13. Frosh Boys 800 meter relay
14. Frosh Girls 800 meter relay
15. Varsity Boys 600 meter dash
16. Varsity Girls 600 meter dash
17. Varsity Boys 400 meter dash
18. Varsity Girls 400 meter dash
19. Varsity Boys 200 meter dash
20. Varsity Girls 200 meter dash
21. Novice Boys 200 meter dash
22. Novice Girls 200 meter dash
23. Frosh Boys 200 meter dash
24. Frosh Girls 200 meter dash
25. Varsity Boys 1000 meter run
26. Varsity Girls 1000 meter run
27. Novice Boys 800 meter run
28. Novice Girls 800 meter run
29. Frosh Boys 800 meter run
30. Frosh Girls 800 meter run
31. Varsity Boys 1600 meter relay
32. Varsity Girls 1600 meter relay
33. Novice Boys 1600 meter relay
34. Novice Girls 1600 meter relay
35. Frosh Boys 1600 meter relay
36. Frosh Girls 1600 meter relay

1. Frosh Boys 55 hurdles
2. Novice Boys 55 hurdles
3. Varsity Boys 55 hurdles
4. Frosh Girls 55 hurdles
5. Novice Girls 55 hurdles
6. Varsity Girls 55 hurdles
7. Frosh Boys 55 meter dash
8. Novice Boys 55 meter dash
9. Varsity Boys 55 meter dash
10. Frosh Girls 55 meter dash
11. Novice Girls 55 meter dash
12. Varsity Girls 55 meter dash

Shot Put #1

Varsity Boys
Varsity Girls
Frosh Boys

Shot Put # 2

Novice Girls
Novice Boys
Frosh Girls

High Jump # 1

Varsity Boys(5-6)
Novice Boys(5-0)

High Jump # 2

Varsity Girls(4-6)
Novice Girls(4-0)

Pole Vault # 1

Varsity Boys-10-0
Novice Girls – 6-0

Pole Vault # 2

Varsity Girls – 8-0
Novice Boys – 7-0

Triple Jump

Varsity Girls
Varsity Boys
Novice Girls
Frosh Girls
Novice Boys
Frosh Boys

Long Jump

Varsity Boys
Varsity Girls
Novice Boys
Frosh Boys
Novice Girls
Frosh Girls

2023 Coach Glynn Holiday Carnival Entry Form:**12/28/23**

School _____ Coach's E-mail _____

Coach _____ Cell Phone _____

AD's Fax Number _____

Do NOT enter the names on the entry blank, simply the number of entries in each event.
 Unlimited entries in every event. **(Except Varsity Relays – one per school)**

Event	Open Boys	Open Girls	Novice Boys	Novice Girls	Frosh Boys	Frosh Girls
55 meter hurdles						
55 meter dash						
200 meter dash						
400 meter dash			XXXXXXXX	XXXXX	XXXXXX	XXXX
600 meter dash			XXXXXXXX	XXXXX	XXXXXX	XXXXXXXX
800 meter run	XXXXXX	XXXXXXXX				
1000 meter run			XXXXXXXX	XXXXX	XXXXXX	XXXXXXXX
3200 meter run Boys 11:00 Top 25 Girls 13:00			XXXXXXXX	XXXXX	XXXXXX	XXXXXXXX
800 meter relay						
1600 meter relay						
3200 meter relay						
Shot Put						
Pole Vault					XXXXX	XXXXXX
High Jump					XXXXX	XXXXXX
Long Jump						
Triple Jump						

Entries Close: **December 18, 2023**

Mail To: Brian Rodak
 361 N. Central Ave
 Ramsey, NJ 07446

_____ X \$8.00 (individual per event) = _____

_____ X \$30.00 per relay = _____

Total Entry = _____**Email:** njbta@aol.comMake Checks Payable to: **Bergen Track & Field LLC (FED ID # 45-0600026)**

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Meet Information

Please Read!!!!

- * The entire meet will be pre-seeded – Coaches will be responsible for updating their entries by the night before 12/27
- * The hurdles and the dash will be run at the same time as events on the oval track.
- * There will be **finals** in Varsity Field Events only
- * Medals are Six deep in all events, please pick-up when called.
- Spikes are allowed
- * **No Coaches on the Infield due to the size of the meet.**

Please keep your athletes off the infield unless they are competing

This meet has been named after Coach Mike Glynn who coached at Paramus Catholic and Ridgewood High School in New Jersey from 1965 to 2014. Staten Island was where it all began for Coach Glynn. He is a native Staten Islander and this is where he began his own running career back in the early 50's.

NEW MEET ENTRY NEWS

BECAUSE OF THE INTEREST OF TEAMS RUNNING AT NEW STATEN ISLAND COMPLEX - MAGEMENT HAS MET AND ESTABALISHED PARTICTIPATION NUMBERS FOR EACH OF THE MEETS WE RUN.

IN THE PAST, WE HAVE ALLOWED ALL TEAMS THAT HAVE ENETERED ON TIME TO PARTICPATE. NOW WE HAVE DELEVELOPED THE FOLLOWING NEW STANDARD.

ONCE THE MEET HAS REACHED THE DESIRED SIZE, NO FURTHER ENTRIES WILL BE ACCEPTED, EVEN IF THE ENTRY DEADLINE HAS NOT BEEN REACHED.

WE KNOW THAT YOU WILL AGREE AND UNDERSTAND.

**PLEASE CHECK THE ACCEPTED
SCHOOL LIST ON BERGENTRACK.COM**

Question? njbta@aol.com Brian Rodak

PLEASE BE ADVISED THAT THIS IS AN ENTRY FEE, NOT A PARTICIPTION FEE. ENTRY FEE MUST BE PAID REGARDLESS OF PARTICAPTION, SINCE WE TURN SCHOOLS AWAY FOR THIS MEET.