

# NIKISKI SENIOR CENTER October 2017 LUNCH MENU

Mon	Tue	Wed	Thu	Fri
2 Chicken Masala Au Gratin Potatoes Vegetables	3 Breakfast Biscuits & Gravy Oatmeal, Hash Browns, Sausage, Country Benedict	4 Fried Chicken Mashed Potatoes	5 Stuffed Pork Chops Mac & Cheese Vegetables	6 Grilled Chicken Sandwich With Pepperjack Cheese Tator Tots
9 Liver & Onions Scalloped Potatoes Vegetables	10 Spaghetti & Meatballs Garlic Bread Vegetables	11 Fried Chicken Mashed Potatoes	12 Beef Stroganoff Egg Noodles Vegetables	13 BBQ Pulled Pork Sandwich Steak Fries
16 Chicken Pot Pie Rolls Vegetables	17 Grilled Rockfish With Lemon Dill Sauce Fry Bread Rice Pilaf	18 Fried Chicken Mashed Potatoes	19 BBQ Baby Back Ribs Scalloped Potatoes	20 Reuben Sandwich Jo Jo's French Fries
23 Breakfast Country Omelet Home Fries French Toast Raisin Oatmeal	24 Cheese Tortellini with Artichoke Hearts Asparagus Garlic Cheese Bread	25 Fried Chicken Mashed Potatoes	26 Pork Loin Roast with Brown Sugar and Apples Baked Potato	27 Cheeseburger Onion Rings
30 Kung Pow Chicken Won Ton Soup Pot Stickers, fried Rice	31 Breaded Catfish Corn Fritters Red Beans & Rice			

## SOUP OF THE DAY/SALAD BAR AVAILABLE DAILY

**Monday –Thursday:** Salad Bar starts at 11:30 am—Main Meal starts at 12 noon and ends at 1pm  
**Friday:** Salad Bar and Main Meal start at 11:30 am and ends at 1pm