MAY 2019

FIRST PRESBYTERIAN CHURCH OF MINERAL RIDGE



VOL. 47 NO. 4

FROM THE

Pastor

WWW.FPCMR.ORG AND FACEBOOK



Elder

Nicole McMullen

Deacon:

Marnie Bonsall

Liturgists:

5/5 Yvonne Rentz 5/12 Darrin Garris 5/19 Lori Brendlinger 5/26 Darlene Smith

Greeters:

5/5 Chuck Hudzik &
Melissa Keeley
5/12 Ginny Gilmore &
Jan Rambo
5/19 David & Shelly
Rummell
5/26 Ginny Gilmore &
Marty O'Neill

Story Circle:

5/5 Lori Brendlinger 5/12 Michelle Meyers 5/19 David Rummell Story Circle will resume in September

Our 10:00am Summer Worship Schedule begins May 26.



Beloved Partners in Ministry,

On Easter Sunday, we celebrated the biggest surprise the world has ever known: Jesus Christ, defeating death and rising from the grave.

As we move from Easter to Pentecost this year, we will be looking at some of the other surprising acts of God in the book of Acts and in our

own lives. We will hear stories of the early church as they lived into what it meant to be a follower of Christ after his death and resurrection. The early church was presented with many challenges and even persecution but we still gather to worship today because of their witness and the surprising power of God over the forces of evil in the world.

Acts contains many fascinating stories about faithful disciples and communities coming together to spread the love and grace of our saving God. As we read these stories we will be challenged with how to continue that faithful witness in our own context so many years later. We will remember their joys and their sorrows, as we look also at our own successes and failures as disciples. We will see how God worked in the lives of these disciples and how God continues to work in our lives.

The book of Acts is all about the Holy Spirit at work. During the coming weeks we will see how the Holy Spirit surprised the Early Church and seek to find the Spirit at work in our own midst. What is the Spirit calling us to do and be in this place and at this time? In the resurrection of Jesus, God was doing a new thing. In the early church, God was calling the disciples to form a new kind of community. God wants to use us to continue doing new and surprising things as we build God's kingdom together.

In Christ's peace,

Pastor Jamie

PAGE 2 MAY 2019

NEWS ABOUT AND FOR OUR FOLKS



Keep us up to date E-mail your news to the church office: Jane.fpc@sbcglobal .net or call 330-652-5712 You are being prayed for by one of your church officers. Each year our congregation is divided into lists for each officer to pray for during the year. So if you get a card from someone at the church just know that a hug and prayer comes along with it. It is a way for us to build relationships with those in our congregation and to let you know of important events that are happening here.

Congratulations to Mackenzie Rummell upon her graduation from Ohio State University with her Bachelor Degree in Dental Hygiene. She previously received her Associate Degree in Dental Hygiene from University of Cincinnati in 2017. She is working in the Cincinnati area.

Congratulations to Emily Pugh upon her gradation from Kent State, East Liverpool, with her associate degree for her RN.

Dirk and Lonnie are home! We are so happy for Brooke and Jeff Kaschak who welcomed both their sons home. Dirk has been home for 2 weeks and Lonnie came home April 29. They are both thriving and their parents are loving every single minute of every single day.



2019 Confirmation Class



This year's confirmation class consisted of one brave, faithful young man, Anthony Rentz. Beginning in October 2018, Anthony, his mentor, Tyler Crozier, Pastor Jamie, and other elders serving on Session spent a few Sundays a month talking about what it means to confirm the promises that are made at our baptisms. We studied scripture and wondered together what faithful membership to the church means and how it is lived out.

Welcome Anthony Rentz!

On Tuesday, April 30, Anthony presented a personal faith statement to the Session and was received into membership of the First Presbyterian Church, pending his public profession of faith on May 5.

Anthony is a freshman at Jackson Milton High School. His favorite subject is English and he loves to write. He is also very involved in competitive solo and team dance. Anthony is the son of Scott and Yvonne Rentz.

Austintown Fitch High School Graduate - Congratulations



Bryce Brendlinger, son of Lori and Mark Brendlinger, is graduating this year from Austintown Fitch High School. We are proud of him. He has always been a regular part of our Church School since he was just a little boy. He attended and now he helps in the classroom when he is not working on Sunday morning.

While in high school he was a Student Aide as well as being on the Honor Roll. You can tell he is a runner since he has participated in many races. He has done many 5K runs such as the Ohio State 4 Miler and several Hot Chocolate Races in Columbus. He took on the 5K Turkey Trot in Youngstown as well. In Toledo he participated in a Relay Marathon.

His plans at this time are to attend either YSU or Wright State University and to major in Finance. Once again we congratulate him on his many accomplishment and wish him well as he moves on to the next steps in his journey of life.

VOL. 47 NO. 4

Members to Remember

Jim Sewell June Keeley Suzie Merz

Health Concerns

Andria Crawford **Ioan Williams** Abel Rios **Betty Garland** Joe Shoemaker Samara Fabian Lonnie, Dirk, Brooke, & Jeff Kaschak Colby Simmons (Cravers' friend) Bob Hibler (Chelsea's father) Bob Hollowell (Gavle's cousin) Karen (Sue McCabe's friend) James Tincher (Marlene's son) Amos Rodgers (Marlene's friend)

Martin Crawford (Marnie Bonsall's friend)

Rick Redmond (Tom's brother)

Patricia McMahan (Sandy Larmey's friend) Laura & Brad Haines (Cravers' friends)

Zac Weber (Kathy Graham's future son-in-law) Audra Stanford (Melissa Keeley's grandmother)

Craig Colantone (Nicole Pugh's father)

Grady Oprean (Ron & Andria Crawford's friend)

David Giudici (Emily Fick's friend)

Jessica & baby Easton Gillespie and family

(Postlethwait's nephew)

PRAYER LIST

Cindy Renner (Michelle Meyers' neighbor) Michael Scholl (Ted & Darlene Smith's brother-in-law) Eileen Fabian (Jill's mother-in-law) Laurie Carl (Betty Garland's daughter) Gayle Rossi (Marty O'Neill's friend) Patty Ruby (Terrie Rios' sister) Joe Sinkovich (Bev Myers' friend) Novalee Fisher (Bev Myers' great grand

Sympathy, Concern, Nurture, & Support

daughter)

Rev. Jamie Milton, Minister Eastminster Presbytery and staff Someplace Safe Needle's Eve **Niles Community Services** Warren & Youngstown Rescue Missions Refugees Disaster victim World Leaders Casa de Buen Trato Ied and Jenny Koball (Peru) Rev. Kade Mastra (Indonesian Partner) Our PC(USA) coworkers

Revs. Scott & Elmarie Parker



Names will be kept on the prayer list for approximately six weeks unless the office hears otherwise.





Cholesterol Check

Do you have high cholesterol? If so, your diet and other lifestyle habits could be to blame.

How does my cholesterol level affect my heart disease risk? High LDL cholesterol increases your odds of getting heart disease. Other factors—like high blood pressure, smoking and a family history also play into your risk.

What is my cholesterol goal? Ideally, you want to keep your total cholesterol under 200 milligrams per deciliter and your LDL cholesterol below 100.

What changes should I make to my diet? Eat more cholesterol-lowering foods like fatty fish, nuts, whole grains, fruits, and vegetables. Limit fatty and processed red meats, sweets, and fried foods.

Do I need cholesterol-lowering medicine? If diet and exercise don't lower your LDL cholesterol enough and you're at high risk for a heart attack or stroke, your doctor might recommend a cholesterol-lowering statin drug.

What is cholesterol?

Cholesterol is a waxy, fat-like substance that's found in all the cells in your body. Your liver makes cholesterol, and it is also in some foods, such as meat and dairy products. What are HDL and LDL? HDL and LDL are two types of lipoproteins. They are a combination of fat (lipid) and protein. The lipids need to be attached to the proteins so they can move through the blood.

HDL stands for high-density lipoproteins. It is sometimes called the "good" cholesterol because it carries cholesterol from other parts of your body back to your liver. Your liver then removes the cholesterol from your body. LDL stands for low-density lipoproteins. It is sometimes called the "bad" cholesterol because a high LDL level leads to a buildup of cholesterol in your arteries.

OUR DEACONS

Marnie Bonsall Lori Brendlinger **Rusty Garland Darren Garris Diane Koch** Valerie Meyers Marty O'Neill **Sue Rentz David Rummell** Ken Wilson



From our Parish Nurse

PAGE 4 MAY 2019

MISSION — AROUND THE CORNER & AROUND THE WORLD



We are still collecting Recyclables:

Clean plastic bags (basket outside office)

Box Tops for Education (marked box on coat rack shelf outside office)

Ink & toner cartridges (office)

JoAnne fabric coupons (office)



The following can be placed in the bin in Fellowship Hall by elevator: Hair care packaging, Skin care packaging, Cosmetics packaging, Tooth brushes, Toothpaste tubes, Drink pouches, Laptops, Net-books, Notebooks, E-readers, Tablets, I-Pads, I-Pods, Cell phones



INTERPRETATION & STEWARDSHIP



Thank you to everyone who contributed to One Great Hour of Sharing during the Lent season. Our goal was \$1400 and we significantly surpassed it. **We brought in a total of \$1880.06!** Our generous donation will help provide relief to those in need throughout the world affected by natural disasters and to provide food to the hungry.

Update on Fundraisers

The Church hosted a chicken and biscuit fundraiser on March 31. It was a huge success and was sold out after only 1.5 hours! Thank you to all of the church members who helped to organize and serve the dinner. A big thank you also goes out to all who supported the fundraiser and got carryout following worship. The event raised approximately \$1100 for the church's general fund.

Our next fundraising event will be the pancake breakfast that will be held in conjunction with the Mineral Ridge Flag Day Festival. The breakfast will be held at the church on Saturday **June 15 from 9 am until noon**. In years past, the breakfast has been on Sunday morning, however this year the festival will only run through Saturday. Please mark your calendars to come support this fundraiser. The I & S committee is looking for any volunteers who would be interested in helping to serve or clean up the meal. There will be a quick organizational meeting following church on May 19 for anyone who is interested in helping. If you are unable to make the meeting but are still interested in helping out, please contact either Nicole McMullen or Matt Glidewell.

We need
Volunteers to help
serve and clean up
at the



Organizational Meeting Sunday, May 19 in lounge.



CHRISTIAN EDUCATION

GenOn LIFT — Living in Faith Together

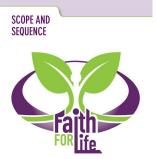
There are still three weeks left to join in on the fun of our intergenerational church school experience. In week one (April 28th) we heard the Easter story and celebrated the resurrection by talking about how God surprises us in many ways.

YOU are invited to join us in the Fellowship Hall this Sunday at 9:15am for our second class. The topics include:

- April Showers Bring May Flowers (May 5)- God is with us, even on our "rainy" days
- The Lord's Supper (May 12)- We remember Jesus in the breaking of bread and in the cup
- Creation Care (May 19)- God created the world for us to enjoy and take care of!

Join us for one week or for them all! There will be music, prayer, scripture, play, and (of course) FOOD! Parents and grandparents will have the opportunity to learn and worship alongside of their children. Those without children will be able to share their wisdom while witnessing our youngest generation engage in the joy that God's word gives to us all. Everyone has something to offer and something to learn.





SESSION NOTES FROM APRIL 30, 2019

Approved the minutes of the March 26, 2019 scheduled Session meeting.

Approved the minutes of the March 31, 2019 called Session meeting.

Heard the Faith Statement of Anthony Rentz and examined him for Confirmation and to receive him as a member for the church by profession of faith.

Heard that membership as of March 31, 2019 was 144.

Heard that the Pancake Breakfast will be June 15, 2019 instead of June 16, 2019.

Heard that the musical worship on April 9, 2019 was well attended.

Heard that we received \$1,880 for One Great Hour of Sharing this Lent Season.

Heard that our first Intergenerational Sunday school was well attended.

Heard that plans are being made to attend a Scrappers Game this summer.

Motion approved to ask the Eastminster Presbytery Mission Grant Fund for the full budgeted amount to install new lights and a front door.

Heard that next Committee Night will be May 14 and the Session meeting will be May 21, 2019.

Prayers were offered up for those we know to be in need of prayer.

The Annual **Taste of the Faiths Festival** of the Mahoning Valley Assoc. of Churches will take place on Monday, May 13 at 5:30pm at St. Charles Church, Boardman on Rte. 224. Tickets are \$15 and may be purchased in advance or at the door. Call MVAC at 330-788-5914 or e-mail execdirectormvac@gmail.com leaving name and phone. Come, taste lots of good things as your evening meal, and celebrate faith.

FIRST PRESBYTERIAN CHURCH

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The *Church Mouse* is the monthly (except in July & August) newsletter of the First Presbyterian Church. All visitors are welcome to worship with us each Sunday at 10:30 a.m. (except Memorial Day through Labor Day when worship is at 10:00 a.m.)

CHECK US OUT ON FACEBOOK & WWW.FPCMR.ORG

THIS IS GOD'S HOUSE ALL ARE WELCOME!

MAY 2019

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Return Service Requested

MISSION STATEMENT

Guided by the teachings of Jesus Christ, we joyfully strive to create a community of faith that welcomes and nurtures all who seek to experience God's love and grace.

With this as our mission, we willingly choose to develop a fellowship through which we will no longer e strangers, but friends in Christ.



May 26 — Summer Worship Schedule begins
10:00am Worship
11:00am Fellowship