

Mass Intentions

Saturday	February 25, 2017
5:00 P.M.	Barbara Bryant – RIP JoAnn Eagleton – RIP
Sunday	February 26, 2017
8:00 A.M.	Barbara Bryant – RIP
9:30 A.M.	Edward T. Arviso – RIP Eva Rodriguez – RIP, Birthday Blessings
11:00 AM.	Ariana Luz Hernandez – 3 rd Birthday Blessings
11:30 A.M	Milagros Tan – RIP, 1 st Anniversary
Monday	February 27, 2017
8:00 A.M.	Intentions of the Parishioners
Tuesday	February 28, 2017
8:00 A.M.	Intentions of the Parishioners
Wednesday	March 1, 2017
8:00 A.M.	In Thanksgiving
7:00 P.M.	Rincon- Intentions of the Parishioners
7:00 P.M.	Intentions of the Parishioners
Thursday	March 2, 2017
8:00 A.M	Bradley Trujillo, Jr. – RIP
Friday	March 3, 2017
8:00 A.M.	Intentions of the Parishioners

3 Reasons Why Lent Determines Your Happiness

Lent as Your Training Camp for Human Happiness. Everyone wants to be happy, but few are truly happy. Let's look at how our attitude about Lent reveals our level of happiness in 3 ways: In Christianity there is a subtle difference between internal and exterior happiness. Internal happiness is usually identified with "joy" (*laetitia* in Latin). External happiness depends on happenstance. In the case of "external happiness," the happiness depends on "what happens" with our money, sex life, health, relationships, politics, etc. The Christian has learned from Christ that internal happiness (joy) is the secret to life. We refocus the lens of our soul on internal joy but restricting the sources of external happiness. There are three reasons why Lent reveals your level of human happiness:

1. If Lent robs you, it reveals the extent to which you are focused on "external happiness." This sets you up for misery in the future. Because the externals can be ripped away by bankruptcy and disease. Christ is at the center of our internal joy.

2. Lack in external happiness requires either despair or a turn to Christ within. When we cannot take comfort in alcohol, food, sex, Facebook, TV, etc. we must either lack all happiness OR take a turn into the core of our heart and search for Jesus to give us joy.

Lent turns into a discovery expedition. Is Christ still hidden deep in your heart? Can you see Him? Can you hear Him? If not, then despair is all that's left.

3. Lent as Desert vs. Dessert. Catholicism has a perennial respect for the Desert Fathers and Mothers who lived in the Egyptian desert to deny themselves of the pleasures of the world. Lent allows you to become a hidden Desert Father or Mother. The daily denial. The embrace of the wilderness.

Living a life of little is living a life of great interior joy. **As Saint Francis de Sales taught, we should be like the pharmacist in the pharmacy.** The pharmacist is surrounded by powerful drugs that

can either heal or hurt those that receive them. The pharmacist has a duty to avoid poisoning himself with the substances he handles. Lent reminds us that we can live in a prosperous world, and yet not inwardly digest the wealth that surrounds us.

The pharmacist finds joy, not in secretly giving himself OxyContin from beneath the counter, but by his interior knowledge of how to heal the sick. TV, Facebook, cupcakes, and wine are not evil per se. Not drugs in and of themselves. But our attachment to them can be toxic. If we have become addicted to the exterior drugs that surround us, Lent marks a season of rehab.

Tres Razones la Cuaresma determina su felicidad

La Cuaresma es el campamento de entrenamiento para la felicidad humana. Todos quieren ser felices, pero pocos son los que realmente lo son. Miremos como nuestra actitud acerca de la Cuaresma revela nuestro nivel de felicidad de tres maneras.

En el Cristianismo hay una sutil diferencia entre la felicidad interna y la externa. La felicidad interna se identifica como "gozo" (*laetitia* en latin). La felicidad externa depende de lo que pasa a nuestro alrededor. En el caso de la "felicidad externa," la felicidad depende de "lo que pase" con nuestro dinero, la vida sexual, la salud, las relaciones, la política, etc. Los cristianos han aprendido de Cristo que esa felicidad interna (gozo) es el secreto de la vida. Reenfocamos los lentes de nuestras almas en el gozo interno pero restringimos las fuentes de la felicidad externa. Hay tres razones el por qué la Cuaresma revela sus niveles de felicidad humana:

1. Si la Cuaresma les priva, revela a que extremo están enfocados en "la felicidad externa." Esto los pone en la miseria en el futuro. Porque las cosas externas pueden ser pérdidas por la bancarrota y enfermidad. Cristo está en el centro de nuestro gozo interno.

2. La falta de la felicidad externa requiere que ya sea se desesperen o se vuelvan a Cristo en su interior. Cuando no podemos encontrar comodidad en el alcohol, la comida, el sexo, en Facebook, en la televisión, etc. Debemos ya sea estar faltos de toda felicidad o volvernos hacia el centro de nuestros corazones y buscar a Jesús para que Él nos del gozo. La Cuaresma se vuelve una expedición de descubrimiento. ¿Este Cristo todavía escondido muy dentro de sus corazones? ¿Lo pueden ver? ¿Lo pueden escuchar? Si no, la desesperación es todo lo que les queda.

3. La Cuaresma es como un desierto vs. Un postre. El catolicismo tiene un respeto perene para los Padres del Desierto y la Madres que vivían en el desierto de Egipto para negarse a si mismo de los placeres del mundo. La Cuaresma les permite ser un desierto escondido de los Padres o de las Madres. La negación diaria. El abrazar el desierto. El vivir una vida de simpleza una vida de gran gozo interior. Como San Francisco nos enseno, debemos ser como el farmacéutico en la farmacia. El farmacéutico está rodeado de poderosas drogas que pueden ya sea curar o perjudicar a los que las reciben. El farmacéutico tiene la obligación de evitar envenenarse a si mismo con las sustancias con las que el trabaja. La Cuaresma nos recuerda que podemos vivir en un mundo prospero, y no digerir el bienestar que nos rodea interiormente.

El farmacéutico encuentra gozo, no en tomar secretamente el OxyContin de debajo del mostrador, sino en su conocimiento interior de como aliviar a los enfermos.

La TV, el Facebook, los pastelitos, el vino no son malos por si solos. No las drogas no son malas en si. Pero nuestro apego a ellas pueden ser muy toxico. Si nos hacemos adictos a las drogas exteriores que nos rodean, entonces la Cuaresma marca una temporada de rehabilitación.

The patient and humble endurance of the cross – whatever nature it may be – is the highest work we have to do.

--St. Katherine Drexel



Lenet Inglett, Kelly Miller and Baby, Judith Withers Paquin, Rene Aguendo, Bob Lucy, Joe Torano, Carol Gentry, Merna Kolb Sass, Joe Carey, Greg Leech, Herbert Kaanehe, Cheryl Bryant, Marco Calderon, Barbara R. Neral, Fr. Nicholas Sheehy, Joaquin and Lupe Gonzalez, Mary Jo Reed, Jesus Ayala, John Muller, Beverly Lugo, Blaze Anthony, Paul Dinto, Jeanne May, Garrett Burchard, Laura Maciel, Raymond Roback, Georgiana Viveros, Aswut Toscano, Virgil Yazzie, Coy Bryant, Nora Scott, John David Admire, Emily Mazzetti, Kathleen and John Admire. **Also, please remember those who have died:** Amparo Montiel, James Scott, Criscenda Cagey, Francisco Gutierrez, and Mike Smart

Do you know anyone who would like to be listed for prayer? Please Call the Office at 760-742-3317 or Mike Kerrigan at 951-805-3872

Around the Mission - February

Baptism: Leilani Camila Monsalvo, Edie Blu Arviso-Howard, Vanessa Calac-Osuna, Mexewut Calac-Osuna, Jakub Calac
Funeral: Kyle Toscano – Rosary, Thursday, February 9, 2017 at 7:00pm at Alhiser-Comer Mortuary, Escondido; Mass, February 10, 2017, 10:00am, Rincon
Angelo Lavato – Rosary, February 10, 2017, 7:00pm Berry, Bell and Hall, Fallbrook;
Gregoria Flores – Funeral, February 10, 10:00am, SJDC
First Anniversary: Maria Arsenia Castanos
Wedding Anniversary: Lupe and Jose Zepeda – 65th Anniversary

CCD CORNER

CCD classes resumes today! There will be a special Children's Mass today at the 8:00am Mass! All CCD kids are requested to attend. Classes will follow as usual.

March 1 is Ash Wednesday and the beginning of Lent, therefore, on March 5, in church during regular CCD time, we will be following the "Way of the Cross" for children. Parents are invited to join us!

What does the Catechism say about...?

What is the sixth commandment of God? The sixth commandment of God is: Thou shalt not commit adultery. *Thou shalt not commit adultery. (Exodus 20:14)*

What are we commanded by the sixth commandment? By the sixth commandment we are commanded to be pure and modest in our behavior.

What does the sixth commandment forbid? The sixth commandment forbids all impurity and immodesty in words, looks, and actions, whether alone or with others.

What are the chief dangers to the virtue of chastity? The chief dangers to the virtue of chastity are: idleness, sinful curiosity, bad companions, drinking, immodest dress, and indecent books, plays, and motion pictures.

Be sober, be watchful! For your adversary, the devil, as a roaring lion, goes about seeking someone to devour. (1 Peter 5:8)

The storms that are raging around you will turn out to be for God's glory, your own merit, and the good of many souls.

–St. Padre Pio

Annual Catholic Appeal

The Diocesan pledge drive has begun. Our goal this year is \$8,000. Please help us achieve our goal this year. Your participation in the ACA says two things: you are a member of our Mission parish and you want to see the buildings maintained and the ministries grow; also, that you are a member of the Diocese of San Diego and want to provide the vital ministries and services the Church has to offer. Every pledge, no matter how small, helps and is greatly appreciated. Please drop your pledge in the collection or parish office. Thank you for your consideration.

Daylight Savings Time begins on Sunday, March 12!

ASH WEDNESDAY

Lent begins in a couple of weeks on March 1! Ashes will be distributed after the 8:00am mass in the chapel and again, at 7:00pm, in the San Juan Diego Center. There will be no mass at this service. There will, also, be a distribution of ashes in Rincon at 7:00pm.

STATIONS OF THE CROSS



Mark your calendars for Stations of the Cross every Friday during Lent beginning March 3 at 7:00pm in the San Juan Diego Center. Stations of the Cross are scheduled in Rincon on Wednesdays at 6:00pm.

Lenten Penance Service

This year the Penitential Service at the Mission will be held on Friday, March 24 at 7:00PM in the SJDC. Please come and support this event and fulfill your yearly obligation. Thank you!

**STEBENVILLE-SD
IT'S TIME TO REGISTER! SEE
JAZMIN FOR DETAILS!**

Hope and Healing

Rachel's Hope in Escondido is offering an After Abortion Healing Retreat on Saturday, March 26 through Sunday, March 27. It will be held at St. Mary's Retreat House in Escondido, CA. The cost is \$100 which includes all materials meals, and lodging. There are scholarships available. To Register or for further information, please call 760-305-8044 or www.rachelshope.org.



Thank you for your generous support toward our successful 2016 Annual Catholic Appeal. Your participation is valued and vital!