## **Meeting Minutes: 5/11/2017 Regional FYSPRT**

**Location: Phoenix High School 1315 W 4th Ave, Kennewick WA 99336** 

	Agenda Item & Leads	<u>Discussion and Notes</u>	<u>Notes</u>
1.	Welcome and Introductions System Partner, Mike Roberts and Youth, Robyn Herald (10 min)	<ul> <li>What is a FYSPRT?</li> <li>Please identify if you're a Youth, Family or System Partner. If you're a System Partner, what system are you representing?</li> <li>Vision/Mission/Ground Rules</li> <li>Sign-in Sheet and <u>Agenda</u></li> <li>Co-Lead Announcement</li> </ul>	Special Announcement: Mike Roberts, System Partner Co-Lead and Robyn Herald, Youth Co-Lead have resigned their positions because they are moving to Kentucky. We will miss them and wish them well.  **We are looking for a youth and system partner Co-Lead to fill the vacant position their exit leaves. **
2.	Meeting Minutes from 3/9/2016 Regional FYSPRT Youth, Baltazar Torres (10 min)	<ul> <li>Please review the <u>meeting minutes</u> from the last Regional FYSPRT. Vote them in or propose changes.</li> </ul>	Motion made by: <u>Mike Roberts</u> Seconded by: <u>JJ Hiebert</u> Did the vote carry? YES / NO
3.	FYSPRT Updates and Work Group(s) Family, Robert Haffner and JJ Hiebert (30 min)	<ul> <li>LGBTQ Work Group Providers by Amanda Crawmer (10 min)         <ul> <li>LGBTQ+ Provider Training June 9th</li> </ul> </li> <li>State FYSPRT meeting minutes, Q&amp;A (10 min)</li> <li>Yakima Local FYSPRT by Patty Jordan (10 min)</li> <li>B/F Local FYSPRT by Jeremy Tompkins (5 min)         <ul> <li>Recruiting System Partner and Family Partner Interim Tri-Leads and attendees.</li> </ul> </li> <li>Walla Walla Suicide Prevention Work Group update Robyn Herald and Mike Roberts (10 min)</li> </ul>	<ul> <li>6/9/2017 the FYSPRT has partnered with several organizations to provide a Clinical Strategies for Serving LGBTQ+ Youth training. This training is open to social workers, education workers and mental health providers. Flier handed out.</li> <li>The next State FYSPRT is 5/31/2017 9:30am-3:30pm.</li> <li>Yakima FYSPRT will be 5/24/2017 from 4-6pm. The National Immigration Rights Project is coming to present a "Know your Rights" presentation that will last the duration of the FYSPRT.</li> <li>We are still looking for individuals interested in participating/leading the Benton/Franklin Local FYSPRT.</li> <li>Walla Walla Suicide Prevention Group: this group is looking for ways to combat</li> </ul>

concerns around copy-cat suicides from the Netflix series "13 Reasons Why." • 5/26/2017 "Open Mic for Youth Mental Health" event at the Clover Island Inn from 5-7pm. The emphasis of this event is "hope and mental health " **Community Partner** Karlee presented information about the Presentation **Presentation by Karlee Brainstorm Future Topics** organization she is building which focuses on CRU Hodges community gardens to improve mental health. Accountable Communities of Health Youth, Robyn Herald She has currently partnered with JJC and is (30 min) looking for other organizations to partner with. From a family perspective: State FYSPRT Action Step: What successes/challenges have you experienced in your region with engaging in **Breakout Group** your child or youth's mental health and/or substance use services? System Partner, Jill How were those successes achieved? Mulhausen and Mike The results from this From a young person's perspective: brainstorming session will be Roberts What successes/challenges have you experienced in your region engaging your family in your mental health and/or substance use services? presented to the State FYSPRT (30 min) How were those successes achieved? 5/31/2017. Thank you for From a system partner or provider perspective: your participation! What successes/challenges have you experienced in your region engaging families in mental health and/or substance use services? How were those success achieved? **Closing Announcements and Evaluation** Please fill out your FYSPRT evaluation and turn it into the basket labeled "FYSPRT Evaluations." Thank you! 4. Closing Business: **Evaluations and** \*\*Families and youth: For mileage or childcare reimbursement, see Amanda Crawmer\*\* Reimbursement Family, JJ Hiebert (5 min)

## **Regional FYSPRT Meeting Dates**

June FYSPRT is CANCELLED due to the Behavioral Health Conference scheduled that day.

July 13, 2017 4-6pm August 10, 2017 4:00-6:00pm Youth Activity 3:15-4pm with pizza and soda Youth Activity 3:15-4pm with pizza and soda **Other FYSPRT Meeting Dates** 

State: May 31, 2017 9:30am-3:00pm

Location: Blake Office Park, West Building Chelan/Roosevelt Rooms 4450 10<sup>th</sup> Avenue SE Lacey, WA 98503

Yakima Valley:

5/24/2017 4:00-6:00pm

Location: Catholic Family & Child Services, Yakima

Location: Phoenix High School1315 West 4th Avenue, Kennewick, WA 99336

## **FYSPRT Ground Rules for Group Discussion**

All FYSPRT attendees should have a chance to speak, express their own ideas and feelings freely, and pursue and finish out their thoughts.

Everyone has an equal opportunity to share their voice and view.

A variety of points of view are to be put forward and discussed during meetings.

All attendees should work to remain open-minded.

Stay true to the FYSPRT goals.

Participants can interpret topics openly and honestly.

All respectful feedback is welcomed.





Want to become a FYSPRT member? Ask for a membership application or find one on our website at http://www.southeastfysprt.org/get-involved.html

