

SENIOR MOMENTS

Morrow County's Monthly Newsletter

DECEMBER 2018

Seniors on Center

41 W. Center St.

Mt. Gilead, Ohio 43338

419-946-4191

Website:

www.seniorsoncenter.org

Center Hours

Monday—Friday

8:00AM-4:30PM

Happy Holidays!!!
From all of us here
at the Seniors on
Center.

Hope you have a
wonderful Holiday
Season.

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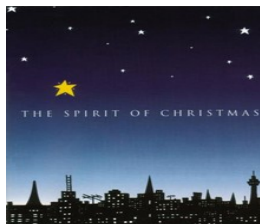
BACK



ACTIVITIES TO LOOK FORWARD TO!

LUNCH AND LEARN

On December 21st, Lunch and Learn will be with Hospice of Morrow County. They will be here to discuss fall prevention and safety in the home. Please call and reserve your spot by November 15th by 1pm.



THE SPIRIT OF CHRISTMAS FEATURING THE TAYLORS.

Please note the date change on this event. It is now going to be on December 4th. All other information is the same. The price is \$55.00 for members and \$60.00 for non-members. The bus will be leaving Kroger's at 10:00am. Please stop by the center with your non-refundable \$10.00 deposit to reserve your spot. Deadline for this event is November 26th.

WINTER FANTASY OF LIGHTS

December 11th, we will be enjoying the season by going to Upper Sandusky to see Christmas Lights. We will meet at Kroger at 2:00pm. First, we will be visiting Coons Candy and then stopping for dinner at Bob Evans. Dinner will be at your own cost. Following dinner, we will go to Winter Fantasy of Lights. Arrival time back home will be approximately 10:00pm. Cost will be \$8.00 for members and \$10.00 for non-members.



CHRISTMAS SHOPPING TRIP

Seniors on Center will be doing a Marion shopping trip December 6th. We will be leaving Kroger at 10:00am. And leaving Marion at 3:00pm. There will be **NO** transportation provided to Kroger's. Lunch will be determined by popular vote and is on your own.

Transportation is a \$5.00 suggested donation. If interested please call to sign up



SCIOTO DOWNS CASINO TRIP

Join us for our last trip of the year December 13th. The bus will be leaving Kroger at 9:00am and arriving at 10:00am. We will be leaving Scioto Downs at 3:00pm and arriving home around 4:00pm. \$15.00 for members, \$20.00 for non-members. We hope you will join us.

AARP TAX AIDES

AARP Tax Aides-Morrow County-We've relocated!

We'll be ready to serve the taxpayers of Morrow County again this coming tax season.

We have moved our AARP Tax-Aide Site location to the Morrow County Job and Family Services Building.

We will be located at 619 Marion Road Entrance D Ohio Means Jobs, Mt. Gilead, Ohio 43338 (right beside the Morrow County Hospital)

Our day of tax preparations will still be on Tuesdays, beginning February 8, 2019. Returns are prepared by appointment only.

Scheduling for tax preparation will begin sometime in early January 2019. A designated phone number to call to setup an appointment will be announced later this year.

We're looking forward to sharing another wonderful tax season with all of you.

AARP Tax Aide extends a Special Thanks to Seniors on Center for graciously hosting our AARP Tax Site for many years. We are forever grateful.

CHRISTMAS PARADE

Seniors on Center will be doing the Morrow County Chamber Christmas Parade December 7th at 7pm. So come on out and see our Mr. & Mrs. December and some of the staff in the parade.



MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Chicken Leg Scalloped Potatoes Normandy Blend Peaches Bread Milk</p>	<p>4</p> <p>Roast Beef Mashed Potatoes Over Texas Toast Corn Grapes Milk</p>	<p>5</p> <p>Pork Cutlet Sweet Potatoes Broccoli Fruit Cocktail Roll Pudding Milk</p>	<p>6</p> <p>Chicken Salad Hard Boiled Egg Potato Broccoli Soup Tossed Salad Mixed Fruit Bun Milk</p>	<p>7</p> <p>Chicken Alfrado Northwest Blend Carrots Oranges Bran Muffin Milk</p>
<p>10</p> <p>Pancake Wrap Diced Hash Browns Orange Juice Blueberries Graham Cracker Milk</p>	<p>11</p> <p>Cabbage Roll Sliced Potatoes Strawberries Bread Graham Cracker Milk</p>	<p>12</p> <p>Chipped Beef Over Texas Toast Peas Cauliflower Cottage Cheese Pineapple Milk</p>	<p>13</p> <p>Pork Patty Chicken Noodle Soup Tossed Salad Sliced Apples Bun Milk</p>	<p>14</p> <p>Beef Stroganoff California Blend Succotash Apricots Roll Milk</p>
<p>17</p> <p>Salisbury Steak Mashed Potatoes Corn Pears Roll Animal Crackers Milk</p>	<p>18</p> <p>Orange Chicken Over Brown Rice Maui Blend Sliced Apples Peaches Bread Milk</p>	<p>19</p> <p>Manicotti Italian Blend Italian Beans Kiwi Focaccia Bread Milk</p>	<p>20</p> <p>Ham and Swiss Vegetable Soup Tossed Salad Grapes Bun Milk</p>	<p>21</p> <p>Turkey Breast Mashed Potatoes Green Beans Apple Crisp Roll Milk</p>
<p>24</p> <p>Closed in observation of Christmas</p>	<p>25</p> <p>Closed for Christmas</p>	<p>26</p> <p>Cheese Omelet Hash Browns Grape Juice Tropical Fruit Muffin Milk</p>	<p>27</p> <p>Chicken Patty Tomato Basil Soup Tossed Salad Applesauce Bun Milk</p>	<p>28</p> <p>Meatloaf Mashed Potatoes Corn Strawberries Roll Cookie Milk</p>
<p>31</p> <p>Deli meal will be provided</p>	<p>Please Note: CHISTMAS IS CANCELLED Apparently, YOU told Santa that you have been GOOD this year ...</p>  <p><i>He died laughing</i></p>			

VOLUNTEER OF THE MONTH



The Staff at the Seniors on Center and all the people he serves would like to thank Joe Hamilton for his many years of dedication to his community. For the past eight years, Joe has volunteered at the center helping with the Meals on Wheels Program .

Joe was born on November 22nd, in Richwood Ohio. He attended school in Mt. Gilead Ohio. He and his wife, Angie, with whom he married in 1973, have one child, and two grandchildren.

Joe worked 28 years at the Ohio Department of Transportation, where he did inspections of road repair and construction, along with snow plowing.

Joe also volunteers his time at the Humane Society of Morrow County, where he is on the administrative board. He also is an usher at the Palace Theater in Marion.

In her spare time he likes do the Rail-to-Trail bicycle riding, play euchre, reading the newspaper everyday, and activities with the Edison United Methodist Church. He also really enjoys traveling. Their dog King James, is a therapy dog at the Morrow Manor Nursing Home. Joe and Angie take him there for his job.

Joe has done a great service to Seniors on Center and we appreciate his devotion and selfless support!

PHOTOS



Thank you to everyone that came out and helped make the community trunk or treat Halloween party a huge success!

Thank you to all that came to the Monday Night Music Halloween Party. We hope you all had a fabulous time.




A Great Big Thank You to all of our Veterans for your sacrifice to keep this land free for all of us.

And thank you to our sponsors for all the donations to help make our veterans day celebration even more special.



EVENTS AND IMPORTANT DATES

Monday	Tuesday	Wednesday
<p>3</p> <p>8:45-10:00AM SILVER SNEAKERS 9:00AM MARENGO/FULTON SENIORS MEET @ FARMSTEAD 10:00AM CRAFT CLUB 5:00PM MEAL, MUSIC BY THE COUNTRY TRAVELERS TO FOLLOW REFRESHMENTS SPONSERED BY MANSFIELD MEMORIAL HOMES</p>	<p>4</p> <p>10:00AM THE SPIRIT OF CHRISTMAS LEAVEING KROGER 1:00-3:00PM BINGO WITH KINGSTON</p> <p>SCRABBLE'S BIRTHDAY 1948</p>	<p>5</p> <p>8:45-10:00AM SILVER SNEAKERS 1:00-4:00PM MARC FOLLIN HERE FOR MEDICARE OPEN ENROLLMENT 1:30PM GAMES 4:30-6:30PM BINGO WITH SENIORS ON CENTER</p>
<p>10</p> <p>8:45-10:00AM SILVER SNEAKERS 10:00AM CRAFT CLUB 5:00PM MEAL, MUSIC BY THE MONDAY NIGHT RAMBLERS TO FOLLOW, REFRESHMENTS SPONSERED BY MANSFIELD MEMORIAL HOMES</p>	<p>11</p> <p>9:00AM ROUND TABLE NOON CHESTERVILLE SENIORS MEET @ SELOVER LIBRARY NOON BIRTHDAY PARTY 2:00PM WINTER FANTASY OF LIGHTS LEAVING KROGERS</p>	<p>12</p> <p>8:45-10:00AM SILVER SNEAKERS</p> <p>NATIONAL COCOA DAY AND NATIONAL GINGERBREAD HOUSE DAY</p>
<p>17</p> <p>8:45-10:00AM SUKVER SNEAKERS 10:00AM CRAFT CLUB NOON MARENGO CARRY IN @ AMERICAN LEAGION 12:00-4:00PM COMMODITIES 5:00PM MEAL, MUSIC BY OPEN MIC TO FOLLOW. MT GILEAD SHOW CHOIR TO PERFORM AT 6:00PM</p>	<p>18</p> <p>9:00AM-NOON COMMODITIES NOON MOUNT GILEAD SENIORS MEET @ SENIORS ON CENTER 12:30PM SPARTA GOOD TIME SENIORS MEET @ HIGHLAND PIZZA 1:00-3:00PM BINGO</p>	<p>19</p> <p>8:45-10:00AM SILVER SNEAKERS 1:30PM GAMES</p>
<p>24</p> <p>CLOSED IN OBSERVATION OF CHRISTMAS</p> <p>NATIONAL EGGNOG DAY</p>	<p>25</p> <p>CLOSED FOR CHRISTMAS</p>	<p>26</p> <p>8:45-10:00AM SILVER SNEAKERS 1:30PM GAMES</p> <p>NATIONAL CANDY CANE DAY</p>
<p>31</p> <p>8:45-10:00AM SILVER SNEAKERS 10:00AM CRAFT CLUB</p> <p>NATIONAL CHAMPAGNE DAY</p>		

EVENTS AND IMPORTANT DATES

Thursday	Friday	<h3 style="margin: 0;">Happy Anniversary</h3> <p style="margin: 10px 0;">Patty and Tom Ray 12/27</p> <p style="margin: 10px 0;">Bill and Wilma Reed 12/4</p> <p style="margin: 10px 0;">Linda and Herb Phillips 12/12</p> <div style="text-align: center;">  <p style="font-size: small; margin: 0;">© wondercliparts.com</p> </div>
<p>6</p> <p>NOON EUCHRE CHRISTMAS SHOPPING TRIP TO MARION</p>	<p>7</p> <p>8:45-10:00AM SILVER SNEAKERS 12:30PM BIBLE STUDY GAMES</p> <p>NATIONAL COTTON CANDY DAY</p>	
<p>13</p> <p>9:00AM SCIOTO DOWNS CASINO TRIP NOON EUCHRE</p>	<p>14</p> <p>8:45-10:00AM SILVER SNEAKERS 12:30PM BIBLE STUDY GAMES</p> <p>NATIONAL MONKEY DAY</p>	
<p>20</p> <p>NOON EUCHRE</p> <p>NATIONAL CAROLING DAY</p>	<p>21</p> <p>8:45-10:00AM SILVER SNEAKERS NOON CARDINGTON SENIORS MEET @ SENIORS ON CENTER NOON LUNCH AND LEARN WITH HOS- PICE OF MORROW COUNTY NOON COME AND HAVE LUNCH WITH THE STAFF. SIGN UP BY THE 20TH AT 1:00PM</p> <p>WINTER BEGINS</p>	
<p>27</p> <p>9:00AM SCIOTO DOWNS CASINO TRIP- NOON EUCHRE</p> <p>NATIONAL FRUITCAKE DAY</p>	<p>28</p> <p>8:45-10:00AM SILVER SNEAKERS 12:30PM BIBLE STUDY GAMES</p> <p>NATIONAL CHOCOLATE CANDY DAY</p>	
<p>Just as a reminder, for closing of the Seniors on Center please watch channel 4 or 10 or listen to Marion radio station WMRN 94.3 FM or Mt. Vernon radio station WMVO 93.7 FM</p>	<p>Though we greatly appreciate the donations of the books, we have ran out of room for more at this time. So please do not bring any more books in at this time. Thank You.</p>	<h3 style="margin: 0;">New Members</h3> <p style="margin: 10px 0;">Linda Phillips</p> <div style="text-align: center;">  </div>

IMPORTANT INFORMATION

Emergency Food Pantry

Never leave your cupboards bare. Keep a variety of nutritious foods on hand for quick, easy, economical meals when weather, natural disaster or illness keeps you home. Purchase several foods from each group. Use or replace items every 6 months.

Meat and Meat substitutes

Tuna fish, canned chicken, beef stew, macaroni & Cheese, spaghetti and meatballs, baked beans, hearty or chunky soups, condensed soups (split pea or minestrone), peanut butter.

Cereals, Breads, Pasta

Hot cereal, cold cereal, rice, noodles, spaghetti, corn muffin mix, whole wheat crackers, sesame bread sticks, oatmeal cookies.

Fruits and Vegetables

Canned vegetables (green beans, spinach, corn, peas, beets, carrots, mixed vegetables); Canned fruit (apricots, peaches, pears, applesauce, plums, raisins, grapefruit); fruit, tomato and vegetable juice, bean salad, beets.

Milk and Milk Products

Non-Fat dried or evaporated milk. Pasteurized process cheese spread.

Other Foods

Instant soups, coffee or tea, hot chocolate mix, jam or jelly, vegetable oil, bottled salad dressing, jello, instant pudding mix.

SERVICES PROVIDED AND CLUBS



MEDICARE

Marc Follin will be in for Medicare open enrollment on the following days in December. Wednesday 5th 1-4. You can stop in on this days to see her here at the Seniors on Center

LEGAL AID



Karen McVay is available by appointment only to assist you in any legal questions you may have. Please give her a call and set up your appointment today 740-383-2161

HOME DELIVERED MEALS

A hot, well-balanced lunch is available daily to shut-ins living in Morrow County. Weekend and Holiday frozen meals are also available upon request.



LUNCH AT SENIORS ON CENTER

A hot lunch is served daily from 11:30am to 12:30pm. Reservations are required at least 24 hours in advance.



TRANSPORTATION

Handicapped accessible transportation for doctor appointments, beauty shop, grocery shopping, social activities, therapy, etc.. is available. Transportation for medical appointments outside the county can usually be arranged with a 48 hour notice

HOMEMAKER

Light housekeeping

CARDINGTON SENIORS

FRIDAY, DECEMBER 21ST, AT 12 NOON
NEED RESERVATION—\$3.00 SUGGESTED
DONATION SENIORS ON CENTER,
41 W. CENTER ST., MT. GILEAD
MARIE CHRISTIANO 419-751-7579

CHESTERVILLE SENIORS

TUESDAY, DECEMBER 11TH, AT 12 NOON
SELOVER LIBRARY, CHESTERVILLE 31 STATE
ROUTE 95
SUZI LYLE 419-768-3431

SPARTA GOOD TIMES SENIORS

TUESDAY, DECEMBER 18TH, AT 12:30PM
HIGHLAND PIZZA—YOUR OWN COST 6530 STATE
ROUTE 229, SPARTA
DICK SEARS 419-768-2050



MT GILEAD SENIORS CLUB

TUESDAY, DECEMBER 18TH, AT 12 NOON AT
SENIORS ON CENTER, RESERVATIONS NEEDED.
BRING DESSERT
MARILYN SIPES 419-468-3500

MARENGO/FULTON SENIORS

BREAKFAST AT FARMSTEAD MONDAY
DECEMBER 3RD, AT 9AM, AMERICAN LEGION
HALL 1549 COUNTY RD 26, MARENGO, OH
MONDAY DECEMBER 17TH, AT 12 NOON
JOYCE TAYLOR 419-253-0727

HAPPY BIRTHDAY

Dorothy Barnes	Charlotte Elrod	Jean Straley
Marie Bennett	Lee Felt	Janet Tesack
Shirley Biederman	Velma Hampton	Betty Wilson
Sherley Black	Judith Hess	
Mary Jo Bowman	Becky Kunze	
Carol Bridges	Sylvia Mason	
Carl Burnette	Lynda Morris	
Marie Christian	Patricia Pennington	
Pat Cochran	Inez Puttick	
Carl Cook	Nancy Reed	
Margaret Dewolf	David Reppart	
Charles Ditty Sr.	Violet Rexroad	

FUN FACTS

1. Despite being commonly thought as being nothing but a desert, Arizona has the largest contiguous pine tree forest in the world.
2. Tigers have striped skin not just striped fur. The stripes are like fingerprints and no two tigers have the same pattern.
3. There is a glacier called "blood falls" in Antarctica that regularly pours out red liquid, making it look like the ice is bleeding. It's actually oxidized salty water.
4. Every year 16 million gallons of oil runs off pavement into streams, rivers, and eventually, oceans in the United States. This is more oil than was spilled by the Exxon Valdez.
5. Babies are born without kneecaps. They appear between the ages of 2 and 6.
6. In ancient Egypt, priests plucked every hair from their bodies, including their eyebrows and eyelashes.
7. Penguins can jump as high as six feet in the air.
8. The dot that appears over the letter I is called a "tittle".

Christmas

I	U	U	X	R	Z	S	Y	A	Y	J	H	A	U	I
C	C	K	J	Z	B	N	T	S	E	I	K	O	O	C
Z	D	E	Y	X	W	O	S	A	D	N	N	Z	B	Y
E	J	L	E	D	G	I	S	S	N	O	W	M	X	Z
Y	Z	I	N	X	A	T	S	T	N	E	S	E	R	P
X	A	G	M	F	U	A	B	K	J	Z	C	A	R	I
C	S	H	I	Y	G	R	L	V	P	E	T	W	M	N
Q	L	T	H	D	K	O	M	A	S	V	L	F	L	M
B	J	S	C	S	N	C	W	O	T	I	C	O	R	U
A	S	J	L	D	A	E	R	B	R	E	G	N	I	G
X	G	L	R	P	Y	D	S	F	G	W	A	N	R	K
Q	O	U	O	B	H	E	H	O	L	I	D	A	Y	Q
V	O	X	N	R	Q	H	V	M	G	S	O	H	L	W
G	Z	I	G	X	A	S	G	N	I	T	E	E	R	G
E	L	X	G	T	Y	C	G	J	R	I	H	E	Y	A

CAROLS
CHIMNEY
COOKIES
DECORATIONS
GINGERBREAD
GREETINGS
HOLIDAY
LIGHTS
PRESENTS
SNOW

This Newsletter is published by:

Morrow County Services for
Older Citizens, Inc.
dba Seniors on Center
41 West Center Street
Mt. Gilead, OH 43338

NON-PROFIT STD.
U.S. POSTAGE PAID
MT. GILEAD, OH
43338
PERMIT #14

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MORROW COUNTY SERVICES FOR OLDER CITIZENS, INC.

419.946.4191 * 419.946.1037 facsimile

Website:

Sponsored by Title III Grant under the Older Americans Act administered through the Ohio Department of Aging and Ohio District 5 Area Agency on Aging, with local funding through levy dollars, United Way and private donations. The Morrow County Multi-Purpose Senior Center and its programs are open to all Morrow County residents 60+ years of age regardless of race, color, ancestry, religion, sex, national origin, or disability.