

Fort Worth Teen Challenge

WHAT NOT TO BRING

- NO Mood/Mind Altering Medications.
- NO herbs, laxatives, Benadryl, sleeping aids, or various types of vitamins (multi vitamins only unopened bottle), food supplements (tablets/powder),
- NO Nicotine Gum or Patches
- NO food or drink of any kind
- NO games, computers (tablets), TV, sun lamps, heating blankets/pads, iron, gadgets or kitchen appliances
- NO body jewelry (tongue, brow, naval, nose, etc.) If you have a tongue ring you may replace it with a clear spacer only (NOT a clear ring). You need to take every other body jewelry out.
- NO credit cards, gift cards (cash & checks only).
- NO address books, business cards/papers or bookkeeping.
- NO wall mounted items, pictures, posters, etc. (you will have a bulletin board).
- NO personal relationships with unless married
- NO personal vehicles.

Our curriculum is Bible based and structured for Teen Challenge so DO NOT bring any other books, teaching tapes, studies, novels, magazines. ALL NON-CURRICULUM ITEMS WILL BE FORFEITED.

FINAL NOTE: ANY PERSONAL PROPERTY LEFT AT FORT WORTH TEEN CHALLENGE WILL BE SENT TO A LOCAL CHARITY AFTER 24 HOURS OF YOUR DEPARTURE.

No contact with anyone except immediate legal family: parents, grandparents, legal spouse, children, siblings. You WILL NOT be allowed to watch TV, read magazines, or newspapers, NO internet.