

CP-19

Essentials of Counseling III

\$275

The Criminal Personality

14 hours

Objective: Provides the therapist with greater depth and breadth in dealing effectively with antisocial clients. Provides a firmer background of Dr. Samenow's experience and understanding of how criminals can be successfully treated.

Text: *The Criminal Personality: A Profile For Change* by Samuel Yochelson & Stanton Samenow ISBN: 1568211058

Solution-Focused Therapy

14 hours

Objective: Assist the therapist in obtaining a basic understanding of how Solution-Focused Therapy can be used in treatment.

Text: *Handbook of Solution-Focused Therapy* by Scott D. Miller (ed) ISBN: 0761967842

Group Therapy

12 hours

Objective: Provide the student with a firmer background in principles and concepts of providing group therapy with substance abusing clients.

Text: *Group Counseling: Concepts and Procedures*, 4th ed. by Robert C. Berg ISBN: 0415952190

Chemical Dependency Counseling

16 hours

Objective: Provide a broad picture of the nature of chemical dependency and how treatment services can most effectively be provided for a client with that diagnosis.

Text: *Chemical Dependency Counseling: A Practical Guide* by Robert R. Perkinson ISBN: 1412957001

Eye Movement Desensitization & Reprocessing

16 hours

Objective: To provide the student with a fundamental knowledge of the Eye Movement Desensitization & Reprocessing theory and practice.

Text: *EMDR: The Breakthrough Therapy for Overcoming Anxiety, Stress, and Trauma* by Francine Shapiro & Margot Silk Forrest ISBN: 0465043011

Harm Reduction Therapy

14 hours

Objective: This course examines the basic principles and concepts of Harm Reduction Therapy as it applies to addiction, AIDS, special populations and changes in public policies.

Text: *Harm Reduction: Pragmatic Strategies for Managing High-Risk Behaviors* by G. Alan Marlatt (ed.) ISBN: 1572308257

Narrative Therapy

14 hours

Objective: To provide the counselor with a broader background in the theory and therapeutic techniques involved in Narrative Therapy.

Text: *Narrative Therapy: An Introduction to Counseling*, 2nd ed by Martin Payne ISBN: 1412920132