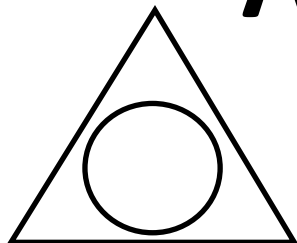


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# "A Work in Progress"



District 33 Al-Anon Family Groups  
Quarterly Newsletter

Issue 117 DEC. 2022

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## Greetings from District 33

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**Attention: this message is from your district 33 board**

1. In order to obtain proper banking requirements, we were required to register with the State of California and IRS to obtain a registration number and a FEIN number. We are now a California Unincorporated Nonprofit Association. Our new name is SCAFG (Southern California Al-Anon Family Group) District 33. Bylaws have also been prepared and submitted to our new Bank, Pacific Premier.
2. Also, need your help updating our GR roster and CMA (Current Mailing Address) list for each meeting in our district. It is suggested that each GR also be the CMA for their meeting since it is a 3-year commitment.

Con't.

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2. Those meetings in need of a GR is:

- 1) Sunday, 11:00 am, Spiritual Meeting.
- 2) Monday 10:00 am, Finkbiner Part, writing meeting.
- 3) Monday 8:30 pm, Covina Alano meeting and
- 4) Tues 7:30 pm, Men's Stag.

Please provide your elected GR and the name of your CMA to Denise M. at [district33denise@gmail.com](mailto:district33denise@gmail.com) or 909-319-4360.

**Thank you**

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When I come out of isolation, I share my feelings, knowing a problem shared is a problem halved—just as a joy shared is a joy doubled!

By: Anita W., OH



## DISTRICT 33

**NEEDS SUPPORT!!!!**

**SATURDAY—COVINA**  
**10:30 a.m.**  
**502 Club**  
**LITERATURE MEETING**  
**IN PERSON**

**THURSDAY —COVINA**  
**7:30 PM new time**  
**502 Club**  
**IN PERSON**  
**WE NEED SUP-  
PORT!!!**

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And a Happy New Year to all.

This is the last issue of "A Work in Progress" newsletter.

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Please send submissions by the 10th of the previous month to:  
[apache88@verizon.net](mailto:apache88@verizon.net) Vivian P.  
Mail: 855 Orrington Ave.  
La Puente, CA 91744

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**INTERGROUP MEETING. FRIDAY,  
Nov.,18, 2022 Time: 8:00 to 9:30 pm**  
New Intergroup Reps. 7:30 pm  
**Meetings are on Zoom until further  
notice.**  
**Meetings are every odd month, third  
Friday.**  
**Information is emailed and also posted  
on the website.**

**Street address: First Methodist  
Church**

**134 N. Kenwood St.  
Glendale, CA 91206**

**Website: [www.alanonla.org](http://www.alanonla.org)**

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# DISTRICT 33

## District 33 Website and Contact Information

Website - [www.al-anonesgv.org](http://www.al-anonesgv.org)

Mail contributions, newsletter articles, and other requests to:

District 33 P.O. Box 4576

Covina, CA 91723-9998

## MEMBER SHARINGS:

### THINGS I HEARD IN A MEETING

I AM LERNING A NEW WAY!  
I AM MAKING CHANGES.  
I HAVE CHOICES.  
I CAN START MY DAY OVER  
I WANT FREEDOM AND HAPPINESS AND I AM HOPEFUL AGAIN.

BE honest with your Higher Power  
First and then yourself.

I don't know what to do, I'm still processing everything, but I'll pray and talk to my Sponsor before I do anything!

We can make peace with ourselves or we can remain enemies. The choice is ours.

By: Judy C.

## MEMBERS SHARE:

TODAY I am grateful!  
TODAY "I get to" work "The Program" to the best of my ability! I've been given another day!

By Judy C.

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I am a Mom, I am a Dad

NOT a: Manager, I retired  
Manipulator, no I'm too tired  
Meddler, no way!  
Melodramatic, mostly never  
Monster, only at the end of Oct

Not: Mendacious, "I mean what I say"  
Moody, bir R 7145AN  
Misinformed, but I'll check...  
Mistaken, I hope not  
Mocking, no, not I

I Am: MALADJUSTED! So I keep  
Coming back!

# District 33 Archives

## DISTRICT 33 MEETING LIST

821	Monday 8 PM – Newcomer Orientation – Covina 91790	December, 1984
825	Wednesday 12 noon – Covina Up-Front – Covina, 91733	October 1980
30085	Sunday 11 AM – 502 Club - Covina 91723	March, 1981
35662	Tuesday 10 AM – Step Study - Covina 91724	March, 1987
40529	Wednesday 7 PM – Step Study - Covina 91724	January, 1974
54521	Monday 6:30 PM – Aurora (Charter Oak) – Covina 91724	August, 1986
43146(64577)	Tuesday 7:30 PM - - Diamond Bar, 91765	September, '86/'88?
979	Monday 7:30 PM - - Glendora 91740	September 1978
1824	Tuesday 1:30 PM - West Covina 91740	November 1966
54450(61503)	Tuesday 6:30 PM – Book Study West Covina, 91791 (Same time, same place – Alatot/Alateen Meeting)	February 1997
50119	Thursday 6:30 PM – Girls Night out – Glendora 91740	April, 2004
65666	Thursday 8 PM – Young at Heart - Covina 91790	May, 1983
501501	Tuesday 7 PM – Candlelight— Monrovia	September, 2004
30517649	Saturday 6:30 PM - Glendora	July, 2007
30527674	Thursday 7 PM – Hope to Share - Monrovia	November, 2008

### Missing from the list-Meeting start dates

819(500806)	Friday 10 AM - Living in the Solution – Covina 91740	_____
823	Friday 7:30 PM – Thank God it's Friday – Covina, 91722	still active ??
827	Saturday 10 AM – Question and Answer – Covina 91790	_____
47132	Sunday 7:30 PM - West Covina	_____
60494	Saturday 9 AM – Spanish Meeting - La Puente	_____
60035	Saturday 10:30 AM – Literature Study – Covina 91723	_____