



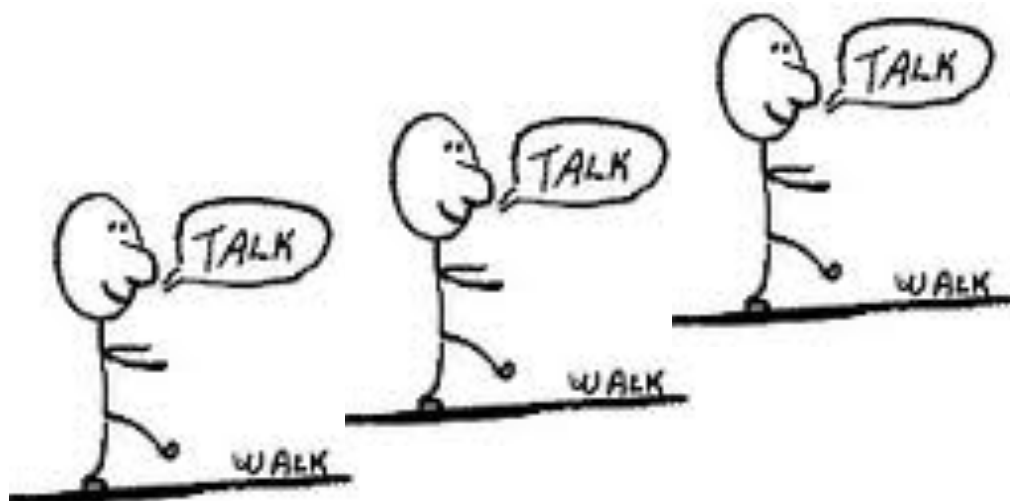
## Your Professional Coach:

- ❖ Career Development
- ❖ Leadership Presence
- ❖ Life Goals & Challenges

Vicky Lee

[www.walkthetalk-consultancy.com](http://www.walkthetalk-consultancy.com)

## Unleash Your Potential Be Authentic You



### Price List:

Individual session  
by appointment  
only:

**1 hr:**

**HK\$1,000**

**1.5 hrs:**

**HK\$1,200**

### Contact Us:

Phone:

852-94637410

Email:

[leevicky@gmail.com](mailto:leevicky@gmail.com)

or

[vicky@walkthetalk-consultancy.com](mailto:vicky@walkthetalk-consultancy.com)

Blending various coaching models to support you in getting "unstuck" from your current situations, in order to achieve what you aspire to pursue and excel in life. We emphasize on the "togetherness" during the coaching journey; by jointly listening into your inner voices to unleash your inner knowing, we help you seeing the possibilities in life and getting rid of your autopilot mode to change your acts and get transformed. Our systematic approach takes into consideration of both your behavioral result and emotional state, as we believe in authentic you will "Walk the Talk" and flourish.



## 個人專業引導教練服務:

- ❖ 職涯志向規劃
- ❖ 實踐領導力
- ❖ 人生目標及挑戰

[www.walkthetalk-consultancy.com](http://www.walkthetalk-consultancy.com)

# 李詩敏女士

## 發揮內在潛能

## 活出真我成就



言行不一，認知、情緒、  
行為分割、身心兩極化



敢想敢講敢做：  
想我所想、感我所感、做我所做



## 服務收費:

一對一個人服務  
(請先預約):

**1 小時:**

港幣 **1,000** 元

**1.5 小時:**

港幣 **1,200** 元

預約查詢請聯絡:

電話:

852-94637410

電郵:

[leevicky@gmail.com](mailto:leevicky@gmail.com)

or

[vicky@walkthetalk-consultancy.com](mailto:vicky@walkthetalk-consultancy.com)

綜合多元化引導教練原理，助你了解自己並以正向態度面對此時此刻遇到的人生困局，與你一起發掘並引領你朝著所嚮往的人生目標而前行。我們重視引導教練旅程的“同行”信念，透過教練式發問，與你一起深度聆聽內在的聲音，從而發掘潛藏內心的認知和意向。我們幫助你看見生命中的可能性，並透過提昇對慣性行為的自我覺醒能力而讓你有能力和意願作出身心一致的改變。我們系統化的教練方式不單單著重表面或短暫行為的改變，更顧及內在情緒狀態變化的一致性，因為我們深信意識、情緒及言行一致才能活現真我，活出豐盛及快樂人生。