

Email

Discover the secret that basketball stars have been hoarding for years. Now a select few get to know what it is...

From: GET FITR, Inc.

Email lift headline

Would you like to be lean and fit like the basketball pros do in just 30 minutes a day at a fraction of the cost?

Email lift body

Professional basketball players have a secret weapon for maintaining health and fitness. For a limited time, it is available to you... (click to read more)

Using the secret that basketball stars have used for years, you can become more fit and flexible while spending quality time with your family... (click to read more)

This closely held secret is not just for professional athletes anymore. It is something that your whole family can enjoy together! (click to read more)

When you get together with your friends, impress them what you have learned in just 30 minutes a day. (click to read more)

Landing page

For a limited time, this well-kept secret of basketball stars will be unlocked... just for you. You will be surprised to find an exciting new way to increase fitness and flexibility while having fun with your family in just 30 minutes a day...without a gym membership or expensive equipment!

Dear Fellow Athlete,

Remember when you played basketball as a young man and felt strong and fit? You and your friends would laugh and joke while you increased your skills and fitness on the basketball court. Now you can regain those lost skills while adding new strength and flexibility skills!

If your children are anything like mine, they are playing games on their tablets and texting friends. Not much family time, social interaction or physical activity. You can change all of that in just 30 minutes a day.

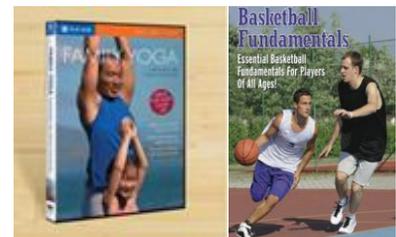
1. Think about how much fun it would be to teach your kids how to play basketball. Spend quality time together as a family. Laugh and have fun.
2. How great would it feel to regain your forgotten basketball skills and learn new ones?
3. Your time is valuable. Instead of coming home from work and sitting in front of the TV, you can enhance your strength and flexibility. All before having dinner!
4. *Fun, health and fitness without an expensive gym membership or special equipment.* Your driveway and your living room are all you need to succeed.

Basketball drills probably sound like a good idea to do in your driveway, but what drills are done in the *living room*? **Yoga!** The best kept secret of NBA and WNBA stars to maintain their fitness and flexibility.

- **Lebron James**, NBA superstar includes yoga in his training. He uses it to increase his flexibility and stretch sore muscles after a game. You can obtain the same results when you incorporate specific yoga movements with the basketball drills. James talked about yoga after leading a yoga workout at Nike Basketball Academy. *"Yoga is great. It improves your strength, flexibility and conditioning. It also works a bunch of stabilizer muscles that are difficult to target otherwise."*
- **Seimone Augustus**, WNBA star, uses yoga to increase her balance, flexibility and core strength. *"With our strength and conditioning coach...we do lots of yoga. It works well. It's tough, but it works."*
- The **Denver Nuggets** have found that the use of yoga as part of their strength and flexibility program has been a great success.

Our unique program, **Basketball Yoga Blast** delivers

- Basketball skills for all levels to develop strength, hand-eye coordination, endurance and power.
- Specific yoga moves to increase coordination, strength and flexibility.
- Heart-healthy fun right in your own home in 30 minutes.
- An opportunity to play with your family while helping them develop coordination, strength, flexibility, and endurance...valuable skills for any sport.



Still not convinced that basketball combined with yoga is a great workout?

- **T. Young**, father of three, uses the program. *"I don't have a lot of time to spend with my family, so it's important to have quality time together. **Basketball Yoga Blast** makes it fun for us to play basketball and stay healthy. My kids love it and I'm getting healthier. My wife lost 10 pounds since we started doing the program and has much more energy. It's all good!"*

More and more basketball stars are turning to yoga to improve their life and extend their professional career.

- NBA All Star **Kevin Love** has embraced yoga to be a better basketball player. *"My business is my body. I thought that yoga would be a great way to make my body feel better, so I've integrated it into my workouts. Yoga teaches stretching, strengthening, and breathing, and it helps you get in tune with your body. That helps in basketball—or in any sport, really."*
- Others, like Clippers rookie **Blake Griffin**, are using yoga as a way to get flexible and minimize injury risk. *"For me, flexibility is huge. Staying loose and healthy and staying limber...you can tell a difference when your muscles are tight or when you're stretched out and completely relaxed."*

There are many separate basketball and yoga DVD's on the market, but **Basketball Yoga Blast** is the *only program* that combines both basketball drills and specific yoga moves to increase your coordination, strength and flexibility. The next time your friends ask you to play a pick-up game of basketball, you can join them with the confidence that you will be able to out-play them and still have energy for your family when you are done.

Basketball Yoga Blast was developed by fitness experts with the help of professional athletes who tried the program.

- *"The truth is yoga is what you make it. It can be tailored to fit your lifestyle or health and fitness needs. It doesn't matter how old you are, or how flexible you are. Yoga is for everyone. If you want to increase your strength, flexibility, balance and reduce stress in your life, then yoga is for you. Combining the yoga moves in this program with the basketball drills is an excellent way to get a good overall workout in a short period of time."* **Patricia Mitchell**, RN, CPT, professional yoga instructor.

Was yoga one of the reasons basketball All-Star **Kareem Abdul-Jabbar** was so durable? Some seem to think so.

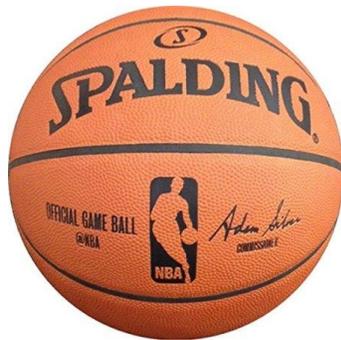
- *"When it wasn't cool to do, he said 'I do yoga,'"* said **Kent Katich**, professional yoga instructor who has taught yoga to hundreds of NBA players. *"Not only did he play for 20 years, but he is one of the few 7-foot guys that still has his health. He's mobile. He can get around. He's still active. A lot of guys can barely walk at that age (62) and that height, just from the wear and tear."*

This program is not available in stores, but for a limited time you can purchase the entire program online.

- 6 DVDs with a variety of workouts from beginner to advanced
- Instruction guide on how to use the DVDs
- Step-by-step guide to do the yoga moves for the most benefit

Basketball Yoga Blast has made a big impact on the Amateur Basketball Clubs of America. **J. Cunningham**, the head coach was asked to try the program, but was skeptical about the promised results. Not anymore! *"Most of the players in our clubs are over the age of 30 and not open to new techniques. I encouraged them to use the program to achieve personal weight and fitness goals and we were all surprised at the results. The daily workout of Basketball Yoga Blast helped them regain their strength and coordination as well as their agility. Using **Basketball Yoga Blast** had amazing results for my teams."*

If you order by October 3, 2015, you will also receive an NBA-quality basketball and a yoga mat so you can begin **Basketball Yoga Blast** as soon as it arrives at your home.



You will receive your 6 DVDs, instruction guide, basketball and yoga mat for just 4 monthly payments of \$39.99.

In four months, you'll be a lean, mean basketball player with the strength and flexibility of a yoga master. And you will have spent quality time with your family as a role model for a healthy lifestyle. Your friends will be impressed, and so will your kids!

Money Back Guarantee!

We are so certain that you will love **Basketball Yoga Blast**, we are offering you a money-back guarantee. If at any time during the first 30 days you are not satisfied with **Basketball Yoga Blast**, just return the 6 DVDs for a full refund. *You keep the basketball and the yoga mat.*

You have nothing to lose and everything to gain. Be the first in your neighborhood to combine basketball and yoga drills to be the lean, healthy basketball player you were as a teenager while helping your children to develop coordination and flexibility skills.

Order Today

Stan Merriweather

President, GETFITR, Inc.

P.S. As a special bonus, if you order **now**, we will include a handy carrying case for the yoga mat, basketball and DVDs as well as tips from the experts to increase your skills.



Join your fellow athletes in an exciting new way to increase fitness and flexibility while having fun with your family in just 30 minutes a day...without a gym membership or expensive equipment!

Order now and receive FREE shipping.

Order Today

Yes! Please ship my 6 Basketball Yoga Blast DVD's, basketball, yoga mat, handy carrying case and tips from the experts. I understand my credit card will be charged \$39.99 for each of the next 4 months.

I understand if this program has not helped me and my family have fun and become more fit, I can return the 6 Basketball Yoga Blast DVD's and have my money refunded. I get to keep the basketball, yoga mat and carrying case.

Order by phone toll free: 1-800-GET-FITR (1-800-438-3487)

Check Out

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- ★ State
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Use this address for Billing

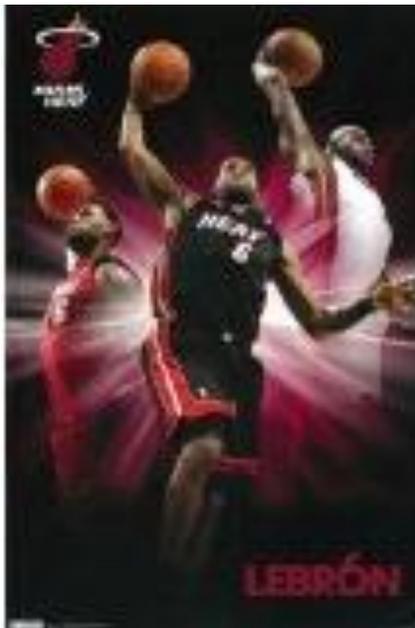
Submit Order

(After clicking "Yes" and completing order form)

"Combining basketball drills with yoga has helped me stay healthy and strong. I highly recommend the combination for anyone who wants to stay fit and healthy." **Lebron James**

Premium

If you pay for the entire program today, you can save an additional \$39.99. That's one payment FREE. We have a limited number of posters signed by **Lebron James** that will be included in your order when you make a full payment of \$119.97. You have nothing to lose and everything to gain by trying **Basketball Yoga Blast**.



Signed poster of Lebron James

Yes! Please ship my 6 Basketball Yoga Blast DVD's, basketball, yoga mat, handy carrying case, tips from the experts and a signed poster of Lebron James. I understand my credit card will be charged \$119.97.

Submit Order