

NO GLUTEN CONTAINING INGREDIENTS MENU

Please note that the following menu items have been made with No Gluten Containing Ingredients. Although care has been taken to minimise any gluten, we can not guarantee that they are Gluten free.

Tell staff if you are ordering from this menu

BREAKFAST MENU (Served between 9-11:30)

Veggie breakfast 2 Soft poached Pillars' hens eggs or one vegan sausage, fried mushrooms, tomato and baked beans served with wheat free toast and butter	£8.00	Poached eggs and wheat free toast 2 Soft poached Pillars' hens eggs with wheat free toast and butter	£5.20
Wheat free toast Served with jam, honey or peanut butter	£3.50	Porridge (V) Made with gluten free oats and coconut milk, choice of honey, maple syrup or fruit	£3.50

MAIN MEALS (Served from 11:30)

Buckwheat crepe See special menu for daily fillings		Herculean salad of the day Made with fresh seasonal produce See special menu	£9.00
Pillars bean burger (V) Homemade burger in a wheat free focaccia served with chutney and side salads	£9.00	Vegetable curry Made from seasonal vegetable served with quinoa	£8.00
Soup of the day Check the blackboard for today's delicious offering. Served with wheat free bread or rice cakes	£5.25	SIDES	
		Hummus with veggie sticks (V) Home made hummus with seasonal vegetables	£4.50
		Sweet potato wedges (V av) Served with garlic mayonnaise	£3.75

Please be aware that we do use nuts and gluten containing ingredients in our kitchen.

All our dishes are vegetarian. (V) = vegan (V av) = vegan available



Pillars cafe is Scotland's first establishment to hold the Soil Association's 'Organic Served here' 5 star award. This recognises our commitment to serving food made with at least 95% organic ingredients.

We always use our own fresh farm produce when in season. For all other ingredients we have selected local and national suppliers who provide us with the best organic products.

Please ask staff for allergen advice.

There is a No Gluten Containing Ingredients menu on the back page

BREAKFAST MENU (Served between 9-11:30)

Veggie breakfast (V av) 2 Soft poached Pillars' hens eggs or one vegan sausage, fried mushrooms, tomato and baked beans served with granary toast and butter	£7.50	Porridge (V) Made with coconut milk Choice of honey, maple syrup or fruit	£3.50
Poached eggs on granary toast	£4.70	Avocado & bean smash (V) On chunky Pillars farmhouse toast	£4.50
Baked beans with grated cheese on granary toast	£4.70	Fried egg roll One... on a roll	£3.50
Fried mushroom on granary toast (V av)	£4.50	Vegan sausage roll Two.. on a roll (V)	£4.50
Granary toast served with jam, honey, marmalade or peanut butter	£3.00		

KIDS' BREAKFAST (Not for adults! Served between 9-11:30)

Fried egg on toast	£3.00	Banana and honey toast	£3.00
Beans, toast and grated cheese	£3.00	Porridge	£3.00

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MAIN MEALS (Served from 11:30)

Pillars bean burger (V) Homemade burger in a granary bun served with chutney and side salads	£8.00	Garlic mushrooms (V av) On chunky Pillars farmhouse toast with fresh leaves	£5.00
Buckwheat crepe Served with salad See special menu for daily fillings		Soup of the day (V) Check the blackboard for today's delicious offering. Served with Pillars bread, oat cakes or rice cakes	£4.75
Herculean salad of the day (V av) A generous bowl of fresh salads and seasonal specialities. See special menu	£9.00	Toastie and salad (V av) 2 fillings from: cheese, hummus, tomato, chutney or onion. Served with fresh salads	£7.20
Vegetable curry (V) Made from seasonal vegetables and served with your choice of flatbread or quinoa	£8.00	Add small bowl of soup for £2.50	
Homemade sandwich and salad Served with fresh salads		Quiche & salad Served with fresh salad leaves See special menu for today's fillings	£9.00
Hummus & roasted vegetable (V)	£5.80		
Egg mayo	£6.00		
Avocado smash with salad (V)	£6.35		
Brie & berry	£6.65		
Add small bowl of soup for £2.50			

KIDS' MENU (Not for adults! Served from 11:30)

Beans on toast with cheese	£3.00	Toastie	£3.50
Banana and honey on toast	£3.00	Cheese, tomato or peanut butter	
Soup and bread	£3.00	Cheese & tomato pizza	£5.00

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DRINKS

Hot Drinks

All our coffee is fairtrade and available in decaffeinated

	Regular	Large
Coffee	£2.20	£2.60
Latte	£2.60	£3.30
Cappuccino	£2.60	£3.30
Espresso	£2.00	£2.50
Flat white	£3.30 (2 shots)	
Mocha	£3.30	
Hot chocolate	Kids £1.80	£3.30
Extra shot of coffee	£0.50	
Pot of tea	£2.20	
Herbal tea	£2.20	
Turmeric latte	£3.50	

Alternative milks

Almond, Coconut, Oat, Soya £0.40

Cold drinks

Freshly made juices	£5.00
See blackboard for the juice of the day	
Large glass of apple juice	£2.30
Large glass of orange juice	£3.10
Bottled juices	£2.50
Fentimans bottle	£2.50
Bottled water	£1.60
Still/sparkling	
Kids carton of juice	from £0.85
Whole Earth can	£1.80
Cola/ lemonade/ elderflower/ apple	

