

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WINTER BREAK	1 WINTER BREAK	2 GOLDEN GRAHAMS ^ Vanilla Squares Fresh Fruit Choice of Milk	3 CINNAMON CHEX ^ Maple Breakfast Square ^ Applesauce Cup Orange Juice Choice of Milk	4 FRUITY CHEERIOS ^ Animal Grahams ^ Mixed Fruit Cup Apple-Cranberry Juice Choice of Milk
7 MULTI GRAIN CHEERIOS^ Maple Breakfast Square ^ Mixed Fruit Cup Orange Juice Choice of Milk	8 FROSTED CORN FLAKES ^ Vanilla Waffle Square ^ Diced Peaches Grape Juice Choice of Milk	9 EARLY RELEASE COCOA PUFFS ^ Animal Grahams ^ Diced Pears Apple-Cranberry Juice Choice of Milk	10 MOZZARELLA CHEESE STICK Banana Muffin ^ Pineapple Tidbits Blended Fruit Juice Choice of Milk	11 PLAIN BAGEL ^ Cream Cheese Applesauce Cup Orange Juice Choice of Milk
14 RASPBERRY YOGURT Granola ^ Diced Peaches Blended Fruit Juice Choice of Milk	15 TRIX ^ Graham Crackers ^ Diced Pears Apple-Cranberry Juice Choice of Milk	16 MOZZARELLA CHEESE STICK Lemon Mini Loaf ^ Fresh Fruit Choice of Milk	17 FRUITY CHEERIOS ^ Animal Grahams ^ Mixed Fruit Cup Grape Juice Choice of Milk	18 CINNAMON TOAST CRUNCH ^ Strawberry Pancake Square ^ Fresh Fruit Choice of Milk
21 MLK DAY NO SCHOOL	22 GOLDEN GRAHAM CEREAL ^ Vanilla Waffle Square ^ Mixed Fruit Cup Orange Juice Choice of Milk	23 PUMPKIN LOAF ^ Mozzarella Cheese Stick Fresh Fruit Choice of Milk	24 COCOA PUFFS ^ Graham Crackers ^ Blended Fruit Juice Fresh Fruit Choice of Milk	25 VANILLA YOGURT Blueberry Muffin ^ Fresh Fruit Choice of Milk
28 MOZZARELLA CHEESE STICK Corn Muffin ^ Diced Pears Blended Fruit Juice Choice of Milk	29 PLAIN BAGEL Cream Cheese Pineapple Tidbits Orange Juice Choice of Milk	30 FRUITY CHEERIOS ^ Animal Grahams ^ Fresh Fruit Choice of Milk Choice of Milk	31 STRAWBERRY YOGURT Granola ^ Mixed Fruit Cup Grape Juice Choice of Milk	Feb. 1 CINNAMON CHEX ^ Maple Breakfast Square ^ Fresh Apple Choice of Milk
<p>ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **</p> <p>^ Denotes item is whole-grain/whole wheat *** This institution is an equal opportunity provider.</p>				

Breakfast

JANUARY 2019

*Please Write **V** If ordering Breakfast or Lunch
 *Please Write **M** If ordering Milk Only (LUNCH ONLY)
 *Leave Blank If NOT Ordering

Please visit the website below for ALLERGY INFORMATION:
www.PreferredMealmenu.com

FIRST NAME	LAST NAME	GRADE
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JANUARY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WINTER BREAK	1 WINTER BREAK	2 CHEF'S CHOICE	3 CHICKEN TENDERS WITH POTATO WEDGES ^ Corn Applesauce Cup BBQ Sauce Ketchup Choice of Milk	4 RANCH TURKEY BURGER Hamburger Bun ^ French Fries Blended Fruit Juice Ketchup Choice of Milk
7 PANCAKES & SAUSAGE ^ Potato Rounds SunSet Sip Juice Diced Pears Syrup Ketchup Choice of Milk	8 SLOPPY JOE Hamburger Bun ^ Maple Baked Beans Orange Juice Choice of Milk	9 EARLY RELEASE CHEESE PIZZA Green Beans Applesauce Cup Choice of Milk	10 CHICKEN DIPPERS ^ Marinara Dipping Sauce Broccoli Mixed Fruit Cup Chocolate Cookie ^ Choice of Milk	11 SALISBURY STEAK W/GRAVY & MASHED POTATOES Sliced Bread ^ Mixed Vegetables Grape Juice Choice of Milk
14 PEPPERONI PIZZA Green Beans Apple-Cranberry Juice Choice of Milk	15 BEAN & CHEESE BURRITO ^ Salsa Cup Corn Mixed Fruit Cup Choice of Milk	16 SPECIAL MEAL CHICKEN DRUMSTICK W POTATO ROUNDS Fiesta Beans Blended Fruit Juice Corn Muffin ^ BBQ Sauce / Ketchup Choice of Milk	17 MAC & CHEESE ^ Romaine Lettuce Cucumber Coins Light Italian Dressing Fresh Fruit Choice of Milk	18 PAPA GINO'S PIZZA!!!!!!
21 MLK DAY NO SCHOOL	22 POPCORN CHICKEN ^ BBQ Sauce Mixed Vegetables Fresh Fruit Choice of Milk	23 CHARBROILED HAMBURGER Hamburger Bun ^ French Fries Fresh Baby Carrots Light Ranch Dressing Fresh Fruit Mustard / Ketchup Choice of Milk	24 PIZZA DIPPERS ^ Marinara Dipping Sauce Tropical Veggie Juice Diced Peaches Choice of Milk	25 CRISPY CHICKEN PATTY ^ Hamburger Bun ^ Pickle Chips Romaine Lettuce Light Italian Dressing Mixed Fruit Cup BBQ Sauce Choice of Milk
28 POPCORN CHICKEN ^ Mixed Vegetables Grape Juice BBQ Sauce Choice of Milk	29 TOASTY TUESDAY** 3 CHEESE PANINI ^ Tomato Soup^ Pickle Chips Mixed Fruit Cup Choice of Milk	30 BBQ CHICKEN Hamburger Bun ^ Maple Baked Beans Fresh Fruit Choice of Milk	31 CHILI Corn Muffin ^ French Fries Fresh Fruit Ketchup Choice of Milk	Feb. 1 CHEF'S CHOICE

Lunch

DUE NO LATER THAN: December 14, 2018