**We Continue to Walk**

**Each year many come together**

**to bring awareness about suicide.**

**Some have been touched by this tragedy.**

**Some are survivors who know the pain inside.**

**And because we know what it's like losing**

**a love one or being scared in such a manner,**

**we are driven to raise the funds to keep AFSP**

**going, so we make a commitment to gather.**

**Each step we take, with the hundreds**

**that come, we feel the support.**

**We talk with one another, share our stories,**

**even thoughts that we are still trying to sort.**

**There is comfort in gathering together**

**because there are no judgements made.**

**It's a safe place where one is free to**

**say "Why don't these feeling fade?"**

**One doesn't get over suicide and we are grateful**

**for the survivors, grateful for each day that comes.**

**And by bringing awareness, more are**

**talking about it, a taboo subject to some.**

**We who walk are now family**

**and families stick together.**

**Although we still don't fully understand,**

**give up on bringing awareness? Never!**

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