

November/December

...at a glance

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
21 Hybrid In-Person Worship 11:15 am	22 Meditation Online 7pm	23 Gratitude Team 10:30am Prayer Service Online 12pm LSC Council 7pm	24 Prayer Service Online 8:30am Zoom Office Hours 2-4:30 pm Leadership Team 7pm	25 Prayer Service Online 4pm Craft/Study 1:30pm Climate Conversations 7pm	26 Film & Faith 7pm	27
28 Hybrid In-Person Worship 11:15 am	29 Meditation Online 7pm	30 Gratitude Team 10:30am Prayer Service Online 12pm	1 Prayer Service Online 8:30am Zoom Office Hours 2-4:30 pm LSC Advent Service	2 Prayer Service Online 4pm Craft/Study 1:30pm	3	4
5 Hybrid In-Person Worship 11:15 am	6 Meditation Online 7pm	7 Gratitude Team 10:30am Prayer Service Online 12pm	8 Prayer Service Online 8:30am Zoom Office Hours 2-4:30 pm	9 Prayer Service Online 4pm Eastside Carols 7pm	10	11
12 Hybrid In-Person Worship 11:15 am	13 Meditation Online 7pm	14 Gratitude Team 10:30am Prayer Service Online 12pm	15 Prayer Service Online 8:30am Zoom Office Hours 2-4:30 pm	16 Prayer Service Online 4pm LSC Blue Christmas Service	17	18

ANNOUNCEMENTS

November 21, 2021



306-761-0556 | eastsideunited@sasktel.net
Eastsideunited.ca | **Join us on Zoom here!**
Like us on Facebook (Eastside United Church)
Follow us on Twitter! @eastside_united



Welcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.

Minister: Russell Mitchell-Walker

Pianist: Hyunju Park

Tech Support: Brayden Barrett

Greeting: Greg Thomas

Prayers of the People: Sarah Tkachuk

COVID Protocol: Bonny Manz

PowerPoint: Michelle Dickie

Congregational Care Greeter: Diane Dopko

Zoom Host: Brian Mitchell-Walker

Facebook Live Host: Stephannie Banks

Thank you for joining us for service on Reign of Christ Sunday!

Today's service will feature Open Hearts Jar.

Sunday Scripture: John 18:33-37

Hymns:

Spirit Open My Heart – MV Chorus

Come You Thankful People – VU#516

We Praise You O God – VU#218 vs. 1, 3, 4

Christ Has No Body Now But Yours – VU#171 vs. 1, 3, 4

Now Thank We All Our God – VU#236 vs 1

Lord, Listen to Your Children Praying

Jesus Shall Reign – VU#330 vs. 1, 2, 3

God Help Us to Treasure – MV#147 vs 1

Last week's in-person attendance: N/A

Last week's online attendance: **26**

Offering: **\$11898.25** (incl. PAR)

October

Weekly budget: **\$3167**

Office Hours and More:

- **Russell's Hours:** Tuesday, Wednesday, Thursday, and Friday. Russell's e-mail address: russell.eastside@gmail.com.
- **Zoom Office Hours:** Wednesdays from 2 – 4:30 online.
- **In-Home Visits:** Please let us know if you would like to have an in person visit, especially if you have been isolated or alone during the Pandemic. More information is available below.
- **Church Office Hours:** Tuesday, Wednesday, Thursdays, 9 am – 3 pm. You can reach our office by email: eastsideunited@sasktel.net.
- **Prayer Services:** Tuesday at noon, Wednesday at 8:15am, Thursday at 4pm online and in person.



In-Person Worship Details

- If you are planning to attend in-person services:
 - We will now be implementing a "soft start" for vaccination proof at Sunday services beginning Nov. 21. Please bring proof of vaccination with you to service.
 - Beginning Nov. 28, proof of vaccination must be provided by in-person service attendees.
 - We are required to wear masks and practice social distancing at the LSC.
 - We hope these implementations will make our services more accessible to those who are ineligible to receive a vaccine (immuno-compromised, children under 12, etc.). Those who are ineligible may attend without being vaccinated.
 - Please do not attend in-person services if you are experiencing any COVID-like symptoms, or have possibly been in contact with someone who has COVID.
- **Please notify our office if you have tested positive for COVID-19 and have attended our in-person services within the last two weeks of your positive result.**
- If you are not yet vaccinated, we invite you to join us online via Zoom or Facebook Live.
- Please let us know if you would be able to assist as a volunteer on Sundays as we will need help with ensuring that pandemic protocols are followed.



COVID Protocols: Please note that the changes have been approved by our Leadership Team following recommendations made by Chief Medical Health Officer Dr. Saqib Shahab that places of worship should require proof of vaccinations. This decision was also made based on our commitment to create a safer space for our community. The survey indicated that 65% of respondents would be more comfortable attending in person worship with a proof of vaccination policy (26% are already comfortable). We thank you for helping us keep our community safe as we continue to monitor the pandemic. This practice and policy is consistent with the recommendations of the Living Skies Regional Council and the United Church of Canada, and done in a manner that is meaningful for our community and is safe for every member of our congregation. If you have questions or feedback, please let Sarah Tkachuk know.

GLEN ELM SCHOOL IS TAKING FOOD DONATIONS! IF YOU WOULD LIKE TO DROP OFF FOOD DONATIONS, YOU CAN DO SO DURING OFFICE HOURS, OR LEAVE NON-REFRIGERATED ITEMS IN THE BLUE BIN AT THE ADMINISTRATION ENTRANCE OF THE LSC. THERE IS ALSO A BOX AVAILABLE FOR DONATIONS ON SUNDAY! THANK YOU FOR SUPPORTING YOUNG STUDENTS !

Eastside Announcements

Worship will also be happening here on Zoom as an online option! You can also call into the Zoom session on the phone with audio only by calling 1-587-328-1099 or 1-204-515-1268. If you have trouble with sound on your computer, you can also call in with these numbers while watching on zoom. You may also join us on Facebook Live via our Page.

Faith Formation is happy to let you know that we are once again partnering with the Rainbow Youth Centre to support youth and children this Christmas. Please pick up a candy cane from the Christmas tree in the Narthex or just look at the list below. There will be a bin beside the Christmas tree that you can put your donations in. Please drop off your donation by December 12th as the gifts will be taken to Rainbow Youth Centre on December 13th. 2021 Shopping List:

- Toques *new, not used (size: adult)
- Mittens * new, not used (size: adult)
- Bibs
- Baby Shampoo
- Toothbrushes (infant, children's, and adult)
- Toothpaste (children's)

- Deodorant (male and female)
- Shampoo/Body Wash (children's)
- Shampoo (children's and adult)
- Coloring Books (children's and adult)
- Reading Books (infant and children up to age 5 years)
- Crayons (wax crayons – package of 24's)

If you prefer, make a cash donation or donate a gift card from Shoppers Drug Mart or Wal-Mart, and let Rainbow Elves do the shopping.

Concerned about Homelessness? At our Community Dinner with RAPM (Regina Anti-Poverty Ministry) Peter and Bonnie encouraged us to be advocates for the poor to address the inadequacy of the new Saskatchewan Income Support program: writing letters to the government, letters to the Editor of the Leader-Post, and talk to our friends and family. To this end you will find two documents to help:

1. Talking Points from RAPM which give some background to the changes and needs, and specific points to raise. Go to the end of the document for specific points.
2. Bonnie Yake, after the Community Dinner has drafted a letter that she is willing for others to use as a starting point. Russell has added some specifics from the talking points. It is best if we make the letter our own, and it is not just a carbon copy, however if you don't have time to make it your own, sending it as is will be fine!

We still need your support as our ministry continues!

We are presently behind in our revenues, both budget and with regard to expenses. Making your offering online couldn't be easier on our website! Additionally, offerings can be mailed to Eastside at:

Eastside United Church
3018 Doan Drive
Regina, SK S4V 1M1

Or, if you do want to drop off an offering in person, please leave offerings in the mailbox at the office door (mail is checked Tuesday, Wednesday, Thursday). You can also send e-transfers to our email: eastsideunited@sasktel.net.

Thank you for your generosity!

Financial update for September: If you would like to view Eastside's September financial statement, please [click here](#). Eastside has experienced shortfalls in our

envelope giving this quarter. We appreciate all of those who give to Eastside and are thankful to all of our givers! If you would like to sign up for regular giving through PAR, please contact Becca. We also accept e-transfer which can be sent to eastsideunited@sasktel.net.

PAR and M & S Donations: If you would like to add or increase PAR and/or M&S offerings, please contact Becca and she will help you get set up or make changes. Email eastsideunited@sasktel.net to let Becca know what changes you would like to make, and he will submit the changes for processing.

Eastside is inviting you to share your Nativity scene during our artwork time during Advent (starting Nov. 28). You can share your Nativity and it's story either through Zoom or in person. Please contact Russell if you would like to share.



Sunday School with Eastside has resumed! To join us for Sunday School, please text "SunSchool" to 306-517-6797. If you have any questions, please contact Leanne Sudom at 306-924-0055 or email leanne.sudom@gmail.com.



Once we return to larger in-person services, we will be in need of more offering counting volunteers! Please let the office know if you can assist us with counting!

Are you looking for more information about proof of vaccination in Saskatchewan? We have compiled a list of useful links:

- [Information about VaxWalletVerification](#)
- [Registering for your MySaskHealthRecord Account](#)
- [More links about vaccine verification from Sask eHealth](#)

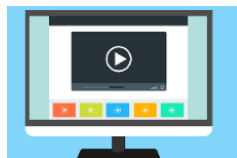
COVID Vaccine Fact Sheet: We are all encouraged to get vaccinated, to protect ourselves and others, and to return to a new normal. Download the fact sheet here, and check out Saskatchewan's vaccination plan. Remember that once vaccinated you can still be a carrier of the virus so masks and distancing practices are recommended when out in public.

Eastside T-Shirts: T-shirts can be picked up during LSC office hours. If you did not order but are interested in purchasing one, email Becca to see what colour and sizes are available. \$30/each.



Cloth Masks: It is a good idea to double mask when we are out in public, especially indoors. If you would like a cloth mask, please contact or drop into the office as we still have some in the bin.

Were you unable to attend worship in the past? You can find a video recording of past services online. Visit our website [HERE](#) to find uploaded videos of service. After we stopped recording on Zoom they can also be found on our Facebook page.



Please share your favourite hymns with us! Let us know by filling out this Google Form [HERE](#).

Text In Church: If you would like to receive text notifications about special services and events at Eastside, text the word 'Loop' to 306-517-6797.



Did you miss the announcements at last Sunday's worship service? Printed announcements are saved on the Eastside website each week - check them out at www.eastsideunited.ca under the **What's New** heading!

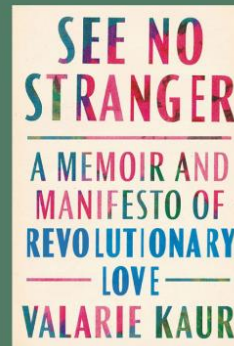
We are continuing the A Work of Art, Culture, and Its Story during worship! If you have a piece of work or cultural item that has a story or holds spiritual meaning for you and would like to share on Sunday during worship, please let Russell know.

Eastside Programming

Meditation Schedule: Meditation has resumed online! [Click here](#) to join at 7 pm on Mondays.

Russell is planning to offer in-home visits. If you would like to plan a visit, please let Russell know. We would ask that those who are comfortable having in-home visits let us know whether you have been vaccinated as we are planning to make arrangements that consider health and safety during the pandemic. Masking and physical distancing can be planned for as well.

Craft/Study continues!
Sessions are Thursdays at
1:30 online.



Reading Schedule:

September 16 ~ Chapter 1

September 23 ~ Chapter 2

September 30 ~ No C/S, office closed for
National Day of Truth and Reconciliation

October 7 ~ Chapter 3

October 14 ~ Chapter 4

October 21 ~ Chapter 5

October 28 ~ Chapter 6

November 11 ~ No C/S, Remembrance Day

November 18 ~ Chapter 7

November 25 ~ Chapter 8

December 2 ~ Chapter 9 and Epilogue

We will be delivering Messy Church bags to families with children again at the end of November for Advent. If you didn't get a bag and would like one, let the office know. Do you want to be a part of the LSC Messy Church Community? [Follow our brand new Facebook page!](#)



**FOR THE LOVE
OF CREATION**

Faithful Climate Conversations

As we live into the crisis of climate change and experience more and more the impacts of this crisis this resource encourages dialogue on climate change. For the Love of Creation developed Faithful Climate Conversations, a series of guides to facilitate small group conversations on climate change. There are three sessions and folk may participate in all or the ones that suit them and where they are at. If you are interested in participating in any of these conversations, let Russell or the office know, along with which one(s) and we will schedule them. The three sessions are:

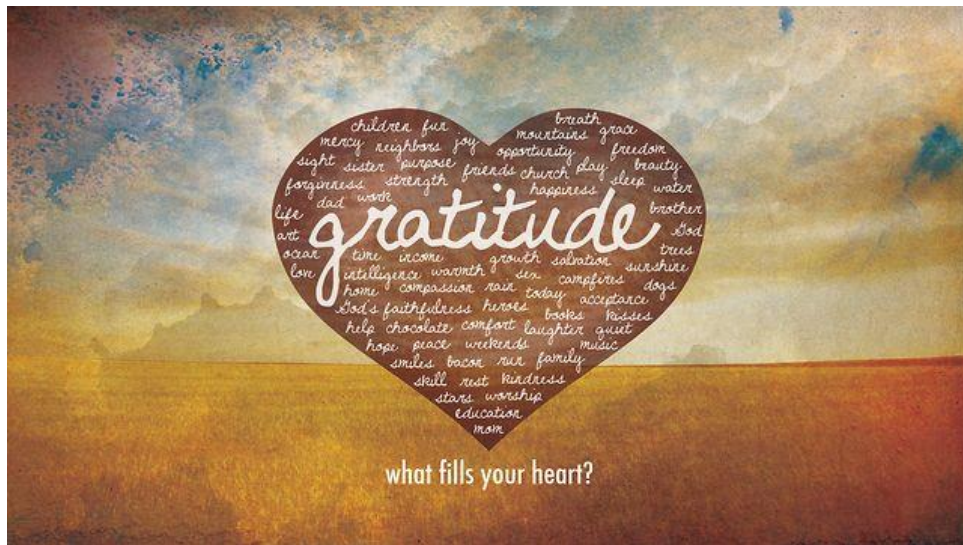
- 1) **Creation, Climate and You** - Designed for people who have rarely, if ever, talked about climate change in a group setting before, this guide focuses on gently surfacing peoples' emotions and underlying thoughts about climate change.
- 2) **From Concern to Action** - For people who may have a basic understanding of climate change or are concerned about the effects of climate change, but remain uncertain about the best ways to act in light of this reality.
- 3) **Build a Better Future** - Meant for people who have already been involved in climate action at some level, this guide focuses on enacting political and systemic change to address the climate emergency.

This resource has been developed by a coalition of organizations including Kairos.

We will have these conversations in November

Session 2 November 25, 7:30

Session 3 December 2, 7pm



November's Gratitude image shared by Carol Hein.

Community Announcements

Regina Native Outreach Ministry is looking for board members. If you are interested, please email reginativeoutreachministry@gmail.com. RNOM is also selling t-shirts! They are \$20 each (\$30 if mailed), and come in sizes S-XL. Contact Deb for more information glammergirl@live.com.

- Regina Police Veterans are looking for anyone who knits mitts and toques which would be donated to the homeless at various shelters in Regina. If there is anyone who knits, you will be paid for these articles. Contact: Lou Bellamy (Russell's Cousin), Treasurer, Regina Police Veterans 306-543-6676.
- Mistletoe Tea and Market with Westminster United
- LBC Annual Meeting - November 23rd at 7:00 pm
- Queen's House Retreat and Renewal Centre bulletin
- Faith Baptist Place – a senior's apartment in Regina – has space available if you know anyone is seeking accommodations. Interested individuals may call 306-569-7544 for more information.