



What Are Adverse Childhood Experiences or ACEs?  
How Prevalent Are these Experiences in Shasta County?  
How are local families being strengthened?

Come join the  
ACEs Discussion  
with ACEs presenter and our Past AAUW President  
SUSAN WILSON

April 17th 5:30-7:30 Redding Library

Susan will help us understand more about adverse childhood experiences, the Five Protective Factors that can enhance child development and break generational cycles of abuse and what is happening locally to strengthen families.

Bring your questions as we explore together the ACEs study with Susan Wilson.

**Come meet and celebrate with our 2018 Women of Achievement Honorees!**

**Menu:** Grilled chicken breast and grilled mushrooms catered by Mary's Pizza Shack. (Veggie option will be small baked potato.) Mary's Salad: greens, eggs, beets, beans, cheese, tomato, mushroom, carrots, plus salami on the side. Choice of two dressings: Ranch and Oil & Vinegar, French Bread and butter. Beverages: white & red wine, sparkling apple/cranberry juice, water, tea & decaf coffee, cashews, chocolates, rice cracker mix and cookies.

**Reservations due by April 14th, price is \$15.** (\$20 if paying at the door or with a late reservation.)

For information on becoming an AAUW member  
and joining us at program meetings, go to [www.aauwredding.org](http://www.aauwredding.org)

## President's Message

Easter Greetings to you all. The Branch was pleased to honor Pat as our EF Honoree at the March meeting. We were also energized by Kathleen's presentation on the importance of movement in our daily lives. Her presentation was fun and informative. Thanks to Adrienne for sharing her daughter. The proposed bylaws were approved by the branch and will take effect at the end of this term. The book exchange for LAF was a great success, thank you Mary Jean for organizing and setting this up--\$87 was raised for our branch Legal Advocacy Fund. At the last board meeting, a committee was formed to give our members information on the National bylaw changes. You have received an email with information on how to contact National board members with your concerns; we would like our branch voices to be heard loud and clear.

At the April meeting, we will be voting on next year's slate of officers. Please read their bios and come to the meeting to cast your vote. Special thanks to Sharon and her wonderful committee for recruiting a full slate of nominations----this was no easy task and they did a fabulous job!

We will also be presenting our branch Woman of Achievement and our Community At Large Woman of Achievement awards. We look forward to celebrating these two incredible women; hope you can join us!

By the time you receive this newsletter, our Women in STEM conference will be over. Many thanks to the committee for the tireless hours in the preparation of this event and thank you to all the branch members, husbands, daughters, granddaughters and friends of AAUW who donated their time to make this event such a success! Just as with Home Tour/Art Show, it takes all of our members to make things happen!!

Pat

**NEW MEMBERS/CHANGE  
INFORMATION  
NONE THIS MONTH...**

## PAST PRESIDENTS

DATE: TUESDAY APRIL 17, 2018  
LOCATION: FRATELLI'S RESTAURANT  
1774 CALIFORNIA ST.  
244-4121

TIME: 11:30 AM

## COMING BRANCH PROGRAM DATES

NOTE: Some Branch Meeting dates have changed. Please check your 2018 calendar and note the following:

April 17, Tuesday evening, 5:30-7:30

May 20, Sunday afternoon Tea, 2:00-4:00

June 11, Monday evening, 5:30-7:30

All the above meetings will be at the Redding Library.

Save the Date ...Our Annual First Branch Meeting  
Sept. 20, 2018 McConnell Foundation... 5:30-8:00 p.m.

## April Board Meeting

The April board meeting will be April 23 at 5 p.m. in the Foundation Room, Redding Library. The board meeting is open to all members and all members are welcome.

*"Always striving for the best in  
customer service and satisfaction"*

**Heatherlee Hamon**



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### Membership Event

An event for new and prospective members will be held April 12, 2018 from 5:30 to 8PM at the Bluffs Clubhouse on Bechelli Lane. Everyone is invited to attend and bring prospective members to learn about Redding AAUW and all of the things we do. There will be a short presentation from each of our interest sections and STEM, Tech Trek and Home Tour. Refreshments will be served.

Cathe, Membership VP

### AAUW Public Policy

LOOK WHAT WE ACCOMPLISHED IN 2017!



Help AAUW do even more in 2018.



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### 2018 NOMINATING COMMITTEE REPORT

The 2018 Nominating Committee met in person, and emailed numerous times.

The following slate of officers will be voted on during the April 17<sup>th</sup> general meeting. Nominations for any elected position may be made from the floor at the time of elections with prior consent of the nominee.

### Co-President Elect- Lynne and Nancy

Lynne graduated from Bucknell University in Pennsylvania in 1975 and moved from Delaware to Redding in 1987. She taught at Columbia Elementary School for 21 years. After retirement, Linda encouraged Lynne to join AAUW in the spring of 2015. Having painting as a hobby, Lynne was happy to Co-Chair the Art Gala in November 2016. She is currently co-chair of the Social Committee for 2017-18. She has enjoyed attending the Wine Tasting Section and volunteered for the STEM Conference. Lynne looks forward to serving as AAUW Co-President Elect.

Nancy was an elementary school teacher at Columbia School in Redding. She also coached basketball and softball and was a member of the Columbia Teachers negotiating committee. After joining AAUW, she has been a Home Tour hostess and a volunteer for the STEM Conference. She was co-chair of the Social Committee and looks forward to becoming even more involved with AAUW as Co-President Elect.

### Program Vice President- Patty

Patty retired from the US Army Nurse Corps and moved to Mt Shasta where she met her current husband Greg while skiing – they moved to Redding in 2007. In 2014, she retired from a local nursing management job. The pursuit of community involvement brought her to the local cycling club and in 2016 to AAUW. It became clear there were like-minded, purpose-driven women. She joined the Book Section, the Wine Tasting Section, volunteered to write the Branches’ rebuttal to changing educational requirements for AAUW membership and helped with STEM. She looks forward to being a part of the tremendous contributions made by this organization and getting to know more of the members.

### Membership Vice President-Mari

Mari’s interest in women’s issues is longstanding, and her understanding of the need for systemic change has deepened through the years. Her professional

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experience includes 2 stints in the Peace Corps; 15 years in unemployment insurance and later the Job Service; and 15 years as a bilingual teacher in Tehama County. Since retiring in 2006, Mari has been an active member of many organizations, including the League of Women Voters. She joined AAUW when she and her husband moved to Redding last year. She has enjoyed getting to know Branch members while helping out at the STEM Conference, the Home Tour and attending the Drama Group, the International Group and monthly meetings.

### **Educational Fellowship Vice President-Betty**

Betty has held numerous positions in AAUW. She has been a past president and EF Vice President twice. She has been chair and co-chair of the STEM committee and co-chair of the Home Tour committee. She has also received the Woman of Achievement Award and worked on multiple committees in AAUW.

### **Membership Treasurer-Sandra**

Sandra has been a member of AAUW for many years. She joined AAUW in every town that she has lived in. She held many positions in the Redding AAUW Branch including President. She is a retired school counselor. Her last assignment was in the Redding School District. She believes that an educated woman is a strong and confident woman. She looks forward to another year in Redding AAUW.

### **Treasurer- Martha**

Martha joined AAUW in 1990 as a member of the InterMountain Fall River Mills branch. After moving to Redding in 1995 she joined the local branch. Martha has served as Newsletter Editor, Treasurer, President Elect, President, Social Chair, Home Tour treasurer and Home Tour co-chair as well as serving/chairing on various committees and STEM. She believes strongly in the AAUW mission of education and equity for women of all ages and especially in the work of the branch in raising funds for scholarships.

### **Recording Secretary- Dale**

Dale graduated from San Jose State 1972 with a degree

in Library Science and every intention of going into that field. Instead, she forged a career at Shasta County Health and Human Services in the welfare department, where she's been for 35 years. She has been in AAUW since the 1980s, and has been in charge of the newsletter for the past 2 years, is an enthusiastic participant in the Book Clubs and Movie Group. Dale is looking forward to serving as Recording Secretary and increasing her involvement with this organization.

### **Corresponding Secretary-Margaret**

Born and raised in the Bay Area, Margaret graduated from Chico State University in 1980 with a BS in Nursing and a minor in Psychology. When Margaret and her husband Ed moved to Redding in 1981, she continued her nursing career at Shasta General Hospital. Margaret retired from Mercy Medical Center in 2014. Margaret is committed to AAUW's mission and philosophy and looks forward to serving a second term as Corresponding Secretary.

### **International Interests Section (IIS)**

The International Interests Section (IIT) met on February 28th at Karline's Restaurant and Bar (formerly Gironda's) to hear Linda and Don share their travel experiences in Spain. Their pictures were beautiful and their information was fascinating, giving us a vicarious experience of city life and life in some of Spain's beautiful natural parks. A record crowd of 30 enjoyed their wonderful presentation.

There will be no meeting in March, but save Wednesday, April 25th to hear Debbie and John talk about their Tahitian paradise experience. We will meet again at Karline's Restaurant and Bar at 5:30 PM. Don't miss this opportunity to hear what they have to say about this fascinating country. Make your reservations no later than Sunday, April 22nd. All family and friends are welcome. Please come and join the fun!

Adrienne, International Interests Section Chair



### Drama Divas -- Day or Evening

Join us for a fun and easy time reading a play aloud. Lots of laughs and discussions. It is a great way to make new friends. **In April we will read "The Clean House" by Sarah Ruhl.** Choose the date that works for you. Open to all AAUW members and new members are always welcome. We had great fun reading Agatha Christy's "The Unexpected Guest" for March. Call Tammy if you have any questions about drama.

Please Remember to RSVP!

#### **First Wednesday, April 4th, 6 p.m.**

Hostess: Sue

Dessert: Sue

Nuts: Jan

Red Wine:

White Wine: Linda

RSVP to Sue

#### **Second Wednesday, April 11th, 11 a.m.**

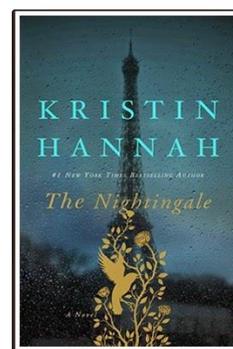
Coordinator: Chery

Location Change: Round Table Pizza, **Eureka**

**Way** Lots of fresh lunch options to choose from.

RSVP to Cheryl

## BOOK SECTIONS



### **The Nightingale** **By Kristin Hannah**

With courage, grace and powerful insight, best-selling author Kristin Hannah captures the epic panorama of WWII and illuminates an intimate part of history seldom seen: the women's war. *The Nightingale* tells the stories of two sisters, separated by years and experience, by ideals, passion and circumstance, each embarking on her own dangerous path toward survival, love, and freedom in German-occupied, war-torn France - a heartbreakingly beautiful novel that celebrates the resilience of the human spirit and the durability of women. It is a novel for everyone, a novel for a lifetime.

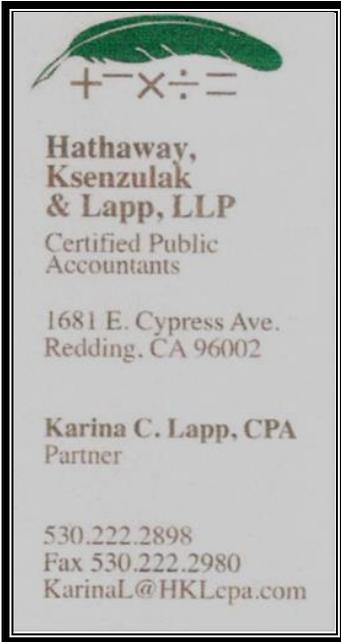
April 17 at 2:00 pm

April 18 at 7:00 pm

Leader: Linda for both sessions

Hostess: Debbie for both sessions

Please note that our **May meeting** at which we have a potluck potato bar and select books for next year's sections will be the evening of **May 9 at 5:30 at the Bluff's Clubhouse**. Sign up sheets for potato toppings, desserts, and salads will be brought to the March and April sessions.



**WINE TASTING - AT LAST!!!!**

**April 8 - Sunday  
3:30 - 5:30  
Moseley's Wine Tasting  
2158 Hilltop Drive \* New Location  
(At the end of a strip mall, next to Escape Redding)**

**Please bring a finger food or appetizer.  
Cost is \$10 for tasting.  
Spouses or friends are also welcome.**

**Ashley will be on hand to share her knowledge  
of the wines and update us on Moseley Wines.**

**PLEASE RSVP to Marietta**



**IT'S SCRABBLE TIME!**

**March 23  
11:30-1:30  
Olive Garden  
The Merlot Room**

**Please join us for a fun and stimulating time!  
Not to mention some good conversation.  
All levels are welcome, including beginners.**

**If you've never tried Scrabble with us, please  
consider giving it a try. You'll get to know  
our members better and maybe learn some  
new words!!**

**Please RSVP to Marietta**

**MARK YOUR CALENDARS!!!**

**MAY 5th - Saturday  
Cinco de Mayo  
Mystery Wine Tasting at Alice's home**

**This event will be in the afternoon, exact time to still be  
determined.  
Directions to follow as you RSVP.**

**Bring a bottle of your favorite wine in a paper bag, along  
with an appetizer or dish to go with a Mexican  
theme. After "tasting" the various wines, voting will  
determine the winner. The lucky guest will receive an  
appropriate prize. Spouses or a friend are welcome.**

**Be sure to RSVP as soon as possible for this fun event to  
Marietta**

**AAUW REDDING BRANCH, INC.**  
**P. O. BOX 994593**  
**REDDING CA 96099-4593**

**AAUW** advances equity for women and girls through  
advocacy, education, philanthropy, and research.

AAUW Educational Foundation—the world’s largest source of funding exclusively for graduate women—  
supports aspiring scholars around the globe, teachers, and activists in local communities, women at critical  
stages of their careers and those pursuing professions where women are underrepresented.

The Foundation Funds:

- Groundbreaking Research
- Vital Community Action Projects
- Symposia, Roundtables, and Forums
- Fellowships and Grants
- Special Awards
- AAUW Legal Advocacy Fund

AAUW is California’s most active and diverse organization for women offering:  
Action for Equity  
Personal and Professional Growth  
Community Leadership  
Friendships

In principal and practice, AAUW values and seeks a diverse membership:  
There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual  
orientation, national origin, disability, or class.

**Visit our website at [www.aauwredding.org](http://www.aauwredding.org)**