

# NOW ENROLLING!

## HOPEFUL HEARTS THERAPEUTIC RIDING IS NOW EXPANDING!

After Expanding our facilities combined with our 5 P.A.T.H certified instructors, We are now able to accept enrollment applications for therapeutic Riding!

**The physical, cognitive and emotional benefits of horseback riding have been known for several hundred years. Only a few of them are an increase in self-esteem, confidence, problem solving abilities, attention span, learning a sequence of tasks, responsibility, decreased anxiety...**

"My son has autism and his body changes at the ranch. He is relaxed, focused and balanced. It is easier for him to follow directions, make choices and verbalize when he is riding."



"I feel my confidence building from riding."

