



Chantarelle Gazette

Chantarelle Homeowners' Association Newsletter

MARCH 2022 – Issue 33.3

CHANTARELLE GAZETTE EDITOR

TOM FLINN – thomasflinn@gmail.com

Linda Jackson - Proofreader

WELCOME TO MARCH 2022

March. They say March comes in like a lion and goes out like a lamb. After all this frost, I'm ready for a lamb. Notable dates in March... 1st is Shrove Tuesday, for non-Catholics. It's also Donut Day! 2nd is Ash Wednesday. 13th brings the return of Daylight Savings Time. 14th Pi Day do some math and eat PIE. 16th is Purim. 17th St. Patrick's Day. And 20th is Spring Equinox.

–Tom Flinn

PRESIDENT'S REMARKS

Spring begins officially on March 20th, but you sure wouldn't know it by looking at the beautiful weather we have been having these past few weeks. Sadly however, we are still in a serious drought, and it is looking like our chances of big rainstorms in these next couple months is becoming a more desperate situation. With this in mind I would like to ask each homeowner to please check the street drains in front of your home occasionally for water you may see running from the drains. Any time you see that water is coming from your backyard, you may need to make an adjustment to your watering system.

As you know, indoor mask mandates have been lifted in Sonoma County and therefore are not required at this time in our Clubhouse. Many of us are still wishing to wear them however and that is of course a personal choice. We do still ask for vaccinated people only to be in the clubhouse. Since the weather late in the day is still cool we will be having our return to First Friday inside the Clubhouse until the weather warms up. This coming Friday, March 4th, will be our first social get together

in a while, if you are new to Chantarelle we invite our residents to attend from 5-7 p.m. You may bring your own beverage of choice, and an appetizer to share. I look forward to seeing many of you there!

The program to grind sidewalks is not going as we had anticipated. The contractors list of items to grind is not user friendly. It has made it impossible to give each homeowner a list of repairs for your portion of sidewalk. We are continuing to work with them, but it may be too difficult to get through the current issues.

The next Annual HOA meeting is March 16th (**corrected to 15th**) at 2:00 p.m. in the Clubhouse. (Don't forget to adjust your clocks March 13th for Daylight Saving time!)

–Steve Rogers

2022 HOA BOARD ELECTION

Election instructions have been mailed out by Strong Management. Three current board members, Steve Rogers, Ron Yamato and Tom Flinn are running for re-election and will be elected to a two-year term by acclamation.

Candidate statements for Ron and Tom providing their background and why they want to run are available in this newsletter after the calendar.

TREASURER'S REPORT

Through the End of January 2022

As befitting the beginning of the year there really is not too much to report so far. Our reserves are still in good shape, our operating cash is at a comfortable level for starting out the new year, and so far up through January we are under budget by about \$7,600. We have one delinquent homeowner who's behind by about \$495, but Strong Management is in contact with them to remedy the arrears. All in all, we're starting off the year on the right foot.

–Ron Yamato

LANDSCAPING NOTES MARCH 2022

Hello Neighbors. Looks like Spring is here. The lack of rain has initiated our thoughts on how we can reduce our water usage for the entire community. We will be meeting with Waldron's owners in the next few days to discuss ideas. At the HOA Board meeting this month we will be putting forth possible plans for water reduction.

Since we have not had any rain, the irrigation has been turned back on. This has caused some leaks to be noted and repairs initiated. We continue to appreciate the input from neighbors if any possible irrigation leaks are noted. Also, just a reminder, if water in the gutters is seen coming from the sidewalk drain holes, this is possibly coming from the homeowner's yard and not the community irrigation. So please check your irrigation if you see this in front of your home.

Front yard refresh planting will be starting this month and we will be contacting homeowners that are on our list. We will be sharing ideas and working with homeowners to make the updates as beautiful as possible.

At the last Board meeting the mulching project was discussed and approved. This will take place as soon as the planting is completed. We will be going around with the mulching crew to ensure it is applied in all the appropriate locations. The new mulch will be essential in maintaining moisture around the plants in the coming months.

Please contact either of us with questions or concerns.

Enjoy the warmer days but continue to send positive thoughts to the rain gods.

--Ben Jones 415-939-8955

benjaminjnes1@verizon.net

--Debbie Yamato 415-696-2424

javagirl0547@yahoo.com

SAFETY & WELFARE

Spring Forward

Daylight Saving time begins on Sunday, March 13 at 2 a.m.

Before you turn in on Saturday night, remember to set your clocks ahead one hour. This is also a good time to check batteries in smoke alarms, carbon monoxide monitors, etc.

To minimize disruption to sleep patterns during this transition, here are a few tips from sleeplady.com:

- Go to bed 15 minutes earlier than usual on the Thursday before DST begins.
- On Friday go to bed 30 minutes earlier than usual.
- On Saturday try to go to bed 45 minutes earlier than your usual bedtime.
- Eliminate all caffeine after 1:30 p.m. this week in order to make it easier to go to bed earlier.
- If possible, also avoid alcohol this weekend, which negatively affects sleep.

From The Sleep Foundation:

Prioritize daylight exposure. Light is the central driver of circadian rhythm, so finding time for daylight exposure on the days following the change to daylight saving time can help your body's internal clock acclimate to the new timing of light and dark.

Natural light has the most powerful effect on our bodies' circadian rhythm. Even on a cloudy day, natural light provides more of the illumination that works to align circadian rhythm than artificial indoor lighting does.

To decrease sleep disruptions after the switch to daylight saving time, make a plan to go outside, ideally in the morning, and receive sun exposure on the day after the time change.

Heart Health

The American Heart Association has made some changes to their recommendation of low dose aspirin for heart attack prevention.

Generally, they do not recommend aspirin therapy for those over 70. Bottom line: See your health care provider before taking aspirin.

Enjoy the extra daylight and lovely weather ahead.

--Peggy Owens, Coordinator
--SAFETY/WELFARE Committee
--powens2@juno.com

SOLAR NEWS OF IMPORTANCE TO US

Has anyone noticed all the Solar Cells appearing all over Chantarelle? Welcome to the club, I've had Solar since 2003. Nextdoor has people complaining about \$300 a month electric bills with our recent cold snap, double their bills from last year. I am 100% solar, we make all our own power. When we had a power outage this fall, our batteries kicked in and we had uninterrupted power. My bill never goes up. Yes up front can be expensive, but when the power goes out or the monthly bill arrives, it's priceless. I don't have to have a noisy generator because of fire season. You can also pay nothing and let the Solar company put their equipment on your roof. You will save money but not as much as if you owned the solar and received the federal tax credits. Questions? thomasflinn@gmail.com

WATER SAVING TIP

Reduce outside water consumption by landscaping with native California plants. And remove turf and replace it with native California ground cover.

--Tom Flinn

CONTRACTOR RECOMMENDATIONS

We now have a section under **Resources** on the Chantarelle web site that gives contractor recommendations. Mary Howland will post the recommendation and the name of the person who makes the recommendation. No other personal information will be added. If a person disagrees with a recommendation, they should contact the person who made it and discuss it with them.

WELCOME COMMITTEE

No News for March

Russelle Johnson - 707-935-8658

Peggy Owens - 707-343-7087

Shelley Lawrence - 951-202-0459
Debby Bonamassa - 315-725-8047

CLUBHOUSE NOTES

All Chantarelle HOA members are welcome to join in fun activities with your neighbors. If you have an interest in joining a Clubhouse activity, please contact the club coordinators for the following activities:

Bridge

Phyllis Manning – 707-935-7301

Water Aerobics

Russelle Johnson – 707-935-8658

Bunco Babes

Russelle Johnson – 707-935-8658

Flex Exercise

Peggy Owens – 707-343-7087

Mexican Train Dominoes

Peggy Owens – 707-343-7087

Art Club

Shelley Lawrence - 951-202-0459

The days and times for those groups with scheduled activities are located on the calendar at the back of this newsletter.

If you are interested in knowing more about starting a new club activity or renting the Clubhouse facility for your next family and friends' event, please contact Linda Jackson 415-987-0021 for more details.

ART CLUB - MARCH EXHIBITION

Is a picture worth a thousand words? Yes! I'm inviting everyone to visit the Clubhouse to see the featured Artist each month. Our local artists are very different in style, colors and themes.

March's Artist is – Unconfirmed.

--Shelley Lawrence – Art Club Steward

CALLING ALL BRIDGE PLAYERS!

Bridge players wanted. We play every Wednesday from noon until 4:30 at the Clubhouse. We need full time and substitute

players. Call Phyllis Manning at 707-935-7301. Hope to hear from you soon.

[SONOMA'S VINTAGE HOUSE](#) [WANTS YOU TO GET INVOLVED](#)

You of course know of the good work Vintage House is doing for the seniors of Sonoma.

They have asked us to put a flier in the newsletter and we are happy to oblige. It can be seen at the end of this newsletter. Getting involved might make us all a healthier, happier, smarter community. Join in their activities. Their flier says the class schedule can be picked up at the Clubhouse. It cannot. Pick one up at Vintage House or go online to vintagehouse.org/classes to print one.

[TOM'S MARCH RECIPE](#) **MEYER LEMON CAKE RECIPE** **BEST EVER, SERIOUSLY**

Prep Time: 30 min | Cook Time: 1 hr | Yield: 2

Description:

Use up all your Meyer lemons!

This recipe seems complicated. It's not. Here is a recipe summary. Combine all dry ingredients in a bowl and use a wire whip to sift the ingredients. Set aside. Put all wet ingredients in a bowl or measuring cup. Mix. Set aside. Beat sugar, butter til light and fluffy. Add eggs one at a time on low speed, mix til combined. Add 1/3 dry ingredients, then 1/3 wet. Add twice more, then mix til combined into a smooth batter.

Make both cakes. I made only one to try, we ate it in two days. Surprisingly good for breakfast, lunch, dinner, snack.

Ingredients:

1/2 pound (2 sticks) unsalted butter, at room temperature
2 1/2 cups granulated sugar, divided
4 extra-large eggs, at room temperature
1/3 cup grated lemon zest (6 to 8 large Meyer lemons)
3 cups flour
1/2 teaspoon baking powder

1/2 teaspoon baking soda
1 teaspoon kosher salt
3/4 cup freshly squeezed lemon juice, divided
3/4 cup buttermilk, at room temperature
1 teaspoon pure vanilla extract

For the Soaking Glaze:

1/2 cup granulated sugar

1/2 cup lemon juice

For the Icing Glaze:

2 cups confectioners' sugar, sifted

3 1/2 tablespoons freshly squeezed lemon juice

Directions:

Preheat the oven to 350 degrees F. Grease and flour 2 (8 1/2 by 4 1/4 by 2 1/2-inch) loaf pans. You may also line the bottom with parchment paper, if desired.

Cream the butter and 2 cups granulated sugar in the bowl of an electric mixer fitted with the paddle attachment, until light and fluffy, about 5 minutes. With the mixer on medium speed, add the eggs, 1 at a time, and the lemon zest. Sift together the flour, baking powder, baking soda, and salt in a bowl. In another bowl, combine 1/4 cup lemon juice, the buttermilk, and vanilla. Add the flour and buttermilk mixtures alternately to the batter, beginning and ending with the flour. Divide the batter evenly between the pans, smooth the tops, and bake for 45 minutes to 1 hour, until a cake tester comes out clean.

Soaking Glaze - combine 1/2 cup granulated sugar with 1/2 cup lemon juice in a small saucepan and cook over low heat until the sugar dissolves. When the cakes are done, allow to cool for 10 minutes. Remove the cakes from the pans and set them on a rack set over a tray or sheet pan; spoon the lemon syrup over them. Allow the cakes to cool completely.

Icing Glaze - combine the confectioners' sugar and the lemon juice in a bowl, mixing with a wire whisk until smooth. Pour over the tops of the cakes and allow the glaze to drizzle down the sides.

Optional:

Put a pinch of lemon zest in the Soaking and Icing glazes for more lemon goodness.

Nutrition:

Calories: 400 calories per serving

Total Fat: 13 grams

Saturated Fat: 9 grams

Cholesterol: 86 milligrams

Sodium: 235 milligrams

Carbohydrates: 66 grams

Dietary Fiber: 1 grams

Protein: 5 grams

Sugar: 47 grams

Source: <https://www.foodnetwork.com/recipes/ina-garten/lemon-cake-recipe-1913110>

BOARD OF DIRECTORS

Steve Rogers, President

707-771-9290

Tom Flinn, Vice-President

415-621-7572

Ron Yamato, Treasurer

415-305-1400

Cindy Adamson, Secretary

707-931-8832

Pat Chace, Director

707-935-7301

MANAGEMENT COMPANY

Strong Property Management

PO Box 1368, Sonoma, 95476

Paul Strong 707-933-9151

Email: paul@strongmgt.com

24 hour Emergency Number:

1-800-359-2362

NOTICE

Vaccinations are required to enter the clubhouse. Masks are optional.

CHANTARELLE WEEKLY CALENDAR

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------|------------------------------------|------------------------------|------------------------------------|--------|
| | Flex Exercise 4:30-5:30 | | Flex Exercise 4:30-5:30 | |
| | | Bridge 12:00-4:30 | | |

MARCH 2022

| SUN | MON | TUE | WED | THU | FRI | SAT |
|---|-----|---|-------------------------------|-----------------------------------|--|-----|
| 30 | 31 | 1 Bunco 1:00-4:00 | 2 Ash Wednesday | 3 | 4 First Friday Get- Together 5:00-7:00 | 5 |
| 6 | 7 | 8 Mexican Train Dominoes 12:30-4:00 | 9 | 10 | 11 | 12 |
| 13 Daylight Savings Time Starts | | 15 Annual HOA Meeting 2pm Clubhouse corrected | 16 | 17 St Patrick's Day | 18 | 19 |
| 20 Spring Equinox | 21 | 22 Mexican Train Dominoes 12:30-4:00 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | 1 | 2 |

*Contact Linda Jackson at 415-987-0021 for more info.

Waldron Landscaping is now here on Monday 8am-1pm, Tuesday 8am-4pm, Thursday 1-4pm and Friday 8am-1pm.

Garbage, recycling & garden trash pickup is on Monday.

CANDIDATE STATEMENTS FOR HOA BOARD ELECTIONS

As background election, Ron Yamato and Tom Flinn offered these biographies.

Ron Yamato -

Ron was born in Utah but grew up in Los Angeles, California. He served in the US Army both stateside and Vietnam. After an honorable discharge from the service, he attended California State University at Los Angeles where he obtained a BS in business while also working for the US Postal Service. He became a Postal Inspector in 1976 and performed various types of criminal investigations and forensic audits until his retirement in 2000. After that, he started a second career as a property manager for a co-op building on Russian Hill in San Francisco. In 2014, Ron and Debbie both pulled the plug and retired to beautiful Sonoma. Ron likes to walk and travel and is an avid DIYer and woodworker. He was elected the Chantarelle HOA treasurer in 2017.

Tom Flinn –

I'm running for re-election to the HOA board. I want to continue to serve on the board because I think I can make a difference to the community. My number one priority is to support the people who use the pool for exercise. I love the pool, it deserves to be warm and to be used. I spoke with Creekside and they have been helpful pointing me in the right direction. They had a problem keeping their pool consistently warm and they fixed the problem. I will fix our problem. I would also like to work on ADA compliant bathroom upgrades.

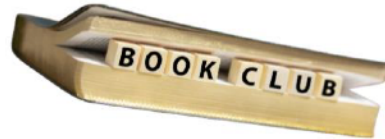
My background. 30+ years in Marketing, Research, Competitive Analysis, Copy Testing, Laddering Research, Focus Groups, Customer Satisfaction work, quantitative research, employee research, Direct Marketing, Customer Seminars, Telemarketing, Mortgage Banking. At Chantarelle I redesigned the newsletter and serve as editor.

Steve Rogers did not submit a bio.



VINTAGE HOUSE
CONNECT. EXPLORE. BELONG.

Try something new this year!



pick up a Vintage House Activity Schedule at the Chanterelle Club House
or visit vintagehouse.org/classes for complete information



VINTAGE HOUSE
CONNECT. EXPLORE. BELONG.

Programs & Services:

myRIDE



- Free Rides, Grocery Shopping & Pharmacy Pick-Ups
- Soup's On! Every Friday - free!
- Vision Support Group
- Health Insurance Counseling & Advocacy
- Grief Support
- Volunteer Opportunities
- Service Referrals
- Legal Aid
- Fall Prevention Classes
- Tech Assistance ... and more!

Chanterelle Residents - we can't wait to see you!

**Please stop in for a tour
or call for more information**

(707) 996-1328

www.vintagehouse.org