

**Friday, May
21, 2021**

Competition Schedule 2021 SSI



There will be two sets of equipment, except floor. Teams will warm up and compete on the same set of equipment. Flight(equipment) A will warm up first and while Flight A is competing, Flight(equipment) B will warm up. Each round will be split in half so that there will be no more than 6 athletes to warm up and compete. We will not move to the next rotation until the entire round of up to 12 athletes has competed.

Warm Up Procedures:

Vault: Gymnasts will have 3 attempts to go over the vault table. Included in this is any touch of the vault table, even if only standing on the table and jumping off.

Uneven Bars and Balance Beam will have a warm up block of 90 seconds per gymnast.

Floor: There will be a tumble strip for the floor competitors to warm up on prior to their rotation. There will be 3 minutes blocked for the first 3 gymnasts that will be competing **in the entire meet (not round)** and after that there will be **a continuous bump touch** for next 5 floor competitors in the remainder of the meet. Each athlete needs to be ready and watching to see when they will be bump touching so as to not miss their bump in. If a gymnast does not feel she has received proper amount of warm up time in the bump touch she may ask the judge for an additional time not to exceed 10 seconds per athlete. This process will be repeated after the intermission with the remaining teams. Rotations will be kept together so as to not have one event left at the end and will be announced. Please do not start competing until the rotation has been **announced**.



Teams on Flight/Equipment A: CT(10)a, MA(12)a, NJ(10), WI (8), WA(3),

Teams on Flight (Equipment) B=CTb(8), Mab(12), MI(4), PA(1), TX(10), IN(4), VA (1)

	FLIGHT A			FLIGHT B		
	VAULT	BARS	BEAM	VAULT	BARS	BEAM
Round 1	CTa5	WI 6	NJ 5	R1	MAb 6	MI4 PA1 VA1
	CTa5	WI 2 WA3	NJ 5		MAb 6	IL 6
Round 2	MAa6	CTa5	WI 6	R2	TX 6	MI4 PA1 VA1
	MAa6	CTa5	WI 2 WA3		TX4 IN4	IL 6
Round 3	NJ 5	MAa6	CTa5	R3	CTa5	TX 6
	NJ 5	MAa6	CTa5		CTa3	TX4 IN4
Round 4	WI 6	NJ 5	MAa6	R4	MI4 PA1 VA1	TX 6
	WI 2 WA3	NJ 5	MAa6		IL 6	CTa3
						TX4 IN4

Floor competition order will be as follows:
MA (½), TX, IN, NJ, CT (½), WI, MI, PA, VA, WA, IL, CT (½), MA (½)

Updated-5/12/2021 1:21pm