

# MBCA LUNCH MENU REVISED

## SEPTEMBER

WEEKLY:\$1,500 MONTHLY:\$6,000

| MON.<br>\$350/<br>\$400(beef)         | TUE.<br>\$300—1Pc<br>\$500-2PC        | WED.<br>\$250-1<br>\$400—2                       | THU.<br>\$350/<br>\$400(beef)             | FRI.<br>\$250-1s<br>\$400—2s  |
|---------------------------------------|---------------------------------------|--|---|-------------------------------|
| 2<br>BBQ CHICKEN RICE & PEAS W/VEG    | 3<br>KFC CHICKEN & ROLL W/ MIXED VEG  | 4<br>BEEF, VEG. OR CHICKEN PATTY FRUIT OR SNACK  | 5<br>STEW BEEF RICE & PEAS W/VEG          | 6<br>PIZZA W/ FRUIT OR SNACK  |
| 9<br>BAKED CHICKEN RICE & PEAS W/VEG  | 10<br>KFC CHICKEN & ROLL W/ MIXED VEG | 11<br>BEEF, VEG. OR CHICKEN PATTY FRUIT OR SNACK | 12<br>BEEF STEW PEAS WHITE RICE W/VEG     | 13<br>PIZZA W/ FRUIT OR SNACK |
| 16<br>STEW BEEF RICE & PEAS W/VEG     | 17<br>KFC CHICKEN & ROLL W/ MIXED VEG | 18<br>BEEF, VEG. OR CHICKEN PATTY FRUIT OR SNACK | 19<br>BROWN STEW CHICKEN WHITE RICE W/VEG | 20<br>PIZZA W/ FRUIT OR SNACK |
| 23<br>BEEF STEW PEAS WHITE RICE W/VEG | 24<br>KFC CHICKEN & ROLL W/ MIXED VEG | 25<br>BEEF, VEG. OR CHICKEN PATTY FRUIT OR SNACK | 26<br>FRIED CHICKEN RICE & PEAS W/VEG     | 27<br>PIZZA W/ FRUIT OR SNACK |

### NOTES:

## OCTOBER

WEEK 1: \$1,500 WEEK 2: \$1,500 WEEK 3: \$950  
Week 4: \$1,100 Week 5: \$1,500 MONTH: \$6,550

| MON.<br>\$350/<br>\$400(beef)  | TUE.<br>\$300—1Pc<br>\$500-2PC        | WED.<br>\$250-1<br>\$400—2  | THU.<br>\$350/<br>\$400(beef)                           | FRI.<br>\$250-1s<br>\$400—2s  |
|--|---------------------------------------|---|---|-------------------------------|
| 30<br>BROWNSTEW CHICKEN RICE & PEAS W/VEG<br><small>PP PAYMENT DUE</small> | 1<br>KFC CHICKEN & ROLL W/ MIXED VEG  | 2<br>BEEF, VEG. OR CHICKEN PATTY FRUIT OR SNACK                                   | 3<br>BAKED CHICKEN RICE & PEAS W/VEG                    | 4<br>PIZZA W/ FRUIT OR SNACK  |
| 7<br>BBQ CHICKEN RICE & PEAS W/VEG   | 8<br>KFC CHICKEN & ROLL W/ MIXED VEG  | 9<br>BEEF, VEG. OR CHICKEN PATTY FRUIT OR SNACK                                   | 10<br>BEEF STEW PEAS WHITE RICE W/VEG                   | 11<br>PIZZA W/ FRUIT OR SNACK |
| 14<br>STEW BEEF RICE & PEAS W/VEG  | 15<br>KFC CHICKEN & ROLL W/ MIXED VEG | 16<br>BEEF, VEG. OR CHICKEN PATTY FRUIT OR SNACK<br><small>FIELD TRIP</small>     | 17<br><small>PROFESSIONAL DEVELOPMENT NO SCHOOL</small> | 18<br><small>MID-TERM</small> |
| 21<br><small>BREAK</small>   | 22<br>KFC CHICKEN & ROLL W/ MIXED VEG | 23<br>BEEF, VEG. OR CHICKEN PATTY FRUIT OR SNACK                                  | 24<br>CURRY CHICKEN WHITE RICE W/VEG                    | 25<br>PIZZA W/ FRUIT OR SNACK |
| 28<br>BROWNSTEW CHICKEN RICE & PEAS W/VEG                                  | 29<br>KFC CHICKEN & ROLL W/ MIXED VEG | 30<br>BEEF, VEG. OR CHICKEN PATTY FRUIT OR SNACK<br><small>PP PAYMENT DUE</small> | 31<br>FRIED CHICKEN RICE & PEAS W/VEG                   | 1<br>PIZZA W/ FRUIT OR SNACK  |