



***Clutch: A Novel* by Lisa Becker**

Book Club Discussion Guide

Throughout the book, Aunt Mimi tells Caroline to find something you love and hold onto it. What is the best advice you've ever received and who gave it to you? How did it transform your life?

Caroline's failure to deal with confrontation stems from experiences she had growing up. Do you find yourself held back by things that happened during your childhood? If so, how? If not, how did you overcome any negative experiences?

Do you have a relative or friend in your life, like Aunt Mimi, who is your cheerleader, supporter and advice giver? How has that relationship impacted your life?

Do you have a significant other - past or present - that is like a handbag? Explain.

From the beginning, Caroline and Mike had a special relationship. Why do you think it will succeed? What challenges do you think they may face?

What do you think the book title is saying about love? What does "Clutch" end up meaning to both Caroline and Mike?

How did Caroline and Mike each change and grow over the course of the book?

Even though none were the man Caroline wanted to clutch, who were some of the men in her life that you liked? What did you find redeeming about them?

Did the characters seem believable to you? Did they remind you of anyone you know?

What character did you like best? Least?

If you were making a movie or TV show of this book, who would you cast?