



Setting your child up for confidence and success for the first day and week of school is beneficial for their health and wellness. Here are a few ideas and strategies to make this transition smooth for everyone.



- Before the first day of school: Show your child how to get from the drop off bus gate to their classroom. *Please leave a bit earlier for school the first few weeks to allow for extra time in the drop off line.
- Show your child where they will wait for you to be picked up after school. *Coming to pick up your child a bit later after school will help let traffic disperse and lessen your wait time in line.
- Have your child open any containers they will have in their home lunch or backpack to make sure they are able to do it independently.
- Start adjusting their bedtime and morning routine.
- Have their school supplies labeled and packed for the first day of school (please contact the PCNC if you need any assistance in fulfilling the school supply list)
- Make sure the forms in the back to school packet are filled out and packed in their backpack.
- Have healthy snacks available for them to grab and pack themselves to give them independence and the ability to choose an appropriate school snack.
- Print and review the menu with your child in order to plan for home lunch days during each week.
- Get a selection of masks and practice wearing them. Find one for everyday of the week and wash them every Friday after school. Leave an extra one in their backpack and one in the car. (the office also has extra)
- Healthy habits start at home: Washing hands after coming home from being out of the house, after using the bathroom, and after eating promotes good hygiene. Sneezing into your elbow and coughing into your elbow (even with a mask on) also helps contain the spread of germs.



Mission and Vision

We support all Kalaheo Elementary School children to dream of their future, believe in themselves, and set their goals. With fully developed academic skills and the PRIDE global competencies, all students can believe that with fortitude and perseverance they can achieve any goal or dream they have for themselves. We will accomplish this together.

"Together, we dream, believe, achieve Kalaheo PRIDE"