

October/November 2018

At a glance

Full descriptions of activities in bulletin.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
14 Worship 11:15 Open Hearts Jar	15 Meditation 7 pm AA 8 pm	16 Cards 9:30 TOPS 6:30	17	18 Craft/Study 1:30 Community Dinner 6 pm (volunteers needed)	19	20
Russell off for Brian's surgery						
21 Worship 11:15 Prayer Candles	22 Meditation 7 pm AA 8 pm	23 Cards 9:30 TOPS 6:30	24	25 Craft/Study 1:30	26 Film and Faith	27 ICF Breakfast 9 am
28 Worship 11:15 Potluck	29 Meditation 7 pm AA 8 pm	30 Cards 9:30 TOPS 6:30	31 	1 Craft/Study 1:30	2	3
4 Worship 11:15 Communion	5 Meditation 7 pm AA 8 pm	6 Cards 9:30 TOPS 6:30	7	8 Craft/Study 1:30	9	10 Women's Breakfast 8 am
	Photo Sitzings 2:30 – 8:30 pm					
11 Shared Rem Day Worship 10 am 	12 Meditation 7 pm AA 8 pm	13 Cards 9:30 TOPS 6:30	14	15 Craft/Study 1:30 Community Dinner 6 pm (volunteers needed)	16 Craft/Study 1:30 Evening of Music and Song 7 pm	17

TOPS = Take Off Pounds Sensibly
AA = Alcoholics Anonymous



ANNOUNCEMENTS

October 14, 2018

306-761-0556 eastsideunited@sasktel.net
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www.eastsideunited.ca



Welcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.

Ministers:

Minister: Hazel Arbon
Greeting: Tkachuk Family
Congregational Care Greeter: Elaine Hill
Prayers: Sarah Tkachuk
PowerPoint: Tkachuk Family
Music ministry: Michelle Dickie
Last week's attendance: 70

Russell's e-mail address: russell.eastside@sasktel.net

Russell is out of the office until Thursday, October 18.

If you or someone you know is in need of a pastoral care visit, please contact Ken Powers at 306-352-3431

Office Hours:

Tuesday, Wednesday and Thursday from 8:30 am to 3:30 pm

Russell's Office Hours:

Russell will be away and working from home following Brian's surgery from next Wednesday, October 10 to Wednesday, October 17.

Scripture Reading: Joshua 24:1-15

Songs –

Deep in our hearts MV #154
Behold, I Make All Things New MV #115
Touch the Earth Lightly VU #307
Bim Bom (all God's Children Sing #68)
I have called you by your name MV #161
Our Hearts that Beat (Tune MV#37)
Like a Healing Stream MV #144
We Will Go With God MV #223

St. Philip Senior Ministry Outreach card playing program, Tuesday mornings at 9:30 am in the East Sanctuary at the Living Spirit Centre. Whist and lessons to those that would like to learn. Come out and enjoy fellowship, coffee and card playing. If you need a ride call Rod 306-789-1388. Everyone is welcome.

LSC Meditation Group Monday, October 15. We'd love to have you join us whether you're new to meditation or an experienced practitioner. All are welcome, remember to wear comfortable clothing.

Eastside's Craft/Study Group Thursdays at 1:30 pm in the East Sanctuary! Join us as we share in discussion, handiwork and coffee time following. We are reading *Everything Happens for a Reason: And Other Lies I've Loved* by Kate Bowler. Suzanne ordered an extra copy of the book, so let us know if you'd like to jump in – the more the merrier!

Community Dinner, Thursday, October 18 at 6 pm, doors open at 5:30! All are welcome to join us for a meal and community. We are asking people to pay in advance, \$7/person, \$20/family or pay what you can – maximum 30 people. Pay in the office to reserve your spot or on Eventbrite (added fees) - <http://bit.ly/2MZ9nkb>. A huge thank you to our volunteers, without whom this program would not be possible! If you would like to join one of our volunteer teams, let Russell know. We are still in need of another individual or two to serve with the clean-up crew.

Music Ministry at Eastside: We are thrilled to announce that Ethan Williams has offered to lead the choir for Advent/Christmas and Lent/Easter. If you would like to join the choir, let Ethan know (ethanwilliams4@gmail.com). If you wish to offer music in a service before Advent, let Russell know.

We are looking at having a Transfer of Membership service around the end of October. If you would like to officially transfer your membership to Eastside, please let Suzanne know. She'd be happy to help make it happen.

The Living Spirit Centre presents An Uplifting Evening of Music and Song, Friday, November 16 at 7 pm. Rachel MacDonald and Joshua Hendricksen are looking forward to providing a night of joyful and hope-filled entertainment for a glorious winter evening. Tickets \$20 available from Clare 306-781-4121 or c.banks@sasktel.net. The evening will include pie and beverages and a pie auction at intermission. Door prizes too!

Are you curious about the Joint Needs Assessment Committee (JNAC) process that Eastside is undertaking? Committee members include Sarah Tkachuk (chair), Janet Bjorndahl, Brian Abrahamson, Linda Fowler, Taylor Balfour and Anita Tessier, as well as Diane Gingras from St. Philip Anglican, Doug Schmidt from Bread of Life Lutheran and Bryan Tudor and Cameron Fraser from Wascana Presbytery. The UCC Handbook covering the JNAC process can be found at <http://bit.ly/JNACprocess>.

Ward 4 Community Meeting hosted by Councillor Lori Bresciani, Tuesday, October 16 at 7 pm, Living Hope Alliance Church, 3900 Arcola Avenue. The topic will be Safety in our Community with speaker Chief Evan Bray from the RPS.

Jeremy Campbell, 25 years of age, died tragically on July 3 in Japan. His brother Zach turned people's desire to help with the cost of repatriating Jeremy back to Regina into something positive. **Zach is instead raising funds to sponsor a Syrian refugee family of four to join their immediate family here in Regina.** The Campbell's are working with the Regina Lutheran Refugee Committee and the money raised will go to the St. Mark's Lutheran Refugee Fund for this private sponsorship. The fund is approaching its goal - only \$3000 to \$4000 left to go! Any contribution you can make could help realize Jeremy's legacy. The link below will direct you to the fundraising site plus tell you a bit more about Jeremy and the family who will benefit from this tragedy. <https://www.gofundme.com/help-sponsor-a-refugee-family> Thanks for any help you can give. The Seal Family

There will be a tri-parish **Remembrance Service at the Living Spirit Centre on Sunday, November 11 at 10 am.** This will be Eastside's weekly worship service. **There will be no worship at 11:15 am.**



LSC PHOTO DIRECTORY: BOOK YOUR PHOTOGRAPHY SITTING NOW!

The online tool for booking your photography sitting can be found at <http://bit.ly/lscphotos>. **Remaining dates include November 5 through 8 (2:30 pm to 8:30 pm).** **If you need help making your booking please contact Suzanne in the office at eastsideunited@sasktel.net.** And remember, you are under no obligation to purchase photos! Your only commitment is the 30 minutes it takes to get your photo taken and choose any portraits you would like. **We have found the photo directory to be a really valuable tool for congregation members to stay in touch with each other. Thank you for your help making our 2018 Directory a reality!**

The **Newcomer Integration Society** has citizenship classes for refugees/new Canadians that they would welcome us to attend. They have started and are Tuesdays at Glen Elm Library 7-8 pm or Thursdays at South Library 2-3:30 pm. They also could use a retired educator to help out. For more info, speak to Russell.

Did You Know...? There is an automated external defibrillator (AED) at the LSC! This portable electronic device automatically diagnoses life-threatening cardiac events and is able to treat them through defibrillation. With audio and visual commands, AEDs are designed to be simple to use for the layperson. The LSC AED is hanging in an alarmed box beside the elevator in the narthex. This box is not locked, but an alarm sounds when the door is opened to prevent tampering and notify those in the building that an emergency may be in process. Staff and LSC program leads have received a brief training on use of the AED.